

Stepping Out in Rockingham

Lark Hill Nature Trails



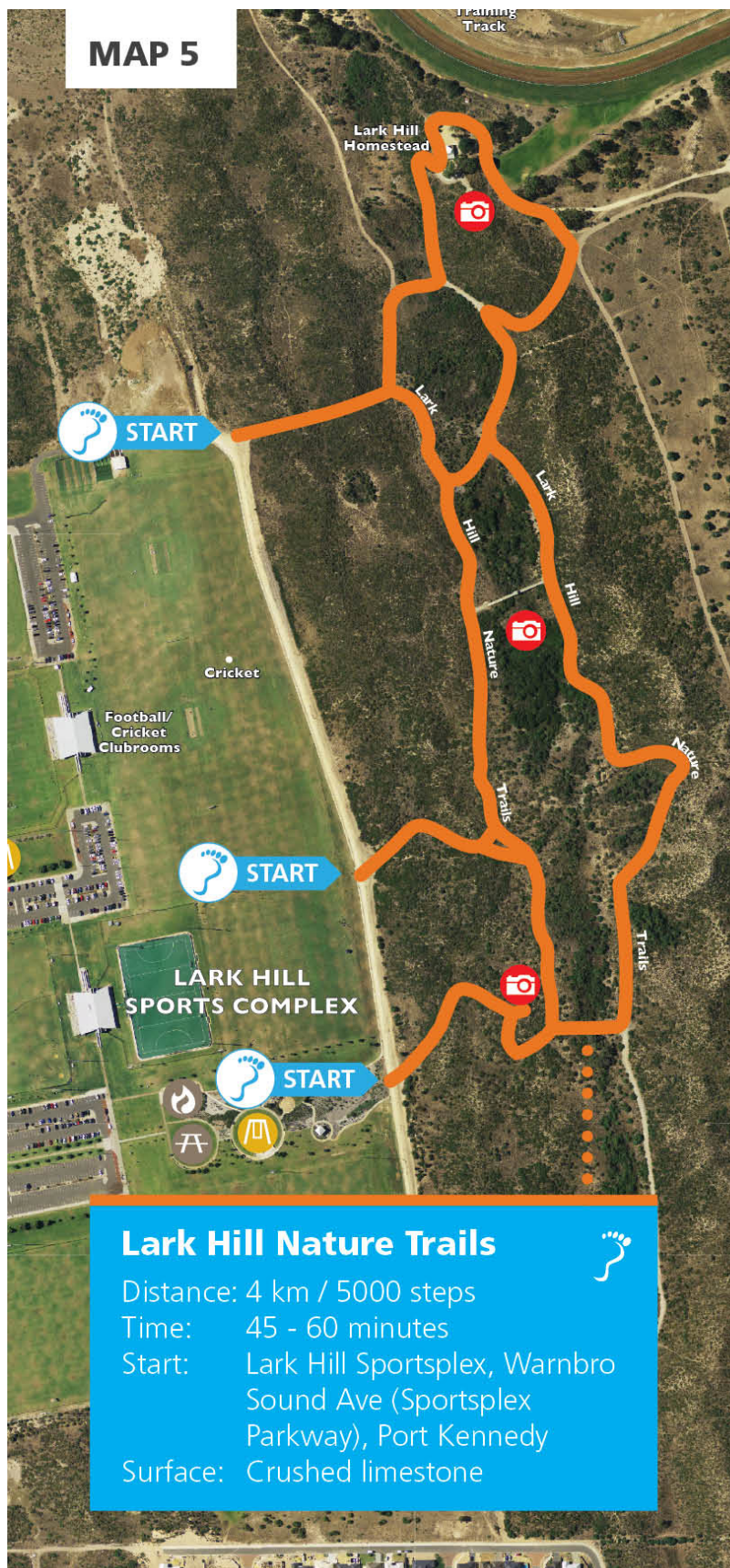
Lark Hill Nature Trails

Distance: 4 km / 5000 steps
Time: 45 - 60 minutes
Start: Lark Hill Sportsplex, Warnbro Sound Ave (Sportsplex Parkway), Port Kennedy
Surface: Crushed limestone

A suggested walk for mums or dads who are looking to get a bit of physical activity and fresh air while waiting for their children's sports training to finish. A great family and/or nature enthusiasts walk. The Nature Trail begins at the passive area between the Rugby League/Union & Hockey/Softball complexes. At the end of the passive area you will find the entrance sign to the trails. With a choice of various routes, choose your own trail adventure. Venture to the boardwalks for amazing viewing of nature such as the 600+ year old grass trees. The attached platforms will highlight other special features for interest. Make time to stop and read the nature signage along the trails that highlight and explain the flora and fauna of the area. The wetland is a Federally recognised Threatened Ecological Community (TEC) containing *Melaleuca raphiophylla* and *Xanthorrhoea pressie* over storey with *Ficinia nodosa*, *Lepidosperma gladiatum* under storey. If you reach the Homestead at the top of the hill you will be able to take in the full view of the Lark Hill Sports Complex, part of the horse training track and a birds-eye view of the nature trails.



MAP 5



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