



Plastic Free July™ Calendar

31 Days of Ideas

1

Making a Plastic Free Pledge

2

Using what we have

3

Bringing reusable bags

4

Cleaning up litter

5

Refilling water bottles

6

Choosing reusable cups

7

Buying unwrapped produce

8

Bringing reusable cutlery

9

Skipping plastic straws

10

Doing a waste audit

11

Making plastic free lunches

12

BYO takeaway containers

13

Refusing plastic wrap

14

Avoiding plastic wipes

15

Switching to shampoo bars

16

Making household cleaners

17

Avoiding plastic bin liners

18

Wearing natural fibres

19

Choosing laundry sheets or powder

20

Switching to reusable razors

21

Choosing plastic free snacks

22

Skipping plastic party favours

23

Starting a mug library

24

Borrowing what we need

25

Avoiding plastic decorations

26

Plastic free picnic

27

Choosing reusable period products

28

Storing food without plastic

29

Choosing to dine in

30

Sharing with others

31

Creating a plastic free future

Join millions of people worldwide choosing to refuse single-use plastic.

