

August Lunch Menu



Freshly prepared by our staff cooks for Centre members and their guests only.

Please book prior to 10am on the day.

Takeaway meals

A large variety of frozen meals are available from 8.30am to 3.30pm from the admin office. Fresh takeaway meals are available by pre-paying through the Centre admin office and may be ordered up to two weeks in advance. There is a 50 cent surcharge for packaging. Collection for fresh takeaway meals is between 12.30pm and 3.30pm.

Monday 3 August

Fish and chips or vegetable schnitzel* with mushy peas and tartar sauce \$12

Raspberry white choc muffins

Tuesday 4 August

Spinach and ricotta cannelloni with mixed salad and garlic bread \$9 (v)

Cinnamon and apple turnover with fresh cream

Wednesday 5 August

Beef stew with steamed vegetables and dinner roll \$11

Brownie slice

Thursday 6 August

Shepherd's pie with roast vegetables and gravy \$11

Berry cobbler and custard

Friday 7 August

Roast pork or vegetable pie* with roast veg and apple sauce \$12

Coconut and apple slice with cream

Monday 10 August

Chicken parmigiana with potato wedges and salad \$11

Carrot cake

Tuesday 11 August

Bangers and mash, onion gravy and peas \$9

Self-saucing choc pudding and ice cream

Wednesday 12 August

Mince and dumplings with roast vegetables \$11

Rhubarb and apple crumble and custard

Thursday 13 August

Taste of India buffet

Friday 14 August

Fish and chips or vegetable schnitzel* with coleslaw and tartar sauce \$12

Impossible pie

Monday 17 August

Peppercorn chicken, roast potato and vegetables \$11

Lemon meringue pie

Tuesday 18 August

Quiche Lorraine with mixed salad and chips \$9

Blueberry cheesecake and cream

Wednesday 19 August

Lamb hotpot with pumpkin and green beans \$11

Apple sponge and custard

Thursday 20 August

Fisherman's pie with seasoned vegetables \$12

Chocolate orange cake

Friday 21 August

Corned silverside with mustard sauce, mashed potato and seasonal vegetables \$11

Matchsticks

Monday 24 August

Toad in the hole with seasonal vegetables \$9

Pavlova with fresh cream and fruit

Tuesday 25 August

Pumpkin and cauliflower dahl with rice and garlic naan \$9 (v)

Apple crumble and custard

Wednesday 26 August

Lambs fry and bacon with creamy mash potato, baby peas and carrots \$9

Butterscotch self-saucing pudding

Thursday 27 August

Cornish pasty or vegetable pasty, chips, mushy peas and gravy \$11

Jellied two fruits and ice cream

Friday 28 August

Fish and chips or vegetable schnitzel* with coleslaw and tartar sauce \$12

Trifle

Monday 31 August

Chicken and leek casserole with mashed potato and veg \$11

Chocolate mousse

Soup \$3.50 Dessert \$6

***Vegetarian option \$9**