

Squad Training Information Sheet

Introduction

We are proud to provide a quality squad training program that incorporates an introduction to competitive swimming, stroke technique improvements and enhanced swimming endurance. The program is also an ideal preparation for faction and interschool swimming carnivals.

Squad times

Junior Squad 4pm to 5pm Senior Squad 5pm to 6pm

Entry level

All squad swimmers must have passed level six to be eligible to join the squad training program.

Days available

Dates	Days
10/10/2023 – 26/10/2023	Tuesday and Thursday
30/10/2023 – 7/12/2023	Monday, Tuesday, Wednesday and Thursday
8/12/2023 – 7/1/2024	Christmas break
8/1/2024 – 28/3/2024	Monday, Tuesday, Wednesday and Thursday

Direct debit - weekly

Sessions per week	Fee	Concession	Additional child
One	\$14.90	\$11.30	\$13.40
Two	\$28.30	\$22.60	\$26.80
Three	\$41.70	\$33.90	\$40.20
Four	\$55.10	\$45.20	\$53.60

Please note: Payment must be made prior to the starting squad training. Training costs include entry for one adult and one child.

Paid in full

Lessons	Fee
12 lessons	\$228.00
12 lessons – concession	\$175.80
12 lessons – additional child	\$193.80

Important information

- Students can only train on nominated days and cannot change days without it being cleared by Swim School team leader prior to training.
- Should the student be sick on nominated training day, upon presentation of a medical certificate an extra day/s will be added or suspension will be added on direct debit.
- Please ensure you have drink bottles, goggles, warm clothes, flippers, towel and sunscreen with you at all times.
- The Centre accepts KidSport vouchers.