



Activity Guide



rockingham.wa.gov.au



where the coast comes to life


Disclaimer:

In compiling the information contained in this Activity Guide, the City of Rockingham has used its best endeavours to ensure that the information is correct and current at the time of publication but takes no responsibility for any error, omission or defect therein.



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 *Indicates groups welcoming people with disability, however, individuals and families need to contact the group to discuss specific requirements. These groups may not be the only activities inclusive of people with disability, therefore, individuals and families are encouraged to contact groups listed in this Activity Guide to discuss potential opportunities.*

Keeping Active and Involved

You can build physical activity into your day by:



walking the dog



washing the car



gardening



taking the stairs instead of the lift or escalator



walking or cycling to your destination



parking your car further from your destination

Keeping active helps you:



sleep better, and wake up feeling more refreshed



reduce stress, anxiety and depression



maintain a healthy weight



spend quality time with friends and family



improve muscle flexibility and strength



maintain better balance (reducing the risk of falls for elderly people)

How Active Should I Be?

Any physical activity is better than nothing. Start small and try to work your way up to the recommended amount. The recommended physical activity levels for each age group are shown in the table below.

Moderate	Vigorous	Activites to strengthen bones and muscles
Brisk walking, water aerobics, ballroom dancing	Jogging, swimming laps, basketball game, cycling	Body weight exercises, using weights

	National Australian Physical Activity Recommendations
0-5 Years	Move and play every day. 1-5 Years - Should be physically active every day for at least three hours (spread throughout the day).
6-17 Years	6-17 Years - At least 60 minutes or more of moderate to vigorous physical activity per day in many different ways. Include activities that strengthen muscle and bone at least three days per week.
18-64 Years	Be active on most, preferably all, days every week. - 150 minutes to 300 minutes per week of moderate intensity physical activity or - 75 minutes to 150 minutes of vigorous intensity physical activity will help improve blood pressure, cholesterol, heart health, as well as muscle and bone strength. Muscle strengthening activities on at least two days a week.

For more information on how to maintain a healthy, active lifestyle, visit [health.gov.au](https://www.health.gov.au)

Message From the City of Rockingham

The City's vision is to be a welcoming and inclusive community that understands, represents and preserves its unique sense of purpose and place. It aspires to grow and nurture community connectedness and wellbeing.

This guide profiles a range of options available across the City:

- physical activity
- sport and recreation
- arts and culture
- leisure and hobbies.

City Provided Activity Opportunities

KidSport

The City of Rockingham has been allocated funding through the Department of Local Government, Sport and Cultural Industries to provide opportunities for more children to play sport in the City.

Eligibility

The applicant must live in the City of Rockingham and be aged between 5-18 years old (or turning five that year). The applicant must also have a healthcare card or pension concession card.

How do I apply?

KidSport applications can be completed online via the Department of Sport and Recreation website dsr.wa.gov.au/funding/individuals/kidsport

What can I get?

If you are eligible you can apply for up to \$150 per calendar year per child to go towards registration fees for a not-for-profit sporting club or organisation. The \$150 funding can be claimed in multiple vouchers, i.e. \$50 for a summer sport and \$100 for a winter activity.



Act-Belong-Commit

The Act-Belong-Commit (ABC) campaign encourages everyone to do things to keep mentally healthy, just like we do things to stay physically healthy.

The positive mental health message is based on the ABC guidelines:

- **Act** - keep mentally, physically and socially active
- **Belong** - maintain and create new social connections, become involved in local groups, attend community events
- **Commit** - take up a cause, volunteer, commit to something that brings meaning and purpose to your life.

The campaign works by promoting events and activities based in the City of Rockingham as great ways for people to look after their mental health, from sporting activities to volunteer opportunities and community events for more information visit the website actbelongcommit.org.au



Rockingham Volunteer Centre

The Rockingham Volunteer Centre (RVC) provides a central hub for all volunteering needs in the community. The office is located at Rockingham Central Library, Dixon Road, Rockingham.

Opening hours:

Monday to Wednesday

9.30am - 2.30pm and

Thursday 12.30pm - 5.30pm

rockingham.wa.gov.au/volunteering

volunteering@rockingham.wa.gov.au

9528 8670



Outdoor Gym Equipment

It's now well known that physical activity is just as important as eating well for your overall health and wellbeing. Regular activity keeps your body in better shape, and makes you feel better by helping you relax, reducing your stress and anxiety, and giving you the opportunity to get outside and enjoy the natural world.

The City of Rockingham has a range of free exercise and fitness facilities that you can enjoy all year round, right in your neighbourhood.

What's so good about the outdoor gym equipment?

- accessible and convenient
- suitable for all ages (over 12) and abilities
- improves balance
- greater flexibility
- socialise and connect with others
- promotes better posture
- it's free.

Here is a list of the current locations:

- 1 Baldivis Park**
Butterleaf Road, Baldivis
- 2 City Park**
Chalgrove Avenue, Rockingham
- 3 Ennis Avenue Reserve**
Unnaro Road, Hillman
- 4 Harmony Park**
Harmony Parade, Singleton
- 5 Lions Park**
Arcadia Drive and McLarty Road, Shoalwater
- 6 Safety Bay Foreshore**
Safety Bay Road and Malibu Road, Waikiki
- 7 Safety Bay Foreshore**
Arcadia Drive and Watts Road, Safety Bay
- 8 Stillwater Drive**
Stillwater Drive, Baldivis
- 9 Tranby Reserve**
Tranby Drive, Baldivis
- 10 Lagoon Reserve**
Secret Harbour Foreshore

Tips for using the outdoor gym equipment:

- warm up
- drink water before, during and after physical activity to avoid dehydration
- make sure you wear sun screen and a hat, particularly during the warmer months
- wear appropriate clothing and footwear
- always read the instructions provided on every piece of equipment so you know how to use it correctly
- work to your own ability; do not push yourself too hard
- if you have health concerns seek medical advice before you begin
- remember the exercise basics: good posture and good technique
- the outdoor gym is restricted to adults and children over 12 years of age
- remember to have fun.

Where to find Outdoor gym equipment?



Walking Trails

Make the most of the great coastlines, beaches and trails Rockingham has to offer.

Point Peron walking trail and other great walking track maps are available online at everytrail.com/guide/rockingham-lakes-regional-park/map

There are many benefits that come from walking:

- it's a healthy way to spend quality time with friends and family
- you can walk alone or in a group
- it's easy on the joints
- it strengthens bones
- it can be done almost anywhere
- it lowers blood pressure and the risk of diabetes
- it helps maintain a healthy weight
- and it's free.

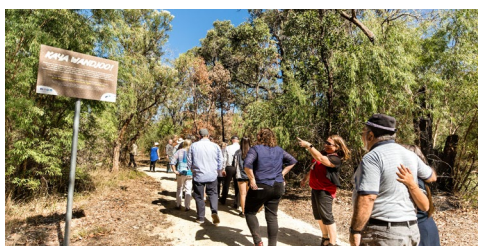
Join a walking group

Several walking groups operate within the City of Rockingham, offering the opportunity to get fit and socialise together.

Contact details for these groups can be found under the 'Walking' section in the Sport and Recreation (A-Z) on page 29 or online at rockingham.wa.gov.au/walking

Tip – Get yourself a pedometer and start a 10,000 step challenge today.

Start small and work up to longer, further, faster walks. Set yourself a new goal each day until you get to 10,000 steps. Then work at maintaining 10,000 steps each day.



Cycling Paths

Cyclists must:

- keep to the left unless overtaking
- give way to pedestrians at all times (pedestrians include people who are walking, using motorised and non-motorised wheelchairs, and people on rollerblades and skates)
- signal their intention to turn at intersections and give way to motor vehicles
- travel in single file on paths and no more than two abreast on roads
- cyclists must not ride carelessly or recklessly.

Active Transport

General rules for pedestrians and cyclists can be found at

transport.wa.gov.au/activetransport/active-transport.asp

Events

The City provides a range of free events. Please register to receive the City's e-newsletter at

rockingham.wa.gov.au/citynewsletters

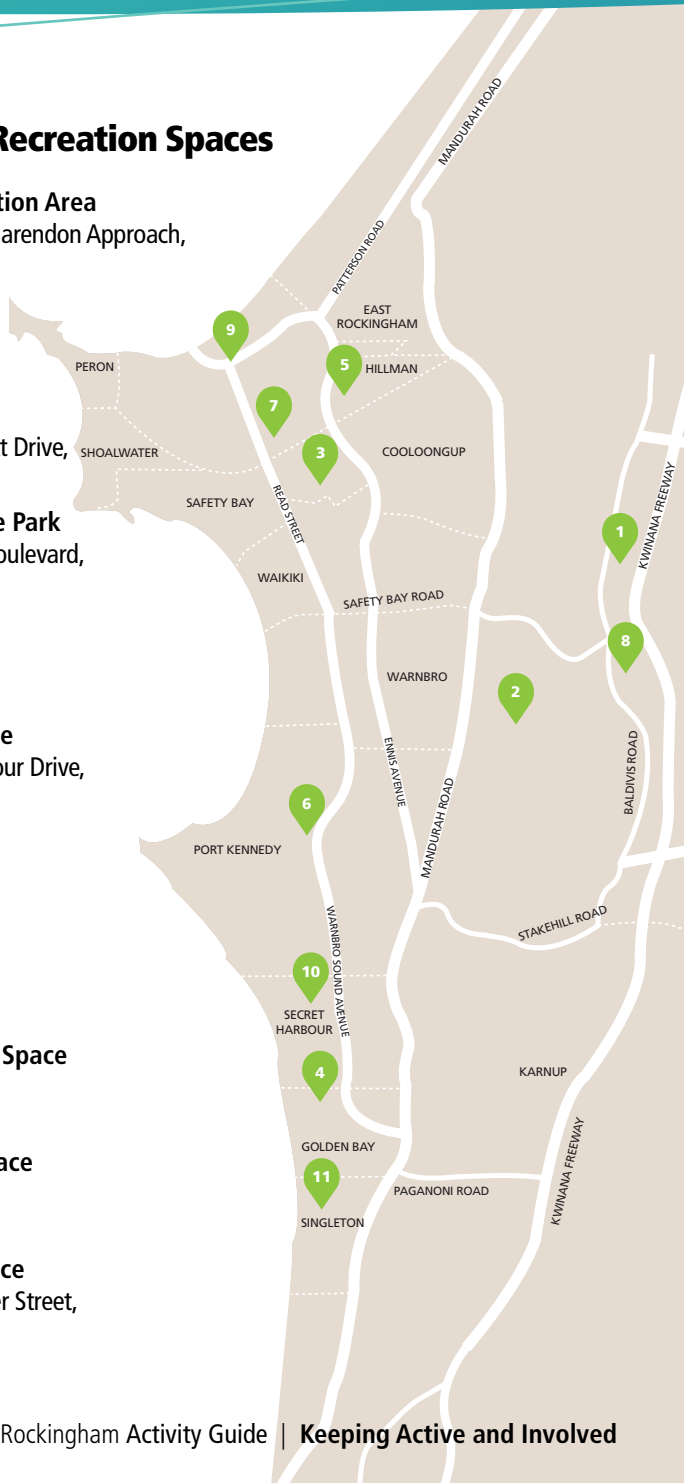
or access the "What's On" page on the City's website

rockingham.wa.gov.au/events



Skate Parks and Youth Recreation Spaces

- 1 One71 Baldvis Youth Recreation Area**
Corner Parkville Boulevard and Clarendon Approach,
Baldvis
- 2 Baldvis Youth Space**
Tranby Reserve,
Baldvis
- 3 Cooloongup Youth Rec Space**
Corner Grange Drive and Willmott Drive,
Cooloongup
- 4 Daniel Kelley Memorial Skate Park**
Rhonda Scarrot Reserve, Aurea Boulevard,
Golden Bay
- 5 Hillman Youth Rec Space**
Hillman Oval,
Hillman
- 6 Port Kennedy Youth Rec Space**
Veterans Memorial Park, Endeavour Drive,
Port Kennedy
- 7 Rage Cage**
Anniversary Park,
Rockingham
- 8 Rivergums Pump Track**
Stillwater Drive,
Baldvis
- 9 Rockingham PCYC Youth Rec Space**
Emma Street (behind the PCYC),
Rockingham
- 10 Secret Harbour Youth Rec Space**
Maratea Parade,
Secret Harbour
- 11 Singleton Outdoor Youth Space**
Laurie Stanford Reserve, Cavender Street,
Singleton



Dog Parks

Enclosed Off-Leash Dog Exercise Area

An enclosed off-leash dog exercise area is a secure, fully fenced space dedicated to dogs for recreational purposes within part of a reserve. It is a park where people can take their dogs to exercise and socialise with other dogs without the dogs wandering off or having to be restrained.



It provides benefits to both people and dogs, including:

- promoting acceptable behaviour from dogs by socialising with other dogs
- promotes social interactions between owners of dogs from all walks of life
- provides a safe place for the elderly and people with disability to exercise their dog safely.

The Rockingham enclosed off-leash dog exercise area is located on the south western portion of Bayview Reserve, Bay View Street, Rockingham.

The new Baldivis enclosed dog space occupies a part of Acrasia Road Reserve known as Barri Barri Park.



City of Rockingham

Beaches where dogs are welcome



You **must** clean up after your dog

These beaches are off-leash areas; however, please ensure your dog is under effective control at all times.

Dogs are not allowed on children's playgrounds, car parks or other areas used for sporting or other activities.

Dogs are strictly prohibited on all other beaches.

Penalty: up to \$200

rockingham.wa.gov.au/Services/Ranger-services



Other Physical Activity Opportunities

Rockingham parkrun

Free, timed, 5 km course (which you can run, walk or stroll), mostly on concrete, every Saturday morning from 7.45am.



It is open to all ages and abilities from beginners to Olympians and is totally free (although occasional volunteering is appreciated). To participate, register at parkrun.com.au and bring your registration barcode every time you run.

There are two parkrun locations in Rockingham.

Rockingham parkrun starts and finishes at Churchill Park, Rockingham Foreshore. More information at parkrun.com.au/rockingham

Tamworth Wetlands parkrun starts and finishes at Tamworth Wetlands, corner Safety Bay Road and Nairn Drive, Baldivis. More information at parkrun.com.au/tamworthwetlands



Sport and Recreation (A-Z)



Sport and Recreation

Aerobics		Contact	
Aqua Jetty	9591 0888 aquajetty@rockingham.wa.gov.au rockingham.wa.gov.au		📞
Warnbro Community Recreation Centre	9591 0888 warnbroy@ymcawa.org.au rockingham.wa.gov.au		📞
Air Rifles			
Rockingham PCYC Air Rifles	9592 1232 rockinghampcyc@wapcyc.com.au wapcyc.com.au facebook.com/wapcyc		📞
Archery			
Baldivis Archery Club (Ennis Ave)	baldivisarchery.com		
Rockingham PCYC	9592 1232 rockinghampcyc@wapcyc.com.au wapcyc.com.au facebook.com/wapcyc		📞
Athletics			
Baldivis Little Athletics Centre	0403 017 751 walittleathletics.com.au facebook.com/BaldivisLAC		📞
Mundijong Serpentine Little Athletics Club	0425 304 341 facebook.com/qeZq43		
Settlers Hills Little Athletics Club	0422 440 562 facebook.com/SettlersHillsScorpionsLittleAthleticsClub		📞
Rockingham Districts Little Athletics Centre	rockinghamlac@gmail.com rockinghamlittleathletics.com.au facebook.com/rockinghamdistrictlittleathleticscentr		📞
Rockingham Districts Athletic Club (Senior)	rockinghamdistrictsac@gmail.com facebook.com/rockinghamdistrictathleticsclub		
Rockingham Mandurah Athletics Club (Senior)	mrac_club@yahoo.com		📞
Singleton Little Athletics Club	0417 963 779 singletonsharkslac@gmail.com rockinghamlittleathletics.com.au facebook.com/singletonsharkslac		📞
Waikiki Dragons Little Athletics Clubs	rockinghamlittleathletics.com.au waikikidragons@gmail.com		

Athletics	Contact	
Warnbro Swans Athletics	0439 996 245 warnbroswanslac@gmail.com rockinghamlittleathletics.com.au	
Badminton		
Baldivis Badminton Club	0438 081 988 berock@amnet.net.au	
Jeans Blue Badminton	9528 3427 0403 959 160 jebluebc@gmail.com	
Baseball		
Rockingham Rams Baseball Club	0481 057 100 rockingham.baseball.com.au	🇺🇸
Secret Harbour Pirates District Tee Ball and Baseball Association	secret-harbour-teeball.org.au president.shpdta@gmail.com facebook.com/secretharbourpiratesdistrictteeballassociation	
Basketball		
Comet Bay Sports Club	cometbaynetball@hotmail.com facebook.com/cometbaysportsclub	
Rockingham Basketball and Recreation Association	9527 9621 rockinghamflames.com.au admin@rockinghamflames.com.au	🇺🇸
BMX		
Rockingham BMX Club	rockinghambmx@hotmail.com rockinghambmx.com.au facebook.com/RockinghamBMXClub/	🇺🇸
Boating		
Rockingham Volunteer Sea Rescue Group	9527 9988	
Bowling Clubs		
Bowls Safety Bay	9527 2331 office@bowlssafetybay.com.au facebook.com/Safety-Bay-BowlinClub-1684422635106376	🇺🇸
Comet Bay Bowling Club	9537 3953 cometbaybowlingclub@yahoo.com.au	🇺🇸
Rockingham Bowling Club – Lawn Bowls	9527 1701 rockybowls@bigpond.com rockingham.bowls.com.au	
Warnbro Bowling Club	9593 3022 secretary@warnbrobowlingclub.com.au warnbrobowlingclub.com.au facebook.com/warnbrobowlingclub	

Cadets	Contact	
59 Army Cadet Unit	armycadets.gov.au 59ACU@cadetnet.gov.au	
Navy – T.S Anzac	9527 7908 anctsanzac@cadetnet.gov.au	
No 708 Squadron – Rockingham Air Force Cadets	admino.708sqn@aaafc.org.au	
Calisthenics		
Rockingham District Calisthenics Club	enquiries@rockinghamdistrictscc.com facebook.com/rockinghamdistrictscalisthenicsclub	
Canoeing		
Rockingham Outrigger Canoe Club	rockinghamoutrigger@gmail.com facebook.com/pg/WakaAmaRockingham	
Children's Activities		
Baldivis Children's Forest	baldivischildrensforest.org admin@baldivischildrensforest.org	🇦🇺
City of Rockingham Libraries Holiday Program	9528 0333 rockingham.wa.gov.au	
Rockingham Pathfinder Club	0484191287 winrw@iprimus.com.au	
Rockingham PCYC-Camo Play and Joey Rangers	9592 1232 rockinghampcyc@wapcyc.com.au wapcyc.com.au	
Cricket		
Hillman Hornets Cricket Club	hillmancc.wa.cricket.com.au hillmanhornetscc@yahoo.com.au facebook.com/HillmanHornetscc	
Peel Cricket Association	peelca.wa.cricket.com.au peelcricketassociation@gmail.com facebook.com/PeelCricketAssociation	🇦🇺
Peel Junior Cricket Association	peeljca.com.au peeljuniorcricketassociation@hotmail.com facebook.com/PeelJuniorCricketAssociation	
Rockingham/Mandurah District Cricket Club	0423 161 491 rmdcc.wa.cricket.com.au facebook.com/RMDCC	
Safety Bay Cricket Club	0430 203 599 safetybaycc@outlook.com.au facebook.com/SafetyBaySharks	
Secret Harbour Dockers Cricket Club	0421 522 795 shdccsecretary@gmail.com shdccpresident@gmail.com	🇦🇺

Cricket	Contact	
Shoalwater Bay Cricket Club	0401 951 414 president@shoalwaterbaycc.club shoalwaterbaycc.wa.cricket.com.au facebook.com/ShoalwaterBayCricketClubInc	
Singleton Irwinians Cricket Club	SingletonIrwinians@gmail.com sicc.wa.cricket.com.au/home.aspx facebook.com/singleton.irwinians.cc	
Warnbro Swans Cricket Club	wscc.wa.cricket.com.au warnbroswanscc@gmail.com facebook.com/Warnbro-Swans-Cricket-Club-147254048702180	🏏
White Knights Baldivis Cricket Club	0419 895 522 whiteknightsbaldiviscc@gmail.com whiteknightsbaldivis.wa.cricket.com.au	
Croquet		
Craby Croquet Club of Rockingham	0409 369 203 crabyccr1@westnet.com.au	
Croquet at the Autumn Centre	9528 8560 rockingham.wa.gov.au	🏏
Cycling		
Peel District Cycling Club	pdcc.asn.au	
Rockingham Social Cycling Group	0419 205 147 pdcc.asn.au	
Dance Classes		
Acrodanz	0409 114 212 acrodanz@hotmail.com acrodanz.weebly.com	
Beverley Margaret School of Dance	0402 027 723 bmsdwa@gmail.com bmsd.com.au facebook.com/beverleymargaretschoolofdance	
Dolphin Square Dancers	0411 449 344 dolphindancers@iinet.net.au dolphinsquaredancers.org	
Footwork's Dance Company	9524 7880 footworkdanceaustralia.com	
Metro Modelling and Dance Academy	admin@metromodelling.com metromodelling.com.au facebook.com/MetroModellingDanceAcademy	🏆
Rockingham Cloggers (Adults)	9295 4802 srcwa.asn.au	
Rockingham PCYC Dance	9592 1232 wapcyc.com.au rockinghampcyc@wapcyc.com.au	🏆
Southside Line Dancers	facebook.com/pages/category/Community/SouthSide-Line-Dancers-312521938761732/	🏆
Star Ballroom	9527 4061 info@thestarballroom.com.au starballroom.com.au facebook.com/The.Star.Ballroom	
Swing n' Sway Dance Classes	0419 942 219 facebook.com/swingnswaydance	

Equestrian		Contact	
Baldivis Equestrian and Pony Club	baldivisponyclub.com baldivisponyclub@gmail.com		
Foxdale Riding School	0408 918 048 facebook.com/Foxdale-Riding-School-Badivis-199860146578		
Peel Riding for the Disabled Association	0438 560 485 peelrda@hotmail.com		📞
Fishing			
Golden Ponds Recreational Fishing Park	9524 1911 info@goldenponds.com.au goldenponds.com.au		📞
Mangles Bay Fishing Club	9527 7418 info@manglesbay.com.au manglesbay.com.au		
Fitness			
Autumn Centre - Group Fitness Training/Heart Moves	9528 8560 rockingham.wa.gov.au		📞
F45 Training Rockingham	f45training.com.au/rockingham rockingham@f45training.com facebook.com/f45trainingrockingham		
Jenny Craig	jennycraig.com.au		
Jetts Fitness Rockingham	9527 2124 rockingham@jetts.com.au jetts.com.au facebook.com/jettsRockingham		
Jetts Fitness Baldivis	9523 1873 baldivis@jetts.com.au jetts.com.au facebook.com/JettsBaldivis		
Golds Gym Port Kennedy	0418 743 453 portkennedy@goldsgym.net goldsgym.com/port-kennedy		
Personal Best Performance Training	9527 1842 facebook.com/PersonalBestPerformanceTraining		📞
Rockingham Prime Movers	Rockingham 0427 725 050 Port Kennedy 0419 910 060 secretary@primemovers-exercise.com.au primemovers-exercise.com.au		
Floorball			
Redbacks Floorball Club	redbacksfloorballclub.com facebook.com/redbacksfloorball		
Scorpions Floorball Club	0407 939 829 scorpionsrockingham@gmail.com scorpionsrocky.wix.com/scorpions facebook.com/scorpionsfloorballclub		📞

Flying	Contact	
Royal Aero Club Mandurah Airfield	royalaeroclubwa.com.au	📞
Football (Aussie Rules)		
Baldivis Football Club	president@baldivisfc.com.au jvp@baldivisfc.com.au facebook.com/BaldivisFootballClub/	
Peel Football and Netball League Inc.	gmo@peelfootballleague.com.au websites.sportstg.com/assoc_page.cgi?c=1-4765-0-0-0 facebook.com/Peel-Football-and-Netball-League-Inc-156003251137291	📞
Peel Thunder Football Club	9537 5400 reception@peelthunder.com.au peelthunder.com.au	📞
Port Kennedy Cats Junior Football Club	registrar@pkcats.com.au pkcats.com.au facebook.com/PortKennedyJfc	📞
Rockingham Districts AFL Masters	rockyaflmasters@hotmail.com rockinghamrams.googlepages.com facebook.com/rockinghamdistrictsaflmasters	
Rockingham Rams Football Club	president@rockinghamrams.org.au rockinghamrams.org.au facebook.com/RockoRams	
Safety Bay Football Club	info@safetybayfc.com safetybayfc.com facebook.com/safetybaystingers	
Secret Harbour Dockers Football Club	shdfcsecretary@hotmail.com facebook.com/Secret-Harbour-Dockers-Football-Club-131344910272415/	
Warnbro Swans Football Club	warnbroswans@bigpond.com warnbroswansfc.wix.com/official-site	
Football (Soccer)		
Baldivis Districts FC	baldivisdistrictsfc@gmail.com baldivisdistrictsfc.com.au facebook.com/BaldivisDistrictsFC	
Baldivis Soccer Club	baldivissoccerclub@hotmail.com www.baldivissoccerclub.com	
FC Shoalwater	facebook.com/fcshoalwater	
Peel Junior Soccer Association	peelsoccer.com.au admin@peelsoccer.com.au	
Port Kennedy Soccer Club	pksc.org.au info@pksc.org.au facebook.com/PortKennedySoccerClub	

Football (Soccer)		Contact	
Rockingham City Football Club		rockinghamcityfc.com secretary@rockinghamcityfc.com.au facebook.com/Rockinghamcityfootballclub	
Rockingham United Women's and Girls Football Club		rockinghamunitedfc.com.au rockinghamunited@hotmail.com facebook.com/RockinghamUnitedWGFootballClub	
Warnbro Strikers Soccer Club		warnbrostrikers.com.au	
Foreshore Leisure Activities			
H2orb Walking on Water Inflataballs		0414 925 121 h2orb.com.au duffy.h2orb@hotmail.com	
Pedal Car Hire		0403 939 429 johncirca@bigpond.com	
Girl Guides			
Girl Guides WA Inc (Baldivis, Rockingham and Warnbro Units)		9479 9800 girlguideswa.org.au info@girlguideswa.org.au	📞
Golf			
Kwinana Golf Club		9419 2888 kwinanagolfclub.com.au facebook.com/KwinanaGolfClub/	
Rockingham Golf Club		9527 1320 rockinghamgolfclub.com.au	
Rockingham Golf Driving Range		facebook.com/pg/RockinghamGolfRange	
Secret Harbour Golf Course/Links		9524 7133 secretharbourgolflinks.com.au facebook.com/secretsgolf	
The Links Kennedy Bay		9524 5991 admin@kennedybay.com.au kennedybay.com.au	
Gridiron			
Rockingham Vipers		0417 362 947 info@rockinghamvipers.com.au rockinghamvipers.com.au facebook.com/rockinghamvipersgridironclub	
Gymnastics			
Rockingham PCYC Boys and Girls Gymnastics		9592 1232 wapcyc.com.au rockinghampcyc@wapcyc.com.au	📞
Stellar Gym Sports Port Kennedy		0416 859 315 justgym2@bigpond.com	📞
TJ's Gym Sports		0449 143 781 tjsgymsports.com.au	📞

Hockey		Contact	
MidCity Hockey Club		midcityhockey@hotmail.com	
Peel Hockey Association		peelhockey.com.au admin@peelhockey.com.au	📞
Rockingham District Hockey Club		0409 084 325 rockinghamhockey.org.au president@rockinghamhockey.org.au	
Kite boarding			
WA Surf		9592 1657 0427 927 873 wasurf.com.au	
West Oz Kite and SUP		0438 591 755 mail@westozkiteboarding.com.au westozkiteboarding.com.au	
Life Saving			
Secret Harbour Surf Life Saving Club		9524 7092 admin@secretharbourslsc.com secretharbourslsc.com	📞
Martial Arts and Self Defence			
The Arena Mixed Martial Arts		1300 662 2582 thearenamma.com.au	📞
Elite Judo Club		0411 699 603 elitejudowa@gmail.com elitejudoclub.com facebook.com/EliteJudoClubWA	
GKR Karate		0452 236 541 region28au@gkrkarate.com gkrkarate.com	
Rockingham PCYC-Martial Arts and Defence: Jishukan Jujitsu		9592 1232 rockinghampcyc@wapcyc.com.au wapcyc.com.au	
Port Kennedy Oh Do Kwon Taekwondo		0417 961 226 taekwondoportkennedy.com	
Traditional Wing Chun Kung Fu – Rockingham		0405 556 836 fauretwc@hotmail.com facebook.com/MRTWC	
Southwest Judo Academy		0419 958 593 admin@southwestjudoacademy.com.au southwestjudoacademy.com.au facebook.com/southwestjudoacademy	📞
Modelling			
Metro Modelling and Dance Academy		metromodelling.com.au admin@metromodelling.com facebook.com/MetroModellingDanceAcademy/	📞
Netball			
Comet Bay Sports Club		0407 087 828 mna@bigpond.net.au facebook.com/cometbaysportsclub	
Peel Football and Netball League Inc.		gmo@peelfootballleague.com.au websites.sportstg.com/assoc_page.cgi?c=1-4765-0-0-0	📞

Netball		Contact	
Rockingham and Districts Netball Association		9527 9900 rdna@bigpond.com rdna.wa.netball.com.au	📞
Personal Trainers			
Balanced Health and Fitness		9592 2620 bhf.net.au	
Baldivis Health and Fitness		baldivisfitness@gmail.com baldivisfitness.com.au facebook.com/baldivisfitness	
Step Into Life Fitness		0412 619 909 rockingham@stepintolife.com stepintolife.com	
Personal Touch Fitness Training		0412 055 091 julie@ptfitness.com.au ptfitness.com.au	
Petanque			
Safety Bay Petanque		0479 166 174 info@safetybaypetanque.com	
Pilates			
Ocean Pilates		0422 688 993 oceanpilatesau@gmail.com oceanpilates.com.au	📞
Police Rangers			
Rockingham Police Rangers		0427 957 335 rockinghampolicerangers@outlook.com	📞
Recreation Centres			
Aqua Jetty		9591 0888 aquajetty@rockingham.wa.gov.au rockingham.wa.gov.au	📞
Autumn Centre		9528 8560 rockingham.wa.gov.au	📞
Mike Barnett Sports Complex		9591 0850 rockingham.wa.gov.au	📞
Rockingham PCYC		9592 1232 rockinghampcyc@wapcyc.com.au wapcyc.com.au	📞
Warnbro Community Y Recreation Centre		9593 6102 warnbro.y@ymcawa.org.au facebook.com/WarnbroCommunityY	📞
Roller-Skating			
Rockingham PCYC Roller skating		9592 1232 rockinghampcyc@wapcyc.com.au wapcyc.com.au	📞
Rugby League			
Rockingham Coastal Sharks Rugby League and Sporting Club		0449 268 880 secretary@rockinghamsharks.com.au rockinghamsharks.com.au facebook.com/rockinghamsharks	

Rugby Union		Contact	
Rockingham Rugby Union Football Club Inc.		rockinghamrugby.com.au rugby@rockinghamrugby.com.au facebook.com/RockinghamRugby	
Running			
Ladies on the Run		0484 691 303 trishchesters.wixsite.com/ladiesontherun tchesters@outlook.com.au facebook.com/coachtrishchesters	
parkrun Rockingham and Baldivis		parkrun.com.au/rockingham parkrun.com.au/tamworthwetlands rockinghamoffice@parkrun.com	
Secret Rocky Runners		secretrockyrunners.org.au secretrockyrunners@gmail.com facebook.com/SecretRockyRunners	
Scouts			
Scouts WA (Head Office)		6240 7700 scoutswa.com.au membership@scoutswa.com.au	
Baldivis Scout Group		gl.baldivis@scoutswa.com.au	
1st Rockingham Scout Group		gl.rockingham@scoutswa.com.au	
1st Secret Harbour Scout Group		gl.secretharbour@scoutswa.com.au	
1st Warnbro Sound Scout Group		gl.warnbrosound@scoutswa.com.au	
Scuba Diving			
Scubanautics Dive Academy		9527 4447 scubanautics.com.au info@scubanautics.com.au	
Sky Diving			
Sky Dive Rockingham		1300 520 271 skydive.com.au	📍
Softball			
Rockingham City and Districts Softball Association Inc.		rcdsapresident1@gmail.com	📍
		Contact	
Sporting Associations			
Singleton Social and Sporting Association		treasurer@singletonssa.com facebook.com/SingletonSSA	📍

Standing Campsites		Contact	
Alfred Hines Seaside Camp for Children		9527 1127 ccshs@hotmail.com alfredhinesseasidecamp.com.au	📞
Christian Youth Camp Lake Cooloongup		9524 1189 cycwa.com.au	📞
Surfing			
Big Wave Surf School		9758 8315 bookings@surfschool.com.au surfingschool.com.au	
Gone Surfin'		0419 341 196 tlegs@westnet.com.au gonesurfin.com.au	📞
Secret Harbour Surf Life Saving Club		9524 7092 admin@secretharbourslsc.com secretharbourslsc.com	📞
Surf Beach Board Riders Club		0401 640 670 surfbeachboardriders@gmail.com facebook.com/SBBClub	📞
Swimming			
Aqua Jetty		9591 0888 aquajetty@rockingham.wa.gov.au rockingham.wa.gov.au	📞
Rockingham Aquatic Centre		9591 0835 customer@rockingham.wa.gov.au	📞
Rockingham Swimming Club – Rockingham Stingrays		rockinghamstingrays.com.au rockswim@iinet.net.au	📞
Rockingham Masters Swimming Club		0452259579 rockinghamrays@gmail.com facebook.com/rockyraysmasters	📞
Stateswim Secret Harbour		9524 7377 secretharbour@stateswim.com.au stateswim.com.au	
Tai chi			
Baldivis Tai Chi Club		0449 883 700 info@kupso.com kupso.com	📞
Tai Chi Yang Shi		9591 3497 taichi-yangshi-rockingham.websyte.com.au	
Taoist Tai Chi Society of Australia		9371 7033 australia@taoist.org taoisttaichi.org.au facebook.com/taoisttaichiaustralia	📞
Tee Ball			
Rockingham Raptors Tee Ball Association		0432 961 294 rockingham.raptors@yahoo.com teeballrockingham.wixsite.com/home facebook.com/rockinghamraptors	📞
Secret Harbour Pirates District Tee Ball and Baseball Association		secret-harbour-teeball.org.au president.shpdta@gmail.com facebook.com/secretharbourpiratesdistrictteeballassociation	

Tennis		Contact	
Baldivis Tennis Club		0417 975 305	
Rockingham Tennis Club		0406 676 262 rockinghamtennis@gmail.com facebook.com/therockinghamtennisclub	🏸
Safety Bay Tennis Club		0431 346 195 sbtcsecretary@outlook.com tennis.com.au/safetybaytc facebook.com/SafetyBayTennisClub	🏸
Singleton-Golden Bay Tennis Club		9537 3143	
Tours			
Rockingham Visitor Centre		9592 3464 enquiry.rtc@westnet.com.au rockinghamvisitorcentre.com.au	🐧
Rockingham Wild Encounters		9591 1333 rockinghamwildencounters.com.au penguinisland.com.au	🐧
Trails			
Baldivis Children's Forest		baldivischildrensforest.org admin@baldivischildrensforest.org facebook.com/BaldivisChildrensForest	
Baldivis Nature Reserve Trail		Baldivis Road, Baldivis	
Cape Peron Snorkel Trail		9591 1333 Point Peron, Rockingham	
Coastal Pathway		Singleton to Rockingham (Mangles Bay)	
Delphinus Trail		Rockingham City Centre	
Don Shepherd Walk and Nyoongar Trail		Karnup Nature Reserve, Karnup Rd, Karnup	
Lake Richmond Trail (Anne Mueller Environment Walk)		Safety Bay Rd, Rockingham	
Lakeside Walk, Lake Cooloongup		Elanora Dr, Hillman	
Lark Hill Nature Trail		Warnbro Sound Ave, Lark Hill	
Naragebup Rockingham Environment Centre Trails		9591 3077 Bush Tucker and Nature Trail. Safety Bay Rd, Rockingham	
Paganoni Swamp Trail		Paganoni Rd, Karnup	
Penguin Island Trails		9591 1333 Penguin Island, Shoalwater	
Point Peron Walk Trail		Point Peron Rd, Point Peron	
Settlers Hill Real Tree Walk		Cnr Eighty Rd, Settlers Hill	
Settlers Hill Steel Tree Walk		Arpenteur Dr, Settlers Hill	

Trails	Contact	
Timber to Port Trail	Kent St and Rockingham Beach Rd, Rockingham	
Tramway Trail Baldivis	Baldivis Rd (Safety Bay Rd to 400 m South of Palomino Pde)	📍
Waterfront Pioneer Rotary Walk	Churchill and Bell Park, Rockingham	
Wreck Dive Trail	9527 9211 Churchill and Bell Park, end of Flinders Lane	
Triathlon		
Rockingham Triathlon Club	trirockingham.asn.au enquiries@trirockingham.asn.au	
Volleyball		
Port Kennedy Indoor Beach Volleyball	pkindoorbeachvolleyball.com.au admin@pkindoorbeachvolleyball.com.au admin@pkindoorbeachvolleyball.com.au	
Rockingham Foreshore Nets Hire (Contact Sunsets)	9528 1910	
Walking		
Heart Foundation Walking Groups	9528 0333 rockingham.wa.gov.au customer@rockingham.wa.gov.au	📍
Pole Walking Group - Baldivis	9528 0333 srcwa.asn.au srcwarockingham@gmail.com	📍
Pole Walking Group - Rockingham	9528 0333 srcwa.asn.au srcwarockingham@gmail.com	📍
Rockingham Walking for Fitness and Pleasure Group	9528 0333 customer@rockingham.wa.gov.au	📍
Y.A.H.O.O Over 55's Bushwalking Club	0427 131 813 yahoo55bushwalkers.org.au facebook.com/yahoo55bushwalkers	
Walks With Tails	0422 169 322 walkswithtails@gmail.com facebook.com/groups/walkswithtails	
Waterpolo		
Peel Waterpolo Club	0448 630 648 rachbrock969@gmail.com facebook.com/peelwaterpolo	📍
Water-skiing		
Perth Wake Park	9524 2884 info@perthwakepark.com.au perthwakepark.com.au	📍
WA Water Ski Park – Bonney's Water Ski	9524 1401 waski@bigpond.net.au bonneyswaterskipark.com.au	

Windsurfing	Contact	
WA Surf – Kite Surfing and Windsurfing	9592 1657 wasurf.com.au	
Yacht Clubs		
Perth Blokart Club	perthblokartclub.com.au hello@blokart.com.au facebook.com/perthblokartclub	
Safety Bay Yacht Club	safetybayyc.com.au	📍
Sandgroopers Land Yacht Club	0423 506 283 landsail@iprimus.com.au landsailingwa.com.au facebook.com/Land.Sailing.WA	
The Cruising Yacht Club	9527 5468 reception@tcyc.com.au tcyc.com.au	
Harrington Waters Radio Yacht Club	9593 4749 rsawa.asn.au	
Yoga		
Body Connections	0416 212 123 whitehouse65@bigpond.com bodyconnectionsyooga.com.au facebook.com/bodyconnectionsyooga	
Rockingham Autumn Centre	9528 8560 rockingham.wa.gov.au	📍
Sang Mauger Yoga	0430 897 203 yogawithsang@hotmail.com yogawithsang.com facebook.com/sangmauger	
Shanthi Bhavana Meditation and Yoga	0466 480 369 info@shanthibhavana.com shanthibhavana.com facebook.com/ShanthiMeditationYoga	📍

Yoga	Contact	
Safety Bay Yoga Centre	0416212123 hello@safetybayyogacentre.com.au facebook.com/bodyconnectionsyoga safetybayyogacentre.com.au/	
Soul Coast Yoga	0407 612 362 info@southcoastyoga.com.au soulcoastyoga.com.au facebook.com/soulcoastyogarockingham/	
Westerly Family Centre	9592 3650 info@westerlyfamilycentre.com.au westerlyfamilycentre.com.au	
Yoga Solace – Ashtanaga Yoga and Vinyasa	0410 580 861 yogasolace.com.au facebook.com/YogaSolace	
Zumba		
Christine Tomlinson Zumba	0423 762 944 christineatomlinson@outlook.com christinetomlinson.zumba.com	📞
Gianna Goytizolo Zumba	0403 529 483 giannagoytizolo@gmail.com	

A photograph of an elderly woman with long, wavy white hair, seen in profile from the chest up. She is looking towards the left, where a gallery wall is visible. The wall is covered with several framed artworks, including abstract paintings with bold colors like blue, red, and yellow. The woman is wearing a dark jacket with red trim and a small, dark hair clip. The background is slightly blurred, emphasizing the woman and the art.

Arts and Culture (A-Z)

Through the Looking Glass by **Peter LeSelle**

Arts and Culture

Aboriginal Cultural Activities	Contact	
Kadagjini Mia (TAFE)	9599 8714	📞
Arts and Crafts		
Chatterstitches Embroidery Group, Stitching Witches Embroidery Group	0435 015 792 9592 1983 westerlyfamilycentre.com.au/user-groups	📞
Cornerstone Community Baptist Church Craft Group	0417 978 203 waccbc@gmail.com	📞
Crazy Cross Stitch	westerlyfamilycentre.com.au/user-groups shazzy1205@y7mail.com	📞
Cake Decorators Association – Rockingham Branch	rockycda@gmail.com facebook.com/RockinghamCDA	
Friends of Rockingham Arts Community (FORAC)	forac.inc@gmail.com forac.org.au facebook.com/groups/1050445728457583	📞
Mad Hatter Stampers	sarahp@iinet.net.au	📞
Rockingham Art and Crafts Centre Inc.	9592 7330 rockieart43@gmail.com	
Rockingham Ceramics Studio	0427 093 917 rockinghamceramicsstudio@gmail.com rockinghamceramicsstudio.org.au facebook.com/groups/778584468915991	📞
Rockingham Church of Christ Art Group and Take-a-Break Craft Group	9592 2495 administrator@rockinghamcofc.org rockinghamcofc.org	📞
Rockingham Printmakers	0427 093 917 rockinghamprintmakers@gmail.com facebook.com/groups/2388436484772989	📞
Rockingham Regional Arts Inc.	0405 718 459 rra.inc@bigpond.com	
Rockingham Watercolour Society	0421 081 215 2015rws@gmail.com.au	📞
Rockingham Woodworkers Club Inc.	9528 8560	
Rockingham Visual Arts Society	9527 5914 rvasclub@gmail.com	
Spinners and Weavers	9592 9789	

Arts and Crafts		Contact	
Stitching Witches Embroidery Group	0435 015 792 9592 1983 westerlyfamilycentre.com.au/user-groups		📞
Take-A-Break Craft Group	0423 812 207 manfredkarin@gmx.net		📞
The Bay Quilters	6191 0287 0457 695 833		📞
Westerley Papercrafts	0408 952 996 tizlynne@msn.com		
5D Diamond Painting and Other Crafts	9593 3027 info@warnbrocfc.com.au facebook.com/warnbrocommunityandfamilycentre		📞
Drama			
Filmbites Screen Academy	9209 2689 info@filmbites.com.au filmbites.com.au facebook.com/Filmbites		📞
Helen O'Gradys Children Drama Academy	9593 7194 kristen.matthey@helenogradey.net.au helenogradey.net.au facebook.com/helenogradeywesternaustalia		📞
Education			
Family History Society of Rockingham and Districts Inc.	9592 5887 fhsrd.org.au fhsrd@eftel.net.au		📞
University of the Third Age Rockingham and Districts	9593 9852 dph87111@hotmail.com u3auwa.org		📞
Museum			
Rockingham Museum	9592 3455 rockinghammuseum.org.au		📞

Music		Contact	
Born to Sing Choir - Rockingham	0433 653 219	martinmeader.com/born-to-sing-choir-rockingham	📞
Coastal Community Drum Circle	0410 842 151	rhythmspirit@westnet.com.au	📞
Silver Clefs Harmony Chorus	0434 074 774	sue.matthews@transport.wa.gov.au	
Sing4Fun	info@sing4fun.com.au		📞
Taiko Do W.A.	0410 842 151	taikodowa@westnet.com.au facebook.com/taikodowa	📞
Theatre			
Rockingham Theatre Company	0412 119 122	info@rockinghamtheatre.com facebook.com/RTCRockinghamTheatreCompany	📞
Writing and Speaking			
Rockingham Writers Centre (FORAC)	0438 916 001	rockinghamwriterscentre@gmail.com rockinghamwriterscentre.org.au facebook.com/groups/1120567031291932/	📞

Leisure and Hobbies (A-Z)



Leisure and Hobbies

Cinema		Contact	
Ace Cinemas - Rockingham	9550 9000 rockingham@acecinemas.com.au acecinemas.com.au		📞
United Cinemas	9527 8072 unitedcinemas.com.au		
Dog Club			
Rockingham Dog Club	0478 634 404 contact@rockinghamdogclub.org.au rdc.org.au		
Environment			
Baldivis Children's Forest	baldivischildrensforest.org admin@baldivischildrensforest.org		
Native Plants WA	9527 3142 nursery@npwa.org.au nativeplantswa.org.au facebook.com/NativePlantsWA		
Rockingham Regional Environment Centre (Naragebup)	9591 3077 naragebup@outlook.com naragebup.org.au facebook.com/naragebup		📞
Four Wheel Drive Club			
Peel Four Wheel Drive Club	peel4x4club.webs.com facebook.com/peel4wdclub		
Rockingham Four Wheel Drive Club	rockingham4wdclub.com info@rockingham4wdclub.com facebook.com/rockingham4wdclub		
Gardening			
Herb Society of WA (Peel District Branch)	herbsocietywa.com herbsocietywa@gmail.com		📞
Rockingham City Community Garden Group Inc.	9594 0359 rockinghamcommunitygarden@gmail.com		
Rockingham and Districts Garden Club	rockgardenclub@gmail.com		📞

Hobby and Games	Contact	
Rockingham PCYC-Bingo	9592 1232 rockinghampcyc@wapcyc.com.au wapcyc.com.au	📞
Harrington Waters Radio Sailors	9593 4749 rsawa.asn.au	
Lakes Model Aero Club	facebook.com/groups/495307354184942	
Philatelic Society of Rockingham and Kwinana	wapc.org.au	📞
Rockingham Bridge Club	9591 3444 rockbrig@bigpond.com rockingham.bridgeaustralia.org	📞
Rockingham Gem and Rock Hunting Club	facebook.com/Rockingham-Districts-Gem-Rock-Hunting-Club-773625419351695/	
Rockingham Model Railway Group Inc.	0417 093 875 rmrginc@hotmail.com	
Rockingham Photography Club	president@rockinghamphotographyclub.com.au photographyclub.com.au facebook.com/rockinghamphotographyclubpublic	
Rockingham Woodworkers Club Inc.	9528 8560	
Rockingham City Chess Connection	0492 851 761 peter.merrotsy@uwa.edu.au cawa.org.au	📞
The Rockingham Community Shed for Men Inc.	9591 3803 Rockingham.mens.shed@iinet.net.au facebook.com/Rockinghamcommunityshed	📞
Libraries		
Mary Davies Library and Community Centre	9591 0800 mdlcontact@rockingham.wa.gov.au rockingham.wa.gov.au/libraries	📞
Rockingham Central Library	9528 8683 rclcontact@rockingham.wa.gov.au rockingham.wa.gov.au/libraries	📞
Safety Bay Library	9528 8611 sbycontact@rockingham.wa.gov.au rockingham.wa.gov.au/libraries	📞
Warnbro Community Library	9528 8577 wclcontact@rockingham.wa.gov.au rockingham.wa.gov.au/libraries	📞
Rockingham and Districts Toy Library	rdtoyl@gmail.com rockingham.wa.gov.au/libraries	

Playgroups	Contact	
Baldivis Church Playgroup	9524 2805 info@spireslifechurch.org.au spireslifechurch.org.au	📞
Baldivis Playgroup	baldivis_playgroup@hotmail.com	📞
KEYS to Play	9439 1838 info@keyswa.org keyswa.org facebook.com/KEYSKwinana	
Kindy Kids 3yr old	0405 635 170 KindyKids@Y7mail.com frankkonecny.com.au	
Little Penguins Playgroup	9592 3650 info@westerlyfamilycentre.com.au westerlyfamilycentre.com.au facebook.com/westerlyfc	
Marilla House Playgroup	marillacommunitycentre.com marillacommunity@gmail.com	📞
Mindful Mokos NZ Maori Culture Playgroup	9593 3027 info@warnbrocfc.com.au facebook.com/warnbrocommunityandfamilycentre	
Rockingham Montessori Infant/Toddler Program	9528 2118 reception@rms.wa.edu.au	
Secret Harbour Playgroup	0403 628 100 secretharbourplaygroup@outlook.com facebook.com/SecretHarbourPlaygroup	📞
Sonshine Playgroup	9592 2495 rockinghamcofc.org	📞
South Coast Baptist College Childcare Playgroup	9540 4444 childcare@scbc.wa.edu.au scbc.wa.edu.au	
Warnbro Playgroup (previously Warnbro Wagtails Playgroup)	9593 3027 info@warnbrocfc.com.au facebook.com/warnbrocommunityandfamilycentre	📞
Markets		
Baldivis Community Market Located corner of Baldivis Rd and Fifty Rd, Baldivis.	baldivis.wa.lions.org.au baldiviscommunitymarket@hotmail.com facebook.com/baldivislionscommunitymarket	📞
Baldivis Twilight Market Located One71 Estate, Parkville Blvd, off Baldivis Rd, Baldivis.	baldivis.wa.lions.org.au baldivisionstwilightmarket@gmail.com facebook.com/baldivisionstwilightmarket	📞
Rockingham Rotary Sunday Markets (in GHCC car park)	0427 925 689 rockinghamrotarymarkets.com.au facebook.com/rockinghamrotarymarket	📞
Motorcycling		
Coastal Motorcycling Club WA Inc.	coastalmcc.com president@coastalmcc.com	
Warnbro Sound Wanderers – Ulysses Club	0419 919 275 warnbrosoundwanderers.ulyssesclub.org	

Seniors	Contact	
Ace Seniors Movie Club	9550 9000 acecinemas.com.au rockingham@acecinemas.com.au	📞
Autumn Centre	9528 8560 customer@rockingham.wa.gov.au	📞
Bethanie Social Centre – Port Kennedy	131 151 9593 9362 info@bethanie.com.au	📞
Injury Control Council of WA (Stay On Your Feet WA)	1300 303 540 9420 7212 info@stayonyourfeet.com.au facebook.com/stayonyourfeetstayonyourfeet.com.au	📞
iPad Groups for Seniors	9528 1741 sheenae@iinet.net.au	📞
MALA Rockingham (Mature Adult Learning Association)	9528 7133 malarockingham@gmail.com perthmala.org.au	📞
My Aged Care	1800 200 422 myagedcare.gov.au	
National Seniors Australia	9593 1034 nationalseniors.com.au nansenior@bigpond.com.au	📞
Red Hatters Society	9388 6059 info@red-hatters-wa.net red-hatters-wa.net facebook.com/groups/448987471873959/	
Seniors Recreation Council of WA Rockingham Branch	srcwarockingham@gmail.com facebook.com/srcwarockinham	📞
Rockingham Legacy Laurel Club	legacy.com.au reception@perthlegacy.com.au	📞
Tales of Times Past	talesoftimespast.org.au	📞
Service Clubs		
Department of Veteran Affairs – Day Clubs	1800 555 254 van.wa@dva.gov.au dva.gov.au/health-and-wellbeing/day-club-programs	
Inner Wheel Club of Rockingham/Kwinana District	9410 1462 iiw.au.rockinghamkwinanadist@gmail.com	
Lions Club of Baldivis	baldivis.wa.lions.org.au baldivis.wa@lions.org.au facebook.com/baldivislionsclub	📞
Lions Club of Port Kennedy	portkenedy.wa.lions.org.au portkenedy.wa@lions.org.au facebook.com/Port-Kennedy-Lions-Club-Inc-1688199841393325	

Service Clubs	Contact	
Lions Club of Rockingham	rockingham.wa.lions.org.au lionsroc@bigpond.com facebook.com/Lions-Club-of-Rockingham-774605296032665	
Rotary Club of Rockingham Inc.	rotaryclubofrockinghamwa.org rockingrotarysecretary@outlook.com.au facebook.com/Rockingham.Rotary.WA	
Port Kennedy RSL	9524 5855 admin@rslpk.com.au rslwa.org.au/branch/port-kennedy facebook.com/RSL-Port-Kennedy-267123489984021	📍
Rockingham RSL	9592 4222 rslsrock@westnet.com.au rslwa.org.au/branch/city-of-rockingham facebook.com/rockinghamrsl	📍
Soroptimist International of Rockingham	sirockingham@siswp.org facebook.com/SoroptimistInternationalofRockingham	
Zonta Club of Peel Inc.	zontapeel@yahoo.com facebook.com/zontaclubofpeel	📍
Women's Groups		
Country Women's Association (CWA) Baldivis Belles	cwabaldivisbelles.org.au cwabaldivisbelles@gmail.com facebook.com/cwabaldivisbelles	📍
Country Women's Association (CWA) Safety Bay	joywayne@iprimus.com.au cwaofwa.asn.au facebook.com/CWASafetyBay	📍
Ladies Probus Club of Shoalwater	0424 723 923 healsam@bigpond.com probussouthpacific.org	📍
Red Hat Ladies	info@red-hatters-wa.net red-hatters-wa.net	📍
Rockingham Sound VIEW Club	0424 722 593 rockinghamsounddayview@gmail.com facebook.com/RockinghamSoundDayViewClub	📍
Wasarians Inc.	9592 4263	

Community Centres and Resident Associations (A-Z)



Community Centre and Halls (Hireable Spaces)	Contact
Autumn Centre	9528 8560 customer@rockingham.wa.gov.au rockingham.wa.gov.au
Baldivis Recreation Community Centre	9528 0333 customer@rockingham.wa.gov.au rockingham.wa.gov.au
Baldivis South Community Centre	9591 0800 mdlcccontact@rockingham.wa.gov.au rockingham.wa.gov.au
Gary Holland Community Centre	9592 3464 info.ghcc@westnet.com.au rockingham.wa.gov.au
Golden Bay Coastal Community Centre	9528 0333 customer@rockingham.wa.gov.au rockingham.wa.gov.au
Golden Bay Sports Pavilion	shdsafacilities@gmail.com shdsafacilities@gmail.com
Hillman Hall	9528 0333 customer@rockingham.wa.gov.au rockingham.wa.gov.au
Mary Davies Library and Community Centre	9591 0800 mdlcccontact@rockingham.wa.gov.au rockingham.wa.gov.au/libraries
McLarty Hall	9528 0333 customer@rockingham.wa.gov.au rockingham.wa.gov.au
Mike Barnett Sports Complex	9591 0850 mikebarnett@rockingham.wa.gov.au rockingham.wa.gov.au
Port Kennedy Community Centre	9528 0333 customer@rockingham.wa.gov.au rockingham.wa.gov.au
Rockingham Central Library	9528 8683 rlcontact@rockingham.wa.gov.au rockingham.wa.gov.au/libraries
Rockingham PCYC	9592 1232 rockinghampcyc@wapcyc.com.au
Secret Harbour Community Centre	9528 0333 customer@rockingham.wa.gov.au rockingham.wa.gov.au
Singleton Social and Sporting Association	treasurer@singletonssa.com facebook.com/SingletonSSA
Waikiki Community and Family Centre	6217 6888 waikikifamilycentre@gmail.com
Warnbro Community and Family Centre	9593 3027 info@warnbrocfc.com.au facebook.com/warnbrocommunityandfamilycentre
Warnbro Community Recreation Centre	9528 0333 customer@rockingham.wa.gov.au
Westerly Family Centre	9592 3650 info@westerlyfamilycentre.com.au westerlyfamilycentre.com.au

Resident Associations	Contact
Golden Bay Progress Association Inc.	facebook.com/GoldenBayPA
Palm Beach Community Association Rockingham Inc.	palmbeachcommunityassoc@gmail.com facebook.com/palmbeachcommunityassociationinc
Singleton Residents Association Inc.	0407 900 417 president.singletonwa@gmail.com singletonwa.com



Directory Update / New Electronic Entry Form

Please indicate with a tick on one of the following options:

- ☐ Update existing Listing ☐ New listing for future activity guide

Organisation details:

Club Name:

Contact Phone Number:

Web Address:

Email:

Facebook link:

Please tick the category you would like your club or organisation to appear within:

- ☐ Sport and Recreation ☐ Leisure and Hobbies ☐ Arts and Culture
- ☐ Community Centres ☐ Residents Associations

Does your club or organisation offer any activities for people living with disability to take part in?

- ☐ Yes ☐ No

Please mail or email to:

City of Rockingham – Community Capacity Building PO Box 2142 ROCKINGHAM DC WA 6967
Telephone: 9528 0333 Email: customer@rockingham.wa.gov.au

The details for existing listings can be updated on the City’s website, in the electronic version of the Activity Guide. Unfortunately new entries cannot be added to the existing guide at this time. If you would like to be included in the next Rockingham Activity Guide please complete the details above and send to customer@rockingham.wa.gov.au

Please note you also have the opportunity to include and update your club, group and/or organisation’s details on the Community and Business Directory on the City’s website: rockingham.wa.gov.au/directory

