



Term 4 Program 2025

Rockingham Youth Centre

Supporting Young People
12 – 24 years

All
activities are
FREE



rockingham.wa.gov.au



Rockingham
Youth Centre
City of Rockingham

Welcome



Acknowledgement of Country

The City of Rockingham acknowledges the Traditional Owners and Custodians of this land, the Binjareb and Whadjuk Nyoongar people and their continuing connection to the land, waters and community.

We pay our respects to all members of First Nation communities and their cultures, and to Elders past and present.

Nyoongar Seasons

October | November December | January February | March

Kambarang	Birak	Bunuru
Longer dry periods. Also known as Season of Birth.	Dry and hot. Also known as Season of the Young.	Hottest part of the year. Also known as Season of Adolescence.
Mixture of wet days. Also known as Season of conception.	Coldest and wettest time of the year. Also known as Fertility Season.	Cooler weather begins. Also known as Season of Adulthood.
Djilba	Makuru	Djeran
September August	July June	May April

Our Term 4 programs take place across two Nyoongar seasons, Kambarang and Birak. Nyoongar seasons are divided into six seasons rather than four as they apply to the changes in the weather and the growth of local flora, which signal the shift from one season to the next.

Kambarang

Known as the season of birth or wildflowers, Kambarang brings rising temperatures and blooming flora like wattles, kangaroo paw, orchids, and the striking Moodjar (WA's native Christmas tree). Traditionally, the Nyoongar people moved towards the coast during this time to hunt freshwater crayfish, frogs, and tortoises.

Birak

Birak, the season of the young, marks the start of warm weather and cooling sea breezes as rains ease. It's the fire season for the Nyoongar people, who hunted with spears and boomerangs. During this time, baby frogs mature, reptiles shed skin, and young birds leave their nests.

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Quick Guide to Our Programs

D&D

🕒 4pm – 7pm
👤 Ages 16 – 24

More details on **page 14**

17+ Hangout

🕒 4pm – 7pm
👤 Ages 17 – 24

More details on **page 15**

Mondays

Rockin' Jams

🕒 3.30pm – 5.30pm
👤 Ages 14 – 24

More details on **page 16**

She/Her

🕒 3.30pm – 5.30pm
👤 Ages 12 – 16

More details on **page 17**

Tuesdays

DROP IN

🕒 2.30pm – 5.30pm
👤 Ages 12 – 17

More details on **page 22**

LEVEL UP

🕒 4pm – 5pm / 5pm – 6pm
👤 Ages 12 – 24

More details on **page 23**

Wednesdays

HANGOUT

🕒 2.30pm – 6.30pm
👤 Ages 12 – 17

More details on **page 24**

GAME CLUB

🕒 3pm – 6.30pm
👤 Ages 12 – 17

More details on **page 25**

Thursdays

Not a member?

No worries - sign up
and join the fun!








prideespace

🕒 3.30pm – 5.30pm
👤 Ages 14 – 24

More details on **page 26**

Fridays

Opening Hours and Contact Details

 Weekdays  10am – 5.30pm  Ages 12 – 24
 9591 0836  youthcentre@rockingham.wa.gov.au
 rockingham.wa.gov.au/youth
 20 MacKinnon Street, Rockingham

The Rockingham Youth Centre (RYC) runs activities during school terms and holidays.

Please note



School-age young people can only attend during school hours if booked for support appointment or in crisis.

Membership

Completion of a membership form is essential for participation in Rockingham Youth Centre programs, activities and events.

The form can be completed in one of the following ways:

Paper form
in person
at RYC



OR

Via online
editable
PDF form



How to Get to RYC

Bus route

Surrounding bus stops located:

- Simpson Avenue – 5 min walk
- Council Avenue – 6 min walk
- Contest Parade – 6 min walk

Common bus routes:

548, 549, 550, 551, 552, 553, 555

For updated bus timetables
check out **transperth.wa.gov.au**



Front of building

Located at 20 MacKinnon Street, Rockingham. If the building is locked please ring doorbell.



Front of desk

You will be greeted by our lovely staff when you enter the building.

Legend of Icons



Registration required



Quiet hour



Sensory friendly – visual



Sensory friendly – hearing

QR Codes

How to scan and use QR codes throughout this booklet.

📱 Open the camera app on your phone

🔍 Point it at the QR code
(the square on the right of this page)

👉 Tap the link that appears



rockingham.wa.gov.au/youth

Access and Inclusion

The City of Rockingham is committed to fostering accessibility and inclusivity within its facilities for all community members, including individuals living with disability.

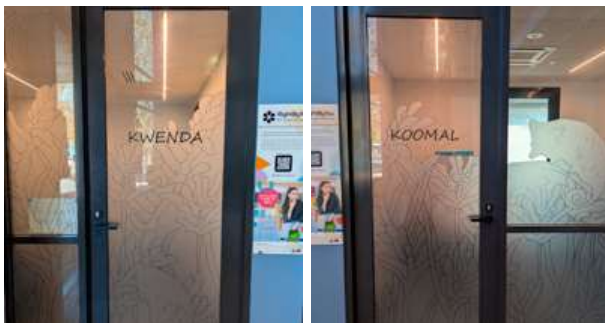
Parking

ACROD parking available on the left side of the RYC entrance, in front of headspace Rockingham.



ACROD parking

Counselling Rooms



Counselling rooms



Sensory items

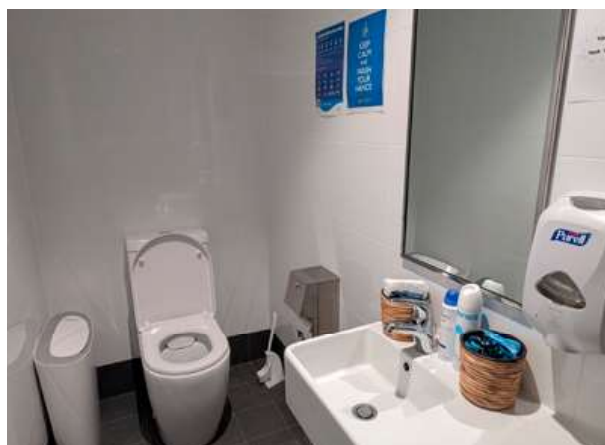
We have two on-site counselling rooms, **Kwenda (Room 1)** and **Koomal (Room 2)**, located on the left as you enter RYC.

Both can be used as quiet/sensory spaces during programs (upon request) and are stocked with sensory items like noise-cancelling headphones, weighted blankets, pillows, bean bags and fidget toys. Support workers accompanying young people are also welcome to utilise this space.

Toilets



Toilet signage



Inside layout

RYC offers gender-neutral and accessible bathrooms, each with a private toilet, sink and free hygiene products available.

Elevator



RYC is two storeys, we have stairs and an elevator to access the first floor. Our elevator is located on the right as you enter.

We also run a low sensory hour called '**Quiet Hour**' every Thursday Hangout Session from 2.30pm – 3.30pm. A more calming and supportive environment that is sensory friendly with low stimulation activities offered.



To explore the layout of RYC and learn more about its accessibility and inclusion features, check out the Accessibility Map on pages 18–21.

Annual Events Calendar

Find out below about the events being celebrated, or on offer, at the Rockingham Youth Centre in 2025/2026. Please note RYC is not open on Public Holidays.

Dates

Event or Celebration

Term 4

13 October
– 18 December

Rockingham Skate Park Series:

Port Kennedy Activation: 22 October,
5 November, 19 November 2025

Skate Clinic: 19 November 2025

Skate Competition: 22 November 2025

RYC Christmas Closure | 25 December 2025 – 1 January 2026

January School Holidays

5 January
– 30 January

Youth Beach Party: 16 January 2026

Public Holiday: 26 January 2026

Term 1

2 February
– 2 April

Public Holiday:

2 March 2026

Skate Park Series - Singleton:

Singleton Activation: 20 February,
6 March, 20 March 2026

Skate Clinic: 9 April 2026

Community/Youth Event: 16 April 2026

Save the Date

Rockingham Youth Centre Open Day:

15 November 2025



Rockingham
summer
series



City of Rockingham

YOUTH BEACH PARTY

2026

FREE
EVENT

For young people aged 12 - 17 years



Churchill Park
Rockingham Foreshore



Save the date
Friday 16 January 2026
12pm – 3pm

**Live performances by our
Breakthrough Competition contestants**



This is a fully supervised smoke and alcohol-free event.
There will be a photographer present. 📷 Follow us @RockinghamYouthCentre





16 – 24 years

Dungeons & Dragons



Mondays, 4pm – 7pm

Commences 20 October
(Week 2)

Finishes 15 December
(Week 10)



**Rockingham
Youth Centre**

20 MacKinnon Street,
Rockingham

D&D is a social club for young people
wanting to play Dungeons and Dragons
5e, a tabletop role playing game (RPG).

All levels of experience welcome.
Dungeon Masters encouraged to register.



Registrations essential. To register please call
the Rockingham Youth Centre on **9591 0836** or
email **youthcentre@rockingham.wa.gov.au**



17 – 24 years

17+

Hangout

**Mondays, 4pm – 7pm**Commences 20 October
(Week 2)Finishes 17 November
(Week 6)**Rockingham
Youth Centre**20 MacKinnon Street,
Rockingham**Mondays, 2pm – 5pm**Commences 24 November
(Week 7)Finishes 15 December
(Week 10)**Mary Davies Library
and Community Centre**17 Settlers Avenue,
Baldivis

17+ Hangout is a space for young adults aged 17–24 to connect, build life skills, join info sessions with local service providers, and take part in weekly activities.

17+ Hangout runs at Rockingham Youth Centre for the first five weeks (20 October – 17 November), then moves to Mary Davies Library for the final four weeks (24 November – 15 December).



Registrations essential. To register please call the Rockingham Youth Centre on **9591 0836** or email **youthcentre@rockingham.wa.gov.au**





14 – 24 years

Rockin' Jams



Tuesdays, 3.30pm – 5.30pm

Commences 21 October

(Week 2)

Finishes 16 December

(Week 10)



**Rockingham
Youth Centre**

20 MacKinnon Street,
Rockingham

**Whether you're an experienced musician or just starting out,
Rockin' Jams is the place for you.**

With guidance from music industry experts, you'll grow as a musician, gain hands-on stage management experience, write and record your own music, and work towards performance opportunities throughout the year. You'll also have the chance to collaborate with other musicians, perform and record music as a group, and build the confidence and skills needed to play in a band setting.

Bring your own instrument or try something new in our jam room.



Registrations preferred but not essential. To register please call the Rockingham Youth Centre on **9591 0836** or email **youthcentre@rockingham.wa.gov.au**



She/Her



Tuesdays

A young women's program

FREE program for girls aged 12 - 16 years



Tuesdays, 3.30pm – 5.30pm

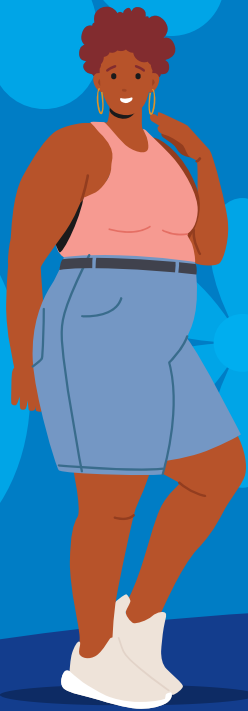
Commences 21 October (Week 2)

Finishes 9 December (Week 9)



Rockingham Youth Centre

20 MacKinnon Street, Rockingham



This eight-week program creates a safe space for young women to learn new skills, build confidence, and make new friends. Designed to empower, engage, inspire and connect.



Registrations essential. To register please call the Rockingham Youth Centre on **9591 0836** or email **youthcentre@rockingham.wa.gov.au**



Sensory Room

TV Area



Low lighting



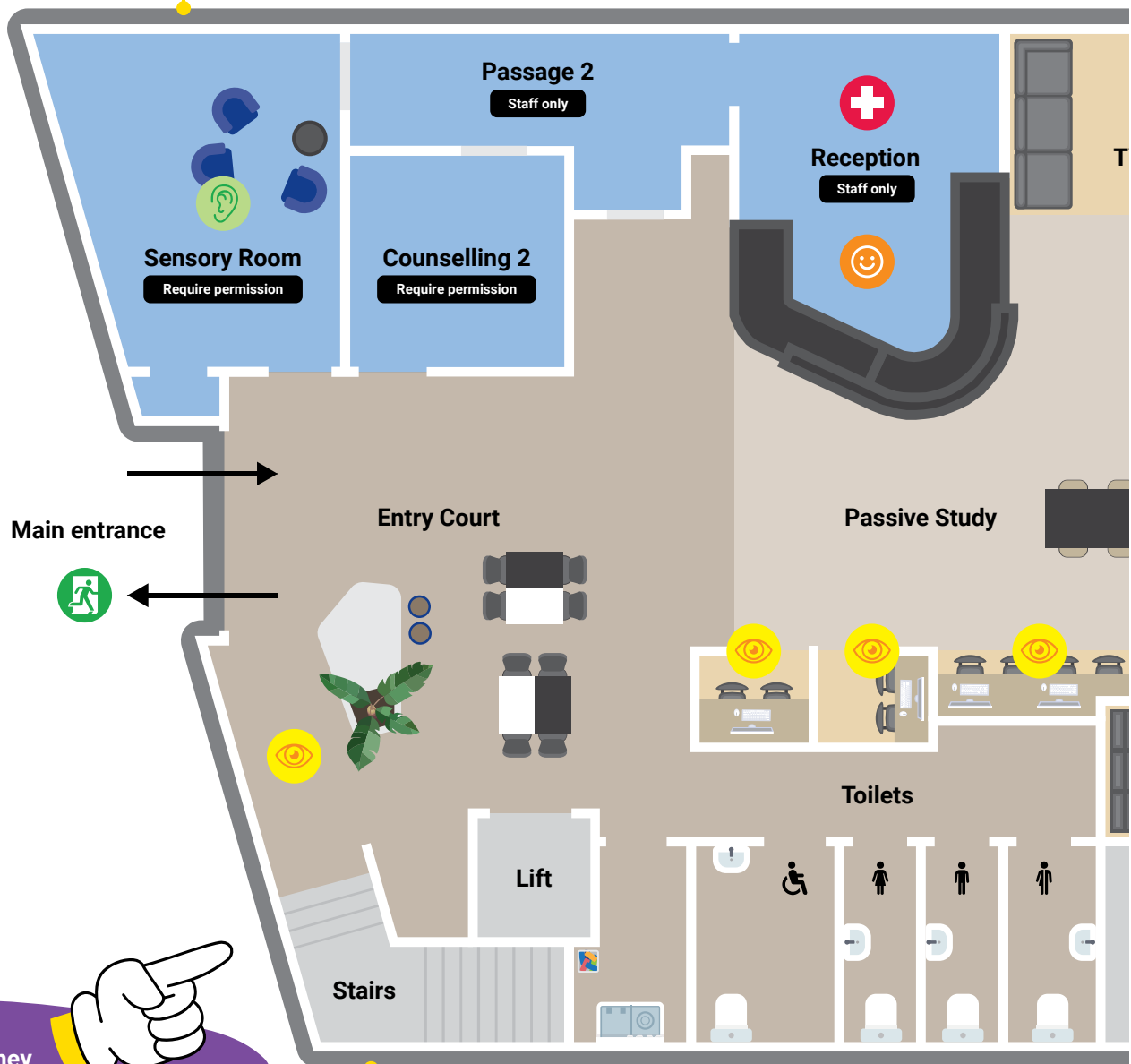
Comfortable seating



Fidget toys and individual activities



Comfortable seating



Staircase Journey



3 Steps

Landing platform

10 Steps

Landing platform

5 Steps

Second floor landing



Low lighting



Comfortable seating

Chill Space



Level One

Legend



Loud noises at times



Low noise levels



Bright light at times




First aid kit

Undercover Area

ble



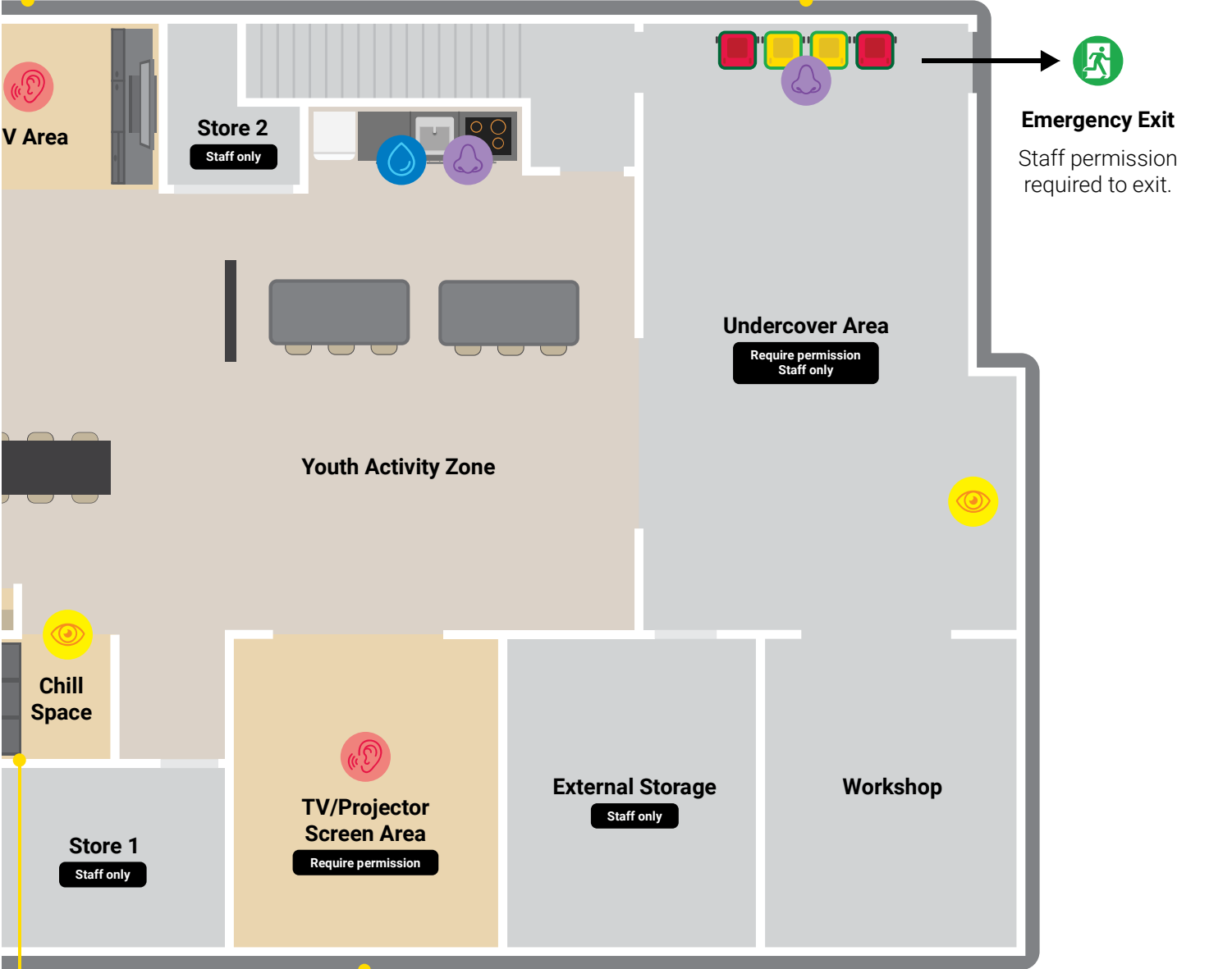
Video games on TV
can be overstimulating



Weather can affect
temperature conditions



Floor can
be slippery




comfortable
ing




Video games on TV
can be overstimulating


TV/Projector Screen Area




RYC staff member



Drinking water



Emergency exit



Strong smells at times



Lobby



Comfortable seating



Open Office

Staff only



Staff Room

Staff only



Lobby

Printing Room

Staff only

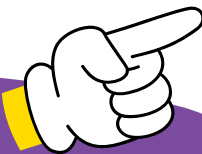
Staff only

Toilets

Lift

Stairs

Staircase Journey



3 Steps

Landing platform



10 Steps

Landing platform



5 Steps

Second floor landing



Level Two

Legend



Loud noises at times



Low noise levels



Bright light at times



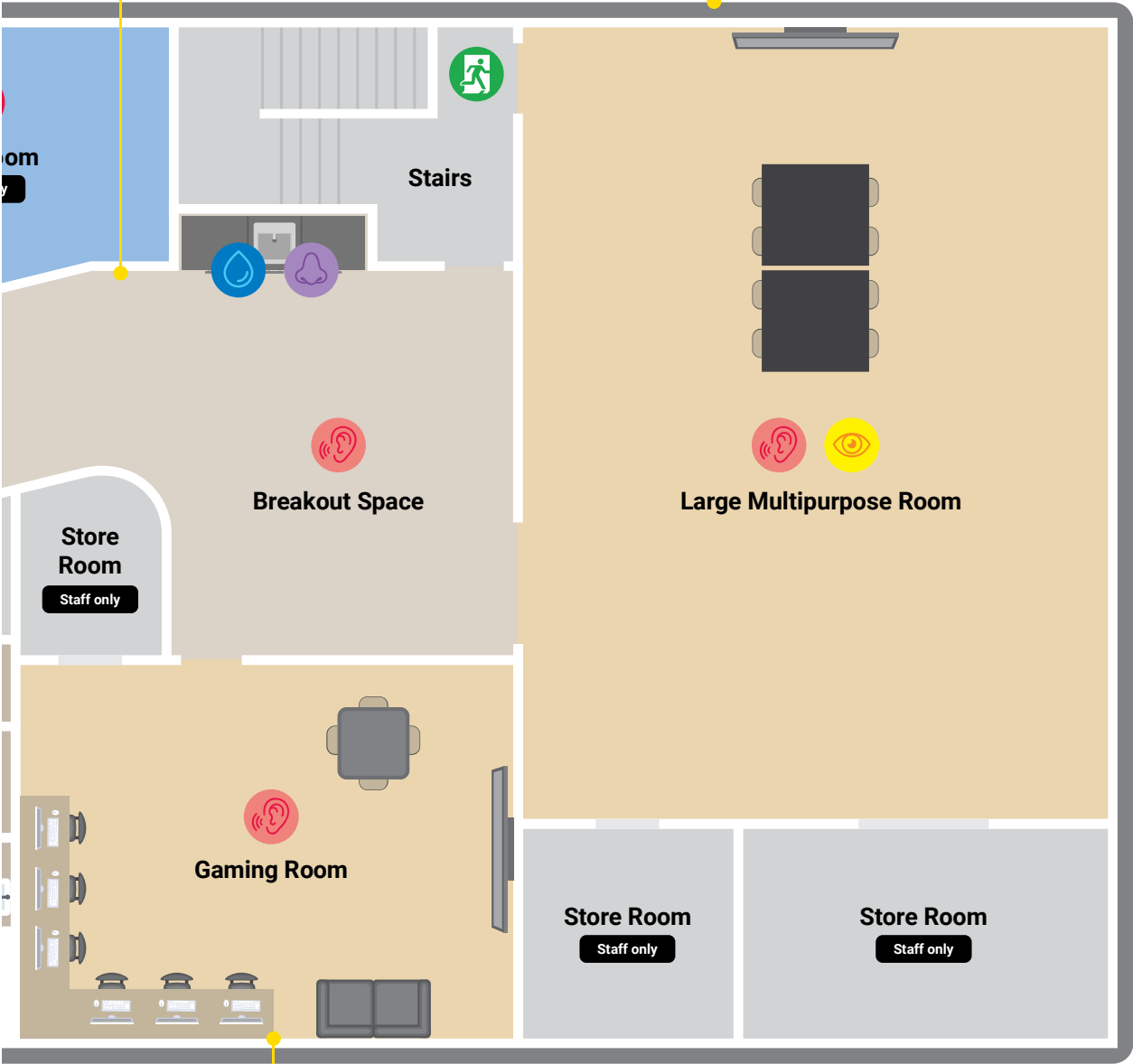
First aid kit

Breakout Space

Large Multipurpose Room

 Low lighting

 Content on TV can be overstimulating



 Comfortable seating

 Fidget toys and individual activities


 Video games on TV can be overstimulating

Gaming Room

 RYC staff member

 Drinking water

 Emergency exit

 Strong smells at times



12 – 17 years

DROP IN



**Wednesdays (Fortnightly),
2.30pm – 5.30pm**

Commences 15 October (Week 1)
Finishes 10 December (Week 9)



**Mary Davies Library
and Community Centre**

17 Settlers Avenue,
Baldivis

Looking for a fun, relaxed place to chill after school in Baldivis?

Come and hangout with the RYC crew in Carnaby Hall at the Mary Davies Library. Kick back with snacks, games, outdoor activities, and creative vibes – all in a space made just for you and your friends.

Have a yarn with our Youth Workers and share your ideas to help shape future programs in your areas. It's your space, your voice, your vibe.

A membership form is required for all RYC programs and events.



To register, contact Rockingham Youth Centre on **9591 0836**, email **youthcentre@rockingham.wa.gov.au**, or speak to staff during the program for more information.

Level UP

Resume Clinic and Career Coaching



Every Wednesday

4pm – 5pm and 5pm – 6pm



12 – 24 years

Need help with your resume, interview prep or career planning? Book a free one-on-one session with our local career coach and professional resume writer to get into the workforce.

Certified Courses

A range of certified courses are offered throughout the year. These include:

- Barista
- Provide First Aid
- Mental Health First Aid
- Responsible Service of Alcohol
- White Card.

For specific dates, please visit the City's website at rockingham.wa.gov.au/youthevents



To register, contact the Rockingham Youth Centre on **9591 0836** or email youthcentre@rockingham.wa.gov.au





12 – 17 years

HANGOUT



**Thursdays,
2.30pm – 6.30pm**

Commences 23 October
(Week 2)
Finishes 18 December
(Week 10)



**Rockingham
Youth Centre**

20 MacKinnon Street,
Rockingham

Looking for somewhere safe and fun to hang out? Drop in and enjoy the chill-out zone, comfy couches, beanbags, PlayStation, Xbox, table tennis, board games and more.

A membership form is required for all RYC programs and events.

Quiet Hour: 2.30pm – 3.30pm

A low sensory, more calming and supportive environment that is neurodivergent friendly with low stimulation activities offered.



Contact Rockingham Youth Centre on **9591 0836**, email **youthcentre@rockingham.wa.gov.au**, or speak to staff during the program for more information.



12 – 17 years

GAME CLUB



**Thursdays,
3pm – 6.30pm**

Commences 23 October
(Week 2)
Finishes 18 December
(Week 10)



**Rockingham
Youth Centre**

20 MacKinnon Street,
Rockingham

Meet and compete with other gamers at RYC's Game Club. Enjoy playing your favourite games like Minecraft, Fortnite, or Roblox on our gaming PC's and consoles.



Registrations essential. To register please call the Rockingham Youth Centre on **9591 0836** or email **youthcentre@rockingham.wa.gov.au**



Thursdays



prideespace

Are you a young person aged 14–24 who identifies as lesbian, gay, bisexual, trans, queer, intersex, ace or questioning?

The City of Rockingham welcomes you to our safe and inclusive LGBTQIA+ group.



Friday,
3.30pm – 5.30pm
24 October (Week 2)
21 November (Week 6)
19 December (Week 10)



Rockingham Youth Centre
20 MacKinnon Street,
Rockingham



Registrations essential. To register please call the Rockingham Youth Centre on **9591 0836** or email **youthcentre@rockingham.wa.gov.au**

Rockingham Youth Reference Group

The Rockingham Youth Reference Group (RYRG) is a group of young people aged 15–24 years who contribute to the success of the RYC by providing input into programming, events and advocacy. They act as a reference group on behalf of young people in Rockingham, contributing to the RYC and across the City of Rockingham.



RYRG Group Photo

Members have the opportunity to develop their advocacy and leadership skills, meet likeminded young people, gain an understanding of how local government operates, and develop event and project planning skills. Recruitment for new members is ongoing. For more information please visit **rockingham.wa.gov.au/youth**

RYRG Previous Projects

The RYRG helps shape and support youth events in Rockingham, including the **Youth Beach Party**, **Breakthrough Music Competition** and **Seniors Week Quiz Night**. Members assist with planning, activity coordination, registrations, MCing, supporting service providers and engaging with event participants. As well as consultation and gathering feedback to improve future events. Through their involvement, they gain valuable event planning experience and make a positive impact in their community.



Youth Beach Party



Breakthrough Music Competition

RYRG Upcoming Projects

The RYRG is preparing for exciting projects like **Seniors Week** in November, and the **Mary Davies Street Makeover**, with even more throughout the year. Stay tuned for opportunities to get involved.



Youth Beach Party



Seniors Week

Youth Workers at RYC

Youth Work Support



Monday to Friday, 10am – 5pm

By referral appointment only



12 – 24 years

Our Youth Workers offer support, advocacy, referrals, information, and case management for young people in Rockingham. Focusing on short-term goals, our service aims to achieve meaningful outcomes within six sessions.

Youth Workers can help with:

Education and Training

Support with courses, alternative pathways, and study options.

Employment Assistance

Help with resumes, interviews, and job readiness.

Life Skills

Guidance on budgeting, utilities, and essential documents.

Community Support

Access to food, clothing, legal aid, and other resources.

Housing Support

Assistance with applying for rentals or emergency housing.

Future Planning

Setting career goals and life direction.

Mental Health Referrals

Connecting to appropriate services and support.

Future Planning

Support with life changes and community involvement.

To book:

Complete the RYC Youth Worker Referral Form and email to youthcentre@rockingham.wa.gov.au

The form can be completed in one of the following ways:

Paper form
in person
at RYC



OR

Via online
editable
PDF form



Youth Support Services

Did you know about the other programs and services regularly operating out of RYC?

Services Australia (Centrelink)



Services
Australia



Fortnightly Mondays from 20 October
1.30pm, 2pm, 2.30pm, 3pm

By appointment only



12 – 24 years

Bookings essential through RYC

Young people can access face-to-face support from a Services Australia representative at RYC. Sessions are held fortnightly and run for 30 minutes each.

To book an appointment, you must have:

Personal Identification

- Photo ID
- Drivers Licence
- Australian Passport

Customer Reference Number

A CRN number is the number you are assigned through Centrelink.

Youth Focus



Weekly during school terms

By appointment only



12 – 24 years

Referrals essential via Youth Focus directly

Youth Focus offers free in-person and online counselling at RYC for young people facing mental health challenges.

To access this service, contact Youth Focus directly at **youthfocus.com.au** or call **(08) 6266 4333**.

Additional Mental Health Resources

Need Help? You're Not Alone

The Rockingham Youth Centre is here to support young people, but we know that sometimes you might need help outside of our hours. If you're in an emergency or need urgent support, please reach out to the services below. There's always someone ready to listen and help.



🕒 24-hour support

☎ 13 92 76

24/7 national crisis, support line for Aboriginal and Torres Strait Islander people.



🕒 24-hour support

☎ 1300 224 636

Call 24/7 for advice, referral and support from a trained mental health professional.



🕒 24-hour support

☎ 1800 55 1800

24/7 private and confidential phone and online counselling for people aged 5 to 25.



🕒 24-hour support

☎ 13 11 14 / 0477 13 11 14

Call 24/7 for crisis support and suicide prevention services. Text support available



🕒 24-hour support

☎ 1300 659 467

24/7 free counselling and support for people at risk of suicide, carers and bereaved.



🕒 3pm – midnight local time

☎ 1800 184 527

Phone and online anonymous and free LGBTI peer support and referral.

City of Rockingham – Resources (all ages)

The City of Rockingham offers a range of programs and services beyond youth support. Explore the resources below to find information tailored to other age groups and community needs.

Family and Children

rockingham.wa.gov.au/familiesandchildren

People with Disability

rockingham.wa.gov.au/disability

First Nations Community

rockingham.wa.gov.au/firstnations

Seniors

rockingham.wa.gov.au/seniors

Education and Training

rockingham.wa.gov.au/education

Scholarships and Grants

rockingham.wa.gov.au/grants

City of Rockingham Events – All Ages

Stay up to date with events happening

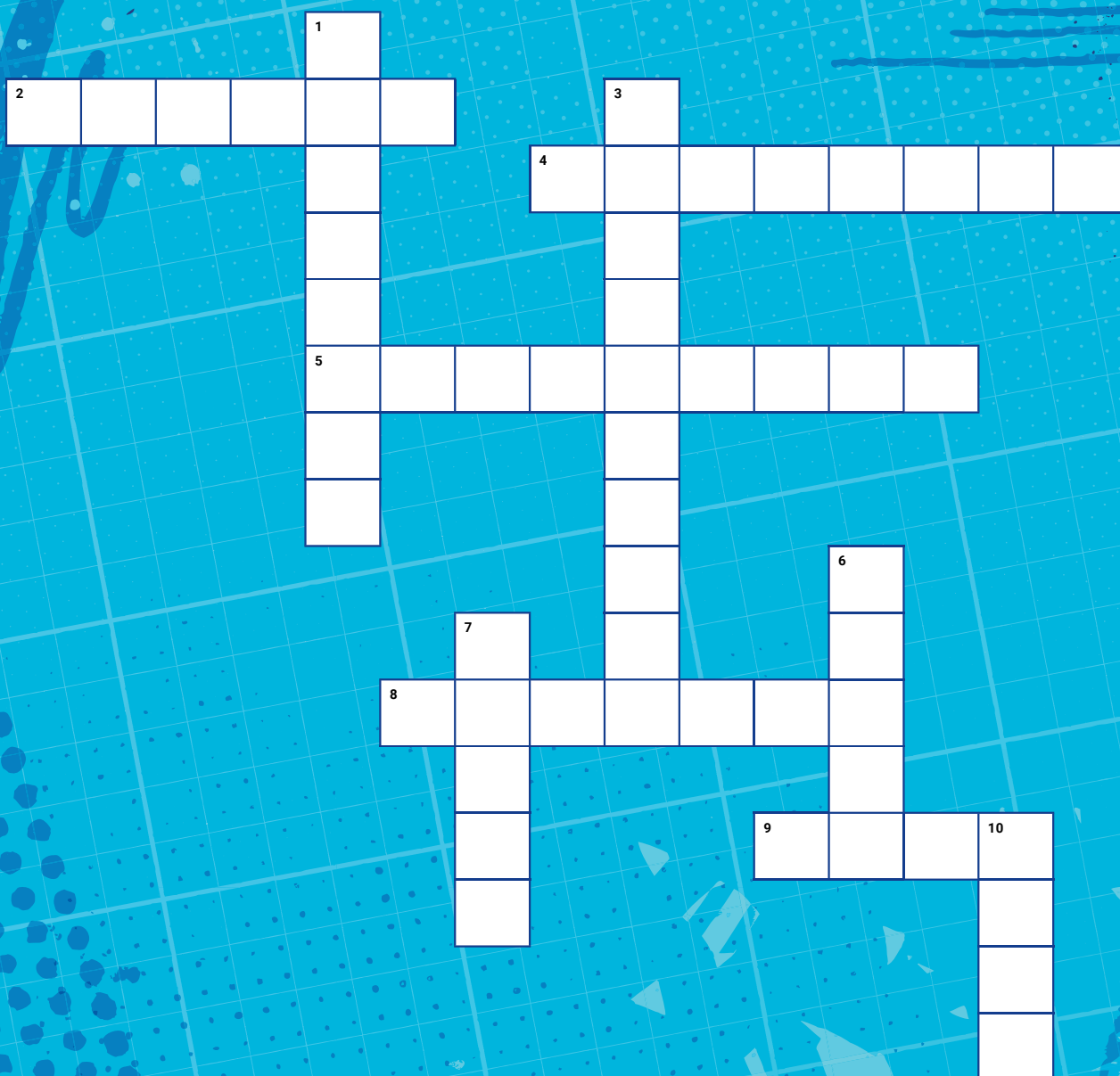
rockingham.wa.gov.au/whats-on



Notes

RYC CROSSWORD

Complete the crossword puzzle to uncover our theme and win a lucky dip prize. Get in quick – while prizes last.



Across

2. On which day of the week is 17+ held?
4. Young people are c...
5. Name one of our spring holidays activities
8. The name of our certified courses program
9. Acronym for our Youth Reference Group?

Down

1. One of our Thursday programs
3. The program for LGBTQIA+ young people held monthly on Fridays?
6. Name of the spring holiday program 'Candle Wax and ... Pats'
7. Name of the event held in January: 'Youth ... Party'
10. Name of our annual pride month event

All programs and events are free

Membership forms and registration required for participation in programs and events.

To register or to learn more please contact the Rockingham Youth Centre.

Monday to Friday | 10am - 5.30pm
20 MacKinnon Street, Rockingham

 **9591 0836**  **youthcentre@rockingham.wa.gov.au**

Check out the City of Rockingham website for more activities and events happening in Rockingham.



Sign up to the RYC newsletter to get updates on upcoming programs and events.

Get the latest news on the Rockingham Youth Centre by checking out our Instagram **@RockinghamYouthCentre**

