

# Training Workshops

## 2021

The City is committed to supporting local community organisations working with or alongside volunteers. To assist your organisation with upskilling and development, the City is offering a range of free professional development opportunities. So, if you are a not-for-profit, community group, a sporting club or just simply work with volunteers, you are invited to attend any (or all) of the upcoming workshops.

Places are limited and registrations are essential. To register, please contact the City of Rockingham on **9528 0333** or **customer@rockingham.wa.gov.au**

### July 2021

#### **Building Stronger, Connected Clubs**

Wednesday 21 July | 6pm – 8pm

Gary Holland Community Centre, 19 Kent Street, Rockingham

Are you looking to strengthen your membership numbers and increase volunteerism and ways to become more inclusive?

Join Inclusion Solutions for this practical workshop which show clubs and groups how to utilise the theories of social inclusion to build a strong, connected club that is reflective of their surrounding community.

### August 2021

#### **Managing Difficult Conversations**

Wednesday 11 August | 9.30am – 12.30pm

Gary Holland Community Centre, 19 Kent Street, Rockingham

Do you work in the community? Would you like to learn how best to deal with difficult conversations? Learn key tools and methods on how to communicate in uncomfortable situations.



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## September 2021

### **Building Leadership Skills**

Thursday 9 September | 1pm – 2.30pm

Gary Holland Community Centre, 19 Kent Street  
Rockingham

The workshop will provide attendees with information and practical tools on:

- Essential leadership qualities
- Understanding a range of communication styles
- Making hard decisions and recognising success.

### **Provide First Aid Training Course**

Saturday 11 September | 8.30am – 4.30pm

Baldivis South Community Centre, 13 Lamorak Way, Baldivis

A one day course that provides training of appropriate first aid procedures with participants obtaining a First Aid certificate upon completion.

### **Suicide 2 Hope**

Tuesday 14 September | 8am – 4pm

Baldivis South Community Centre, Grevillea Room, 13 Lamorak Way, Baldivis

For those currently working in a support role with persons previously at risk of suicide. The course assumes knowledge of suicide prevention skills.

## October 2021

### **Mental Health First Aid Standard (two days)**

Monday 4 and Tuesday 5 October | 8.30am – 4.30pm (both days)

Secret Harbour Community Centre, Multipurpose Room, 4 Oasis Drive, Secret Harbour

Simple, practical first aid skills for helping someone who is experiencing mental health challenges.

### **Mental Health First Aid Youth (two days)**

Tuesday 26 and Thursday 28 October | 8.30am – 4.30pm (both days)

Venue provided on registration

For adults who care for or work with adolescents in any setting. Simple, practical first aid skills for helping a young person who is experiencing mental health challenges.

Provides tools to help work collaboratively towards recovery and hope.

### **Dementia Australia: Assisting EDIE (Experience Dementia Immersive Experience)**

Thursday 16 September | 10am -12pm

Reception Room, City of Rockingham Administration, Civic Boulevard, Rockingham

Dementia Australia will give you a chance to see the world through the eyes of a person living with dementia using virtual reality technology.

Learn strategies to remove these barriers and communicate more effectively. Together we can make a more dementia friendly community where everyone feels comfortable and included.

### **Building a Resilient Club or Group**

Wednesday 13 October | 6pm - 8pm

Gary Holland Community Centre, Multipurpose Room, 19 Kent Street, Rockingham

The workshop will provide attendees with information and practical tools on:

- Effective club management – working together as a team
- The importance of collective leadership
- Building resilience – securing the future of your club
- Establishing planning as a standard club practice
- Succession planning - knowledge and skills retention
- Maintaining best practice – how to keep doing the things that will make your club great.





### **Provide First Aid Training Course**

Saturday 30 October | 8.30am – 4.30pm

Mary Davies Library and Community Centre, 17 Settlers Avenue, Baldivis

A one day course that provides training of appropriate first aid procedures with participants obtaining a First Aid certificate upon completion.

## **November 2021**

### **Step into Volunteering**

Wednesday 3 November | 3.30pm - 4.30pm

Rockingham Youth Centre, 20 MacKinnon Street, Rockingham

This workshop is for City of Rockingham Young People aged 16 to 24 years and will provide information on:

- The benefits of volunteering
- How to find the right volunteering position
- Identifying the skills that you have to contribute
- Services and assistance that the Rockingham Volunteer Centre provides
- Rights and responsibilities of volunteers and organisations working with volunteers
- Local organisations will be available to discuss current volunteering opportunities.

### **Activate Your Community on Social Media**

Wednesday 10 November | 6pm - 7.30pm

Carnaby Hall, Mary Davies Library and Community Centre, 17 Settlers Avenue, Baldivis

Learn how to build an active and supportive community ready to help you achieve your organisation's goals.

The workshop will provide attendees with information and practical tools on the three pillars of social media:

- Where - which social media platforms to use and why you'd choose them
- Who - understanding who they are talking to and your own organisations voice
- What - a simple model for creating effective social media content.

### **Grants Information Session**

Wednesday 3 November | 1pm - 3pm

Carnaby Hall, Mary Davies Library and Community Centre, 17 Settlers Avenue, Baldivis

Come learn about different grants and funding available from a variety of different funding providers.

### **ASIST (two days)**

Wednesday 10 and Thursday 11 November | 9am - 5pm (both days)

Gary Holland Community Centre, Multipurpose Room, 19 Kent Street, Rockingham

Two day intensive suicide identification and prevention training.

## **Rockingham Youth Centre**

Are you aged between 12 and 24 and looking to participate in training or learn new skills? Check out [rockingham.wa.gov.au/youth](https://rockingham.wa.gov.au/youth) for more information on the upcoming events and activities at the Rockingham Youth Centre.

## **Rockingham Libraries**

There are also a great range of workshops and groups held at each of the four City libraries. For more information and the current schedule please head to [rockingham.wa.gov.au/libraries](https://rockingham.wa.gov.au/libraries).

