

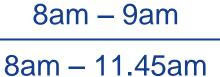


Activity

Room

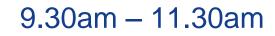


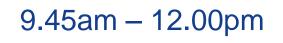
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1pm - 3.45pm

12pm - 3.50pm

1pm - 3.30pm

1pm - 3.30pm

1.30 pm - 2.30 pm

3pm – 4pm

6pm – 9pm

Chi Ball
Painting for Pleasure
Weight Busters
Pool
New Vogue Dance
Crochet/Knitting
Yoga
Bingo
Snooker
Crochet/Knitting

Gentle Yoga
Tai Chi
Table Tennis (Social)

(Beginners)

China Painting

Main Hall
Wet Craft Room
Dry Craft Room
Games Room
Main Hall
Dry Craft Room
Main Hall



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Wet Craft Room

Main Hall

Main Hall

Main Hall



For any questions please see staff





