

Friday Activities

What's On

Times	Activity	Room
8am – 12pm	Crafty Friends	Wet Craft Room
8.15am – 9.15am	Tai Chi	Main Hall
9am – 12pm	Mahjong	Dry Craft Room
9.30am – 10.30am	Aerobics	Main Hall
10.45am – 11.45am	Empowered	Main Hall
12pm – 3.50pm	Snooker	Games Room
1pm – 3.45pm	Bingo	Main Hall
5.30pm – 6.30pm	New Vogue Dancing Beginners Lessons	Main Hall
7pm – 9.30pm Alternate Fridays see noticeboard	New Vogue Dance	Main Hall

**For Special Events, please check the notice board located
opposite the Admin Office**

For any questions please see staff



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