



Christmas and New Year 2024/2025 Autumn Centre Groups Finish and Start Dates

Activity	Finish	Start
Aerobics and Functional Movement	20 December	24 January
Alzheimers Support	11 December	12 February
Ballroom Dancing (Nino's dancing)	10 December	4 February
Bingo	16 December	17 January
Book Club	11 December	8 January
Boxercize and Functional Movement	17 December	14 January
Bowen Therapies	17 December	14 January
Bowls Carpet (Wednesday)	18 December	8 January
Bowls Carpet (Thursday)	19 December	2 January
Bowls Carpet (Sunday)	1 December	5 January
Card Making	18 December	8 January
Chi Ball	9 December	6 January
Core Flow	10 December	7 January
China Painting	16 December	3 February
CJ's Line Dancing	7 December	4 January
Crafty Friends (Thursday)	19 December	2 January
Crafty Friends (Friday)	20 December	10 January
Crochet and Knitting (Monday am)	16 December	6 January
Crochet and Patchwork (Wednesday)	11 December	15 January
Crochet/Knitting (Monday pm)	16 December	6 January
Croquet	21 December	4 January
Darts	19 December	8 January
Friendlies cuppa	4 December	8 January
Golf Croquet	19 December	2 January
Hairdressers	20 December	13 January
Machine Embroidery	19 December	2 January
Mahjong	20 December	2 January
Massage Therapist	20 December	7 February
Meditation	18 December	5 February





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Activity	Finish	Start
Mosaics	18 December	8 January
New Vogue Dance (Monday am)	16 December	3 February
New Vogue Dance (Saturday eve)	14 December	1 February
New Vogue Dance beginners lessons and dance (Friday eve)	6 December	7 February
Singers	19 December	2 January
Painting for Pleasure	16 December	6 January
Parkinson's Support	No December meeting	9 January
Physiotherapy	4 December	15 January
Playbacks	5 December	30 January
Podiatry	16 December	6 January
Rocky Micro Flyers	15 December	5 January
Scrabble and Rummiking	17 December	7 January
Scrapbooking	17 December	7 January
Sewing for Pleasure	14 December	4 January
Singers	17 December	28 January
Snooker/Pool/Darts	20 December	2 January
Spanish Conversation	29 November	N/A
Stretch and Strength	19 December	16 January
Switched on Seniors	17 December	28 January
Tai Chi	6 December	6 January
Table Tennis (Monday eve)	16 December	6 January
Table Tennis (Tuesday pm)	17 December	2 January
Table Tennis (Wednesday eve)	18 December	8 January
Travel Buddies	10 December	7 January
Ukulele Playing Group	14 December	4 January
Weight Busters	16 December	20 January
Yoga (Wednesday eve)	4 December	8 January
Yoga (Monday am and pm)	16 December	6 January

