Free activities for everyone

Illuminate, Uplift, Transform

Celebrating International Day of People with Disability 2024











Join us for a range of free inclusive activities in celebration of International Day of People with Disability (IDPWD).



25 November to 8 December



Various locations across the Cities of Rockingham and Kwinana

Key/Legend



Education/Disability Awareness



Life Skills



Employment/Microenterprises



Sport/Fitness



Accessible Tech/Games



Children's Activities



Rockingham Youth Centre

Event Information

All activities in this guide are free but bookings are essential (unless stated otherwise).

Registrations

You can register for all events in the City of Rockingham on the City of Rockingham website:



male rockingham.wa.gov.au/idpwd



If you need help to register contact:



4 9528 0333



customer@rockingham.wa.gov.au

You can register for all events in the City of Kwinana on the City of Kwinana website:



kwinana.wa.gov.au/whatson



If you need help to register contact:



4 9439 0200



customer@kwinana.wa.gov.au

Author Talk: Tracey Hicks

Children's Author Tracey Hicks is visiting the library. Come and learn about her journey as a self-published writer and how her experience living with Spina Bifida has influenced her to write about acceptance and overcoming adversity.



11am – 12pm, Tuesday 26 November



Marnbro Community Library 2 Swallowtail Parade, Warnbro



Talking About Autism with Jayelan Lee

For the first 10 years of his life, autism advocate Jayelan Lee was trapped in silence.

Come and join this intelligent young man in his quest to be heard and share his truths about living with autism, and the power of finding his voice in this unique and deeply personal presentation.





10am - 11am, Saturday 30 November



Safety Bay Library 197 Safety Bay Road, Safety Bay



Sparkles Film Viewing

Join us for a viewing of the award winning short film, Sparkles, followed by a question time with the film's writer and star Tina Fielding. Tina is a talented local woman who identifies as living with a disability and as a member of the LGBTQIA+ community.



2pm - 3pm, Sunday 1 December



Gary Holland Community Centre 19 Kent Street, Rockingham



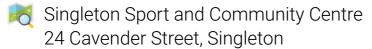


Discover the art of repairing and repurposing clothes with Margie from Women at One Inc. As an autistic woman, Margie brings her unique creativity to textile crafts, driven by a passion for fostering connection among creative neurodiverse women.

Beginners Sewing

Master five easy styling hacks using simple hand stitches. Bring along a clothing item you love but no longer wear (perhaps it's too big, too small or is the wrong shape).

















Sustainable Styling

Explore how to make your wardrobe work for you, finding fits and materials that suit your body and make you feel fabulous.



6pm - 8pm, Thursday 28 November



Gary Holland Community Centre 19 Kent Street, Rockingham





10am - 12pm, Monday 2 December



Singleton Sport and Community Centre 24 Cavender Street, Singleton





These workshops are for people with disability interested in finding meaningful work. They offer tailored help and hands-on experience.

Discovery – Explore Employment

Find your strengths and interests to explore what work could look like for you, whether it's adapting a job or starting your own small business.





Microenterprise Product Creation

Session one:

Learn to make natural, chemical-free lip balm and sugar scrub. Keep your creations and take-home instructions.



12pm – 2pm, Tuesday 3 December



Mary Davies Library and Community Centre 17 Settlers Avenue, Baldivis



Session two:

Create polymer clay jewellery and natural beard balm. Keep your products and take-home instructions.



4pm - 6pm, Tuesday 3 December



Secret Harbour Community Centre 4 Oasis Drive, Secret Harbour



Pop-up stalls of handmade goods crafted by people with disability and carers.

Come down to the shopping centre to support local microenterprises.





Thursday 28 November – Sunday 1 December



Rockingham Centre 1 Council Avenue, Rockingham





Tuesday 3 December – Saturday 7 December



Secret Harbour Square 420 Secret Harbour Boulevard and Corner Warnbro Sound Avenue, Secret Harbour





Wednesday 4 – Sunday 8 December



Warnbro Shopping Centre 206 Warnbro Sound Avenue, Warnbro



Interested in holding a stall? visit rockingham.wa.gov.au/inclusiveevents

Sensory Escapades to 'Generate Joy'

Experience music, movement, and colour as you explore your senses. Led by Dr. Janet Halpin, who brings expertise in drama, education, and neuroscience, along with her lived experience of partial sight loss, this workshop offers unique ways to generate joy.



10am – 12pm, Monday 25 November



🦱 Ken Jackman Hall, Darius Wells Centre 2 Robbos Way, Kwinana Town Centre





10am – 12pm, Wednesday 4 December



Gary Holland Community Centre 19 Kent Street, Rockingham



Lifespan Dance Class

This all abilities class will be a creative, joyful and inspired dance class with a sense of fun.

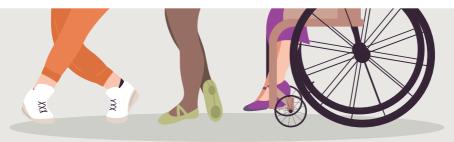


9.30am - 11.30am, Tuesday 3 December



Koorliny Arts Centre 10 Hutchins Way, Kwinana Town Centre





Try out local inclusive sport and fitness programs for people with disability.

'Come and Try' All Abilities Basketball

Play ball in a fun, competitive environment with Bizlink Flames.



5.30pm - 7.30pm, Tuesday 26 November



Mike Barnett Sports Complex, Dixon Road and Goddard Street, Rockingham



'Come and Try' Tennis4All Barbeque

Join South Mandurah Tennis Club for a low-impact tennis session and social barbeque.

Blind and low vision session:



9.30am – 10am, Wednesday 27 November



Baldivis Tennis Club 6171 Fifty Road, Baldivis



Intellectual disability session:



10am – 11am, Wednesday 27 November



🔀 Baldivis Tennis Club 6171 Fifty Road, Baldivis





'Come and Try' AJ Connect

Enjoy a session of exercise and games at the gym, followed by a social chat at the canteen. Drink vouchers included.



4pm - 5.30pm, Wednesday 27 November



Aqua Jetty Warnbro Sound Avenue, Warnbro



Ages: 12 to 25 Must be with a carer or support person



All Abilities Cooking – Grow Cook Eat

Discover the joy of cooking in a fun, inclusive environment.



10am – 12.30pm, Wednesday 27 November



栲 Ken Jackman Hall, Darius Wells Centre 2 Robbos Way, Kwinana Town Centre



nom! All Abilities Cooking

Learn to plan and cook healthy meals with easy, tasty recipes and enjoy the meal you've prepared.



🚞 2pm – 4pm, Monday 2 December



Mary Davies Library and Community Centre 17 Settlers Avenue. Baldivis



Microgreens Gardening Workshop

Learn about microgreens, their benefits, and growing tips. Enjoy giveaways and take home the tray you plant.



Armchair Travel

From the comfort of an armchair, travel with us around the world through the use of virtual reality, thanks to SilVR.



10am - 11.30am, Friday 29 November



Rockingham Library Dixon Road, Rockingham





10am – 11.30am, Monday 1 December



Rockingham Library Dixon Road, Rockingham



'Magic Table' Games

Experience the magic of Tovertafel, an interactive games system designed to be accessible for people living with dementia and people with intellectual disability, but fun for all



Under 5's Sensory STEAM Lab

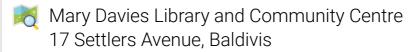
Enjoy a range of engaging, tactile, sensory activities including bubbles, play dough, sand and more.







🛗 10.30am – 11.30am, Wednesday 4 December







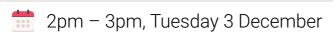
LEGO Playtime

Join us for LEGO Playtime sessions in different sensory environments at Kwinana Public Library. All ages and abilities are welcome

Sensory avoidant session times:



Darius Wells Library 2 Robbos Way, Kwinana Town Centre



Darius Wells Library 2 Robbos Way, Kwinana Town Centre

Sensory seeking session times:

2pm - 3pm, Friday 29 November

Darius Wells Library 2 Robbos Way, Kwinana Town Centre

2pm - 3pm, Thursday 5 December

Darius Wells Library 2 Robbos Way, Kwinana Town Centre















STEAM Lab Special: Animal Companions

Animal Companions WA and their furry friends will be visiting the library. Learn about how therapy and assistance animals support people with disability.



3.45pm - 4.45pm, Wednesday 27 November



Safety Bay Library 197 Safety Bay Road, Safety Bay





3.45pm – 4.45pm, Thursday 28 November



Marnbro Community Library 2 Swallowtail Parade. Warnbro



Story Time Special: IDPWD

Join us for a special story time with Children's author Tracey Hicks, sharing inclusive stories which highlight the strength and diversity of people with disability.





10am – 10.45am, Tuesday 26 November



Warnbro Community Library 2 Swallowtail Parade, Warnbro





10.30am - 11.15am, Tuesday 3 December



🔀 Safety Bay Library 197 Safety Bay Road, Safety Bay



RYC Hangout

Connect through art and learn Auslan as we explore the themes of disability, community and identity at this week's Hangout session.



2.30pm – 6.30pm, Thursday 5 December



Rockingham Youth Centre 20 MacKinnon Street, Rockingham





Student artwork from Malibu School and Warnbro Community High School Education Support Centre will be displayed at locations across the community.

For more information visit rockingham.wa.gov.au/idpwd

Get in touch if you have any accessibility requirements you would like to discuss.

For more information or to register:













4 9439 0200



