

Weekly Schedule for Food and Basic Needs

Rockingham has many local services that can provide food and basic needs.
Below is where and when help is available.

Monday	9am - 12pm	Coastal District Care Centre	Food hampers (health care card required).
	9.30am – 12pm	Vinnies WA	Food, clothing, furniture and bill support (phone for an appointment).
	10am – 12.30pm	The Crew	Meal, showers, and laundry. Meal served at 11am.
	1.30pm – 2.30pm	Youth on Fire	Food relief including fresh fruit and vegetables.
Tuesday	9am – 1pm	The Salvation Army	Food hampers, showers, laundry, bread, light lunch and WIFI.
	4.30pm - 6pm	ADRA Café	Hot food, take away and clothing.
Wednesday	9am - 12pm	Coastal District Care Centre	Food hampers (health care card required).
	9am - 1pm	The Salvation Army	Community lunch, food hampers, showers, bread, Foodbank and WIFI.
	10am – 12.30pm	Happy Pantry	Food parcels and fresh produce (small fee may apply).
	10.30am – 12pm	Vinnies WA	Food, clothing, furniture and bill support (phone for an appointment).
	4pm – 5.30pm	FABBQ	Community barbeque.
Thursday	9.30am – 11.30am	The Crew	Toasties, showers, and laundry.
	9.30am – 12pm	Vinnies WA	Food, clothing, furniture and bill support (phone for an appointment).
	10am – 12:30pm	Happy Pantry	Food parcels and fresh produce (small fee may apply).
	*Mobile Service	ADRA Mobile	Takeaway hot soup and food.
Friday	9am - 12pm	Costal District Care Centre	Food hampers (health care card required).
	9am – 1pm	The Salvation Army	Refreshments, showers, laundry, bread Foodbank and WIFI.
	9.30am – 10.30am	Youth on Fire	Food relief including fresh fruit and vegetables.
	10am - 1pm	The Crew	Food hampers and clothing.
	10am - 1pm	St Brendan’s Homeless Respite	Hot sit down meal and dessert, fresh produce, laundry, clothing and showers.
Saturday	10am – 12pm	Happy Pantry	Food parcels and fresh produce (small fee may apply).
Sunday	*Mobile Service	S.O.U.L Soup by The Crew	Free hot meals.



*For Mobile Service and other service information, please see back page. Some services may have requirements, for example a health card. You should contact the service directly to check if they will be able to assist.

March 2025

Emergency Relief Services

WA Connect

An online directory of Community services in Western Australia. The platform can help you or someone you know find assistance in your local area.

waconnect.org.au/

ADRA Café

21 Wanliss Street, Rockingham

Anglicare WA

No interest loans and financial counselling.
9528 0702

8.30am – 4pm

Emergency relief, food bank and vouchers (out of area).

1800 979 777

Monday to Friday 9.30am – 5pm

Coastal District Care Centre

Unit 4, 6 Leghorn Street, Rockingham

roogirl3@live.com.au

0416 413 849

FABBQ

Friends at the beach for people in need.

Governor Reserve, Rockingham

0417 524 009 (Ris)

0409 889 826 (Craig)

Wednesday 4pm – 5.30pm

Feed it Forward

Food relief including fresh fruit and vegetables, requested through their

[Facebook](#) or [website](#).



Foodbank WA

1800 979 777

Monday to Friday 9.30am – 5pm

foodbank.org.au/?state=wa

Mobile Service *

Sunday - S.O.U.L Soup by The Crew

Thursday - ADRA Mobile Kitchen

4.50pm - Corner Lake Street and Safety Bay Road

5.10pm – Governor Road Reserve

5.30pm – Rockingham Skate Park

5.45pm – Anniversary Park

6.10pm – BP Petrol Station, Dixon Road

6.30pm – Behind Petro Fuel, corner Mandurah Rd and Fifty Rd, Baldivis.

Happy Pantry

Food relief parcels and fresh produce.

A small fee may apply.

550 St Albans Road, Baldivis

happypantry@outlook.com

0478 757 155

happypantry.org.au/

St Brendan's Homeless Respite

Sit down hot meal and dessert, fresh produce, laundry, clothing and showers.

The Guide Hall, Watts Road, Safety Bay

The Crew

Food hampers, hot meals, showers and laundry.

5 Cessnock Way, Rockingham

rockingham@thecrew.org.au



The Salvation Army

Community light lunch, food hampers, showers, laundry, bread, and WIFI.
Corner Willmott Drive and Read Street, Cooloongup

rockingham@salvationarmy.org.au

1800 722 363 or 9527 3460

Vinnies WA

Financial counselling, food, clothing, furniture and bill support. Please phone Vinnies for an appointment.

Unit 1/14 Livingstone Road, Rockingham
9592 7816

Youth On Fire

Food relief including fresh fruit and vegetables.

3 Cessnock Way, Rockingham



Scan this QR Code to see the updated resource online, as services details may have changed since printing.

**An initiative by the
Rockingham Emergency
Relief Network**



Supported by
city of
Rockingham