

# Weekly Schedule for Food and Basic Needs

Rockingham has many local services that can provide food and basic needs.  
Below is where and when help is available.

<b>Monday</b>	9am - 12pm	Coastal District Care Centre	Food hampers (health care card required).
	9.30am – 12pm	Vinnies WA	Food, clothing, furniture and bill support (phone for an appointment).
	10am - 1pm	The Crew 	Hot meal, coffee and morning tea, clothing, showers, and laundry.
	1.30pm - 3pm	Youth on Fire	Food relief including fresh fruit and vegetables.
<b>Tuesday</b>	9am – 1pm	The Salvation Army	Food hampers, showers, laundry, bread, toasties and WIFI.
	4.30pm - 6pm	ADRA Café	Hot food, take away and clothing.
<b>Wednesday</b>	9am - 12pm	Coastal District Care Centre	Food hampers (health care card required).
	9am - 1pm	The Salvation Army	Community lunch, food hampers, showers, bread, and WIFI.
	10am – 12.30pm	Happy Pantry	Food parcels and fresh produce.
	10.30am – 12.30pm	Vinnies WA	Food, clothing, furniture and bill support (phone for an appointment).
	4.30pm – 6pm	FABBQ	Community barbeque.
<b>Thursday</b>	By appointment only	Rockingham Street Chaplain Inc.	Food hampers.
	9.30am – 12pm	Vinnies WA	Food, clothing, furniture and bill support (phone for an appointment).
	9.30am – 12:30pm	Happy Pantry	Food parcels and fresh produce.
	12.30pm – 4.30pm	Glavocich Produce	Value veggie box \$25. Place an order through their <a href="#">website</a> .
	Mobile Service*		Takeaway hot soup and food.
<b>Friday</b>	9am - 12pm	Costal District Care Centre	Food hampers (health care card required).
	9am – 1pm	The Salvation Army 	Food hampers, showers, laundry, bread, toasties and WIFI.
	9.30am - 1pm	Youth on Fire	Food relief including fresh fruit and vegetables.
	10am - 1pm	The Crew	Food hampers and clothing.
	10am - 1pm	St Brendan's Homeless Respite	Hot sit down meal and dessert, fresh produce, laundry, and showers.
<b>Saturday</b>	Closed.		Service currently not operating
<b>Sunday</b>	Mobile Service*		Free hot meals.

Some services may have requirements, for example a health card. You should contact the service directly to check if they will be able to assist. **\*See more information on the back page\***

January 2024

# Emergency Relief Services

## WA Connect

An online directory of Community services in Western Australia. The platform can help you or someone you know find assistance in your local area.

<https://waconnect.org.au/>

## ADRA Café

21 Wanliss Street, Rockingham



## Anglicare WA

No interest loans and financial counselling.

14 Council Ave, Rockingham

9528 0702

Monday to Friday 8.30am – 4.30pm

## Coastal District Care Centre

Unit 4, 6 Leghorn Street, Rockingham

[roogirl3@live.com.au](mailto:roogirl3@live.com.au)

0416 413 849

## FABBO

Friends at the beach for homeless and needy.

Governor Reserve, Rockingham

0417 524 009 (Ris)

0409 889 826 (Craig)

Wednesday 4.30pm

## Feed it Forward

Food relief including fresh fruit and vegetables, requested through their

[Facebook](#) or [website](#).

## Foodbank WA

1800 979 777

Monday to Friday 9.30am – 5pm



## Glavocich Produce

Value veggie box costing \$25, pick up.

Order via [www.glavocichproduce.com.au](http://www.glavocichproduce.com.au)

## Happy Pantry

Food relief parcels and fresh produce for a \$30 annual membership.

550 St Albans Road, Baldivis

[happypantry@outlook.com](mailto:happypantry@outlook.com)

0478 757 155



## **Mobile Service \***

Sunday - S.O.U.L Soup by The Crew

Thursday - ADRA Mobile Kitchen

4.50pm - Corner Lake and Safety Bay Road

5.10pm – Naval Memorial Park

5.30pm – PCYC Skate Park

5.45pm – Anniversary Park

6.10pm – Corner Evinrude Bend and Dixon Road

6.30pm – Lakeside Caravan Park

## Rockingham Street Chaplain Inc.

Text Pastor Jamie (0427427316) on

Wednesday between 12pm – 7pm for an appointment.

## St Brendan's Homeless Respite

Sit down hot meal and dessert, fresh produce, laundry, and showers.

The Guide Hall, Watts Road, Safety Bay



## The Crew

Food hampers, hot meals, showers and laundry.

5 Cessnock Way, Rockingham

[rockingham@thecrew.org.au](mailto:rockingham@thecrew.org.au)



## The Salvation Army

Community lunch or toasties, food hampers, showers, laundry, bread, and WIFI.

Corner Willmott Drive and Read Street, Cooloongup

[rockingham@salvationarmy.org.au](mailto:rockingham@salvationarmy.org.au)

1800 722 363 or 9527 3460

## Vinnies WA

Financial counselling, food, clothing, furniture and bill support. Please phone Vinnies for an appointment.

Unit 1/14 Livingstone Road, Rockingham  
9592 7816

## Youth On Fire

Food relief including fresh fruit and vegetables.

3 Cessnock Way, Rockingham



An initiative by the  
**Rockingham Emergency  
Relief Network**

