# Community Support Services Directory







where the coast comes to life

### DISCLAIMER

In compiling the information contained in this Directory, the City of Rockingham has used its best endeavours to ensure that the information is correct and current at the time of publication but takes no responsibility for any error, omission or defect therein.

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Foyer Oxford	1800 185 685
MercyCare	9442 3444
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# **COMMUNITY SUPPORT SERVICES**

Anglicare WA	9528 0702
Babbingur Mia	9550 0900
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City of Rockingham	9528 0333
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Freedom Centre	9228 0354
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My Aged Care	1800 200 422
NGALA	9368 9368
Palmerston	9550 9200
Relationships Australia	1300 364 277
South Coastal Health and	
Community Services	9550 0900

# DISABILITY

ACTIV Rockingham	9527 4222
Department of Communities	
(Disabilities)	1800 998 214
People with Disabilities	9485 8900
SMP lifeskills2work	1300 100 767

# **EDUCATION, EMPLOYMENT AND TRAINING**

Department of Education	9264 4111
Fremantle Peel District Education Office	9336 9563
Mission Employment	9592 1533
SMYL Community College	9550 9400
SMYL Community Services	9592 1552
South Metropolitan TAFE	1800 001 001
Strategix College	9527 6553

# **EMERGENCY MENTAL HEALTH**

Kids Helpline	1800 551 800
Lifeline	131 114
Mental Health Emergency Response Line	1300 555 788
Rockingham Kwinana CAMHS	9528 0555
Rockingham Kwinana Adult Mental Health	9528 0600
Rockingham Emergency Department	9599 4000
Suicide Call Back Service	1300 659 467
Sexual Assault Resource Centre	1800 199 888
The Samaritans Crisis Youth Line	9388 2500

#### EMERGENCY RELIEF AND FINANCIAL ASSISTANCE

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The C.R.E.W	9592 4648
The Salvation Army	9527 3460

# FAMILY DOMESTIC VIOLENCE

Department of Community Services	9527 0100
FAAST (South Coastal Health and Community Services)	9550 0900
Lucy Saw Women's Refuge	9527 6872
Men's Domestic Violence Helpline	1800 000 599
Rockingham Family Violence Service	9592 4018
Rockingham Police Station	9528 8000
Women's Domestic Violence Helpline	1800 007 339

# **LEGAL ISSUES**

Citizen's Advice Bureau	9527 6671
Department of Corrective Services	13 12 17
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# Accommodation

# **Access Housing**

Office 4 Stevenson Street MANDURAH WA 6210

Tel: 9534 0400 | Fax: 9583 5173

Email: mandurah@accesshousing.org.au

**Provides:** Tenancy and property management community housing. Affordable housing property development.

# Armadale Youth Accommodation Service

Beacon Road PARKERVILLE WA 6081

Tel: 9497 1351 | Fax: 9399 9466

Email: ayas@parkerville.org.au

**Provides:** Crisis accommodation for 15-20 year olds. Maximum stay three months.

# **Calvary Youth Services Mandurah Inc.**

40 Sutton Street MANDURAH WA 6210

Tel: 9581 1741 | Fax: 9535 5874

Email: admin@calvaryyouth.com.au

**Provides:** Medium - long term externally supported accommodation (6-9 months) for 16-25 year olds exiting crisis centre.

# **Crisis Care Unit**

Tel: 9223 1111 | Fax: 9223 1184 Free Call: 1800 199 008

**Provides:** Assistance with crisis accommodation after 5pm.

# **Department of Communities (Housing)**

2 Sidworthy Way KWINANA WA 6167

Tel: 9411 9500 | Fax: 9411 9513

Email: Kwinana@housing.wa.gov.au

Website: www.housing.wa.gov.au

**Provides:** Public Housing, accommodation, affordable housing options, land development, shared home ownership, keystart loans, and homeless advice.

# **Entrypoint Perth**

Tel: 6496 0001 | Tel: 1800 065 892 Website: www.entrypointperth.com.au Provides: Homelessness advice

# **Foyer Oxford**

196 Oxford Street LEEDERVILLE Tel: 1800 185 685 Email: hello@foyeroxford.org.au

Website: www.oxfordfoyer.com.au

**Provides:** Helps disadvantaged young people (16-23 year olds) to get back on their feet, obtain qualifications, find a job and a permanent home.

# **Fremantle Multicultural Centre**

#### **Crisis Accommodation Program**

241-243 High Street FREMANTLE WA 6168

Tel: 9336 8282

Website: www.fmcwa.com.au

**Provides:** Support to Culturally and Linguistically Diverse (CaLD) people affected by mental illness and their families. Work closely with mental health and other service providers.



#### MercyCare

18 Barrett Street WEMBLEY WA 6014

Tel: 9442 3444 | Fax: 6380 1409

Website: www.mercycare.com.au

**Provides:** Support for young people to obtain accommodation types (18-25 year olds). Outreach support, parenting support (18-25 year olds homeless).

#### **Passages Resource Centre**

20 Davey Street MANDURAH WA 6210

Tel: 9583 5160

Email: passages.peel@svdpwa.org.au

**Provides:** Practical assistance and support to 12-25 year olds in regard to youth homelessness.

# Rockingham Women's Refuge - Lucy Saw Refuge Centre

Tel: 9527 6872 | Fax: 9528 3510

**Provides:** Accommodation, support, information and referrals for women and children escaping domestic violence.

#### **YES! Housing (Anglicare)**

Tel: 9263 2009 | Tel: 0409 112 309

Email: yeshousingduty@anglicarewa.org.au

Website: www.anglicarewa.org.au/youth

**Provides:** Assists young people who are homeless or at imminent risk of homelessness and are capable of living independently or willing to learn to live independently. Only 15-17 year olds can be assessed for housing within a public housing property with the Department of Housing.

## **Youth Place (St Pats)**

94 South Terrace FREMANTLE WA 6160

Tel: 9433 4236

Website: www.youthfutureswa.org/youthplace

**Provides:** Assists young people (15-25 year olds) who are single, a couple or a young family who are homeless or at risk of homelessness and have barriers that prevent them from being a valued member of the community.

#### Y-Shac (24 HOUR CRISIS SERVICE)

9 Jecks Street ROCKINGHAM WA 6168

Tel: 9523 3400

Email: yshac.rockingham@anglicarewa.org.au

246 Spearwood Avenue SPEARWOOD WA 6163

Tel: 9412 0673

Email: yshac.spearwood@anglicarewa.org.au

Website: www.anglicarewa.org.au

**Provides:** Safe and affordable crisis accommodation for 15-20 year olds at risk of homelessness. Also provides independent living program 15-20 year olds (interviews and assessment required).

# **Y-Shac Transitional Units**

9 Jecks Street ROCKINGHAM WA 6168

**Tel:** 9523 3400 | **Fax:** 9523 3455

Email: yshac.rockingham@anglicarewa.org.au

Website: www.anglicarewa.org.au

**Provides:** Assistance to obtain independent housing for 16-25 year olds needing ongoing support.

# **Community Support Services**

# **AdvoCare**

The Perron Centre 61 Kitchener Avenue VICTORIA PARK WA 6100

Tel: 9479 7566

Elder Abuse Hotline: 1300 724 679

Email: rights@advocare.org.au

Website: www.advocare.org.au

**Provides:** Elder abuse helpline with free, confidential information and support.

# **Aged Care Lists WA**

Website: www.agedcare.health.gov.au Provides: list of service providers available for Aged Care.

# Aged Care Assessment Team (ACAT)

Rockingham Peel Tel: 9599 4517 | Tel: 1300 785 415 Email: rockinghampeelacat@health.wa.gov.au Provides: Information and support.

### **AIDS Council of WA**

664 Murray Street PERTH WA 6005 Tel: 9482 0000 | Fax: 9482 0001 Information Line: 9482 0044 M Clinic: 9227 0734 Freedom Centre: 9228 0354 FreoXchange: 9335 3617 Monday to Friday 8.30am - 5pm Website: www.waaids.com Provides: Educational information, support group for people with HIV/AIDS.

# **Allambee Counselling Inc**

PO Box 442 MANDURAH WA 6120 Tel: 9535 8263 | Fax: 9535 3869 Email: help@allambee.org.au Website: www.allambee.org.au

**Provides:** Counselling and support for sexual abuse/assault and family violence for the Peel area.

# **Alcohol & Drug Information Service**

Tel: 9442 5000 | Fax: 9442 5020 Free Call: 1800 198 024 Website: www.dao.health.wa.gov.au Provides: Confidential telephone counselling, referral service 24/7.

# **Alzheimer's Australia**

**Head Office** 

55 Walters Drive OSBORNE PARK WA 6017

Tel: 9388 2800 | Fax: 9388 2739

Email: alzwa@alzheimers.org.au

#### Mandurah - Regional Branch

Ella's House 11 Candelo Loop GREENFIELDS WA 6210

Tel: 9535 8772 Email: alz@alzheimers.org.au Tel: 1800 100 500 (National Dementia Helpline) Website: www.wa.fightdementia.org.au Provides: Information and support.



# **Anglicare Financial Counselling**

St Nicholas Community Centre 14 Council Avenue ROCKINGHAM WA 6168

Tel: 9528 0702 | Fax: 9528 0755

Email: rockinghamreception@anglicarewa.org.au

Website: www.anglicarewa.org.au

Provides: Financial counselling.

# **Anglicare WA Relationship Counselling**

St Nicholas Community Centre 14 Council Avenue ROCKINGHAM WA 6168

Tel: 9528 0702 | Fax: 9528 0755

Email: rockinghamreception@anglicarewa.org.au

Website: www.anglicarewa.org.au

**Provides:** Free, individual or group counselling available to help young people experiencing the separation of their parents.

### **ARBOR and CYPRESS**

St Nicholas Community Centre 14 Council Avenue ROCKINGHAM WA 6168

Tel: 9528 0702 | Fax: 9528 0755

Email: rockinghamreception@anglicarewa.org.au

Website: www.anglicarewa.org.au

**Provides:** Offers short-medium term counselling, referral, volunteer peer support and support groups to people who have lost loved ones to suicide.

### **Australian Hearing**

Ameer Street and Clifton Street ROCKINGHAM WA 6168

Tel: 9591 5400

Website: www.ahcentres.com.au

Provides: Information and support.

#### **Autumn Centre**

McNicholl Street ROCKINGHAM WA 6168

Tel: 9528 8560

Email: customer@rockingham.wa.gov.au

Website: www.rockingham.wa.gov.au/Facilities/ Autumn-Centre

**Provides:** A welcoming space for people over the age of 50 years (or over 18 years for people with disability) to socialise, access leisure and educational activities, support groups and pursue personal interests.

# **Babbingur Mia**

61 Council Avenue ROCKINGHAM WA 6168

Tel: 9550 0900 | Fax: 9591 1860

Website: www.southcoastal.org.au

**Provides:** The service employs experienced and qualified Aboriginal Health Workers, a GP, a Child Health Nurse and a Midwife, as well as:

- Primary health care
- Free chronic disease management
- Maternal health services
- Advice on nutrition and exercise
- Diabetes workshops and information days
- Smoking cessation
- · Child health services
- Groups and support for local Aboriginal people
- Childcare for appointments
- Transport to the service
- Home visits.



# **Baldivis Salvation Army**

13 Fifty Road BALDIVIS WA 6171 Tel: 9523 0001 Provides: Furniture, food and financial assistance.

#### **Bentley Adolescent Unit**

P Block - Bentley Health Campus Mills Street BENTLEY WA 6102

Tel: 9416 3666 | Fax: 9416 3995

**Provides:** Assessment and treatment centre for people up to 18 years old experiencing mental health issues. Mental health service referral required.

### **Beyond Blue**

Tel: 1300 224 636

Website: www.beyondblue.org.au

**Provides:** Promotes good mental health, tackles stigma and discrimination, and provides support and information on anxiety, depression and suicide.

### **Black Dog Institute Youth**

Website: www.biteback.org.au Provides: Improve the mental health and wellbeing of young people.

### **BreastScreen WA Rockingham Clinic**

2/12 Leghorn St ROCKINGHAM WA 6168 Tel: 13 20 50 Website: www.breastscreen.health.wa.gov.au Provides: Screening, information and support.

#### **Bridge House - Salvation Army WA**

11-15 Wright Street HIGHGATE WA 6003

Tel: 9227 8086 | Fax: 9227 7302 Email: len.main@aus.salvationarmy.org.au/wa Website: www.salvationarmy.org.au/wa

**Provides:** Alcohol and drug rehabilitation, residential program, detox, non-residential services.

# **Butterfly Foundation**

Tel: 1800 334 673 Website: www.thebutterflyfoundation.org.au/ourservices Provides: Support regarding eating disorders.

### **Bullying Websites**

Website: www.bullyingnoway.com.au

**Provides:** List of websites with bullying information and support.

#### **B2 Clinic Fremantle Hospital** Sexual Health Clinic

Level 2, B BLOCK, Alma Street FREMANTLE WA 6160

Tel: 9431 2149 | Fax: 9431 2035

headspace Tel: 6595 8888

Email: hello@headspacerock.com.au

**Provides:** Sexually Transmittable Infection screening and treatment. Under 26 years old at headspace Rockingham, Tuesday 2pm - 5pm.



# Centrecare

Head Office 456 Hay Street PERTH WA 6000

Tel: 9325 6644 | Fax: 9221 3631

Email: enquiries@centrecare.com.au

Website: www.centrecare.com.au

**Provides:** Individual and family support and counselling, accommodation and support services, diversionary services, family domestic violence (FDV) services, gambling help services, youth and family counselling.

# Centrelink

18 Civic Blvd ROCKINGHAM WA 6168

Tel:

- Pensions 132 300
- Newstart and Other Allowances 132 850
- Payments for Families 131 305
- Appointments 131 021.

Website: www.centrelink.gov.au Provides: Centrelink information, Austudy information.

# **Child Care Providers (by suburb)**

Website: www.careforkids.com.au/child-care/wa Provides: List of Child Care service providers, information.

### **Child and Parent Centre (NGALA)**

Corner of Murchison Road and Carnegie Loop COOLOONGUP WA 6168

Tel: 9368 9361

Email: eastwaikiki@ngala.com.au

**Provides:** Playgroups, workshops for families, counselling for children, child health, speech, maternal health programs and immunisation clinic.

# **Child Protection Unit**

Princess Margaret Hospital Roberts Road

(Note: will be moving to Perth Children's Hospital - Thomas Rd NEDLANDS) SUBIACO WA 6008

Tel: 9340 8646 | Fax: 9340 8822

**Provides:** A free hospital based service for children and their families where abuse or neglect is a concern.

# **Child Sexual Abuse Services - Anglicare**

St Nicholas Community Centre 14 Council Avenue

ROCKINGHAM WA 6168

Tel: 9528 0702 | Fax: 9528 0755

Email: rockinghamreception@anglicarewa.org.au

Website: www.anglicarewa.org.au

**Provides:** Offers counselling to children and their non-offending family members.

### Chorus

4 Civic Blvd ROCKINGHAM WA 6168 **Tel:** 1800 264 268

Email: hello@chorus.org.au

Website: www.chorus.org.au

**Provides:** In-home and social support including; gardening, arts, activity centres and outings for aged care, people living with disability or are on the mental health recovery journey.



# **City of Rockingham**

PO Box 2142 ROCKINGHAM DC WA 6967

Tel: 9528 0333

Email: customer@rockingham.wa.gov.au

Website: www.rockingham.wa.gov.au

Facebook: www.facebook.com/cityofrockingham

#### Provides:

- Community Grants
- Community Support Services; Information Sessions, Kwinana Rockingham Action for Today's Youth (KRAFTY), Community Support Services provider networks (homelessness, family domestic violence, advocacy), and Pop Up Community activities
- Community Based Groups and Programs
- KidSport Grants
- Neighbours Unite
- Rockingham Connect Community Transport
- Safety for Seniors
- Social Connector Programs
- Support Groups
- Youth Development; Leadership Programs and Activities, Youth and Junior Council
- Youth Services; a FREE confidential service for young people and their families. Youth workers available Monday to Friday to talk about any issues you are having, and to provide information, support, advocacy and referral
- Volunteering.

# **Clan WA**

Tel: 9477 0400 Email: info@clanwa.com.au Website: www.clanwa.com.au

**Provides:** Confidential, voluntary support and information for families with children (0-18 year olds). We provide community courses and information seminars for parents, support groups and individual support.

# **Coastal District Care Centre**

4 Hefron Street ROCKINGHAM WA 6168

Tel: 9592 2699

Email: roogirl3@live.com.au

**Provides:** Essential supplies to homeless and disadvantaged members of the Rockingham community. Available Monday, Wednesday and Friday from 9am – 2.pm.

# Commissioner for Children and Young People

Website: www.ccyp.wa.gov.au

**Provides:** To advocate for young people and to provide opportunities for young people to advise government.

### **Compassionate Friends**

#### Suicide Support Group

City West Lotteries House 2 Dehli Street WEST PERTH WA 6005

Tel: 9486 8711 | Tel: 1800 628 118

Provides: Support after suicide.



# COPMI (Children of Parents with a Mental Illness)

Tel: 8367 0888

Website: www.copmi.net.au

**Provides:** Information and resources in regard to mental illness.

# C.R.E.W (Christians, Ready, Equipped and Willing)

Unit 17, McCamey Avenue EAST ROCKINGHAM WA 6168

Tel: 9592 4648

Website: www.thecrew.org.au

**Provides:** Support, information, counselling, free washing machines, showers, food and clothing available Mondays and Thursday 10am - 2pm. Free BBQ at Churchill Park available Monday evenings 5.30pm - 7pm.

# **Crisis Care (24 Hours)**

PO Box 6334 EAST PERTH WA 6892

Tel: 9223 1111

Free Call: 1800 199 008

Website: www.community.wa.gov.au

**Provides:** Telephone information and counselling service for people in crisis needing urgent help.

# **Cyrenian House (Serenity Lodge)**

106 Lewington Street ROCKINGHAM WA 6168

Tel: 9527 9999 | Fax: 9592 4711

Assessments: 9328 9200

**Provides:** Residential drug and alcohol rehabilitation services, self-referral/agency referrals for 18 year olds and up, male and female. Education and training, family assistance, health and general information.

#### **DADS @ LIFELINE**

Lifeline WA 44 A, 7 Aberdeen Street EAST PERTH WA 6842

Tel: 9261 4451 | Fax: 9421 1247

24 Hour Crisis Line: 131 114

Email: lifeline@lifelinewa.org.au

Website: www.lifelinewa.org.au

**Provides:** Assisting dads and kids after separation or bereavement.

# **Department Community Services**

8 Leghorn Street ROCKINGHAM WA 6168

Tel: 9527 0100 | Fax: 9527 0101

Website: www.dcp.wa.gov.au

**Provides:** Information and support regarding individuals and families, child protection, fostering and adoption, children and young people in care, services in the community, crisis and emergency support.

# **Department of Veterans' Affairs**

AMP Building 140 St Georges Terrace PERTH WA 6000

**Tel:** 133 254

Email: van.wa@dva.gov.au

Website: www.dva.gov.au

**Provides:** Compensation and income support entitlements, delivers health care and rehabilitation services.



# **Down South Therapy**

Tel: 0404 698 218 Email: info@downsouththerapy.com.au Website: www.downsouththerapy.com.au

**Provides:** Specialised and individualised occupational therapy, speech pathology and physiotherapy services for infants, children and adolescents.

# Drug and Alcohol Withdrawal Network (DAWN)

12 Salvado Road SUBIACO WA 6008 SJOG based in Palmerston Tel: 9382 6049

Website: www.sjog.org.au/other\_services/dawn Provides: Home based withdrawal program.

### **E-Couch**

Website: www.ecouch.anu.edu.au Provides: Self-help program for depression, anxiety, grief and loss.

# **Ethnic Communities Council of WA**

Multicultural House 20 View Street NORTH PERTH WA 6006 **Tel:** 9227 5322 | **Fax:** 9227 5460

Email: youth@eccwa.org.au

Email: admin@eccwa.org.au

Website: www.multiculturalwa.net.au

Website: www.eccwa.org.au

Provides: Advocacy groups to all youth.

#### **FIFO Support WA**

Make Place (Building) 17/38 Mandurah Terrace (Tuckey Street Entrance) MANDURAH WA 6210

Tel: 0487 332 607 | Tel: 0409 150 490

Email: admin@fifosupportwa.org.au

Website: www.fifosupportwa.org.au

**Provides:** FIFOSWA is dedicated to providing social networks, resources, tools and support for individuals and families who are FIFO or DIDO.

# Family Abuse Advocacy Support Team (FAAST)

4 Civic Boulevard ROCKINGHAM WA 6168

Tel: 9550 0900 | Fax: 9592 5635

**Provides:** Initial legal advice and advocacy and support in legal matters such as:

- Housing assistance emergency and Homewest
- · Working with Centrelink applications
- Medical referrals
- Counselling
- Maintenance advocacy.

# Family Helpline (24 Hours)

Tel: 9223 1100 Free Call: 1800 643 000

**Provides:** Confidential support for people, who are having family and relationship problems, available 7 days a week.



# **Freedom Centre**

93 Brisbane Street PERTH WA 6000

Tel: 9228 0354 Email: info@freedom.org.au

Website: www.freedom.org.au

**Provides:** Information and support for LGBTIQ young people aged under 26 years old.

# **Gambling Help WA**

Centrecare 456 Hay Street PERTH WA 6000 Tel: 9325 6644 | Fax: 9221 3631 Email: enquiries@centrecare.com.au Website: www.centrecare.com.au Provides: Support for those affected by gambling issues.

#### GROW

18 Barrett Street WEMBLEY WA 6014

Tel: 9528 1411 | Tel: 1800 558 268

Email: wa@grow.org.au

**Provides:** Support groups for when you are feeling depressed, anxious, fearful or lonely.

# headspace Rockingham

Unit 3/18 Goddard Street ROCKINGHAM WA 6168

Tel: 6595 8888

Email: hello@headspacerock.com.au

Website: www.headspace.org.au/rockingham

eheadspace Website: www.eheadspace.org.au

**Provides:** Health and mental health support, advice and information for young people. eheadspace provides online and telephone support and counselling to young people (12-25 year olds).

# **Helping Minds**

#### Head Office

The Carer Centre 182 Lord Street Perth WA 6000

Tel: 9427 7100 | Fax: 9427 7119

Free Phone: 1800 811 747

#### **Rockingham Office**

Rockingham Mental Health Cnr Clifton and Ameer Street Rockingham WA 6169

Tel: 9427 7100

Email: info@helpingminds.org.au

Website: www.helpingminds.org.au

**Provides:** Support for family and friends of people affected by mental health issues. Recovery through advocacy, education and delivery of support services.

# Hepatitis WA (Inc)

134 Aberdeen Street NORTHBRIDGE WA 6865

Tel: 9328 8538 | Fax: 9227 6545

Office Tel: 9227 9802

Free Call: 1800 800 070 - for information and support

Email: info@hepatitiswa.com.au

Website: www.hepatitiswa.com.au

**Provides:** An information and support line telephone information and confidential counselling about hepatitis C for those with the virus, their family and friends.

# I Stay Safe

Website: www.istaysafe.com Provides: Sexual health information.



# **Kids Helpline**

Free Call: 1800 551 800 Website: www.kidshelp.com.au Provides: Telephone and internet counselling for young people.

# Kinway Relationship Counselling - Anglicare

St Nicholas Community Centre 14 Council Avenue ROCKINGHAM WA 6168 Tel: 9528 0702 Pre marriage counselling Tel: 9263 2050 Provides: Counselling for young people or parents.

### **Kwinana Community Health**

1 Peel Row KWINANA WA 6167 Tel: 9419 2266 | Fax: 9439 1088 Provides: Child health services, school health services, allied health services

# **Kwinana Early Years Services (KEYS)**

#### **Head Office**

Darius Wells Library and Resource Centre Cnr Robbos Way and Chisham Avenue KWINANA WA 6167

#### **Outreach Office**

18 Hewson Road MEDINA WA 6167

Tel: 9439 1838 | Fax: 9439 1130

Email: info@keyswa.org

Website: www.keyswa.org

**Provides:** Information, referrals and support for families with young children including counselling, MyTime support group, NAPPY, playgroups and workshops.

# **Kwinana Salvation Army**

Cnr Medina Ave and Hoyle Road MEDINA WA 6167 Tel: 9439 1585 | Fax: 9439 1405 Provides: Furniture, food and financial assistance.

# **Kwinana Youth Services**

c/o Zone Youth Space Corner Gilmore Avenue and Sulphur Road KWINANA WA 6167

Tel: 9236 4550

Email: youth@kwinana.wa.gov.au

Website: www.kwinana.wa.gov.au/youth

**Provides:** Free confidential service to support young people (12-18 year olds) and their families.

### Lifeline

Suite 44 a, 7 Aberdeen Street PERTH WA 6000

Tel: 131 114

24 Hour Crisis Support: 9261 4444 General South

Email: lifeline@lifeline.org.au

Website: www.lifeline.org.au

**Provides:** 24/7 telephone crisis support, services aim to prevent suicide, support people in crisis and create opportunities for emotional wellbeing.



# **Living Proud**

City West Lotteries Houses 2 Delhi Street WEST PERTH WA 6005

Tel: 9486 9855

QLife Counselling Service: 1800 184 527

3pm - 12am 7 Days

Email: admin@livingproud.org.au

Website: www.livingproud.org,au

**Provides:** Promotes the well-being of lesbian, gay, bisexual, transgender, intersexual, queer and other sexually, sex and gender diverse people in WA.

# Local Drug Action Group (LDAG)

#### **Head Office**

1 Nash Street PERTH WA 6000

Tel: 6553 0257

Website: www.localdrugaction.com.au Provides: Programs to enlighten young people

to the harms of drug taking.

### **Making Ends Meet - Anglicare**

St Nicholas Community Centre 14 Council Avenue ROCKINGHAM WA 6168

Tel: 9528 0702 | Fax: 9528 0755

Email: rockinghamreception@anglicarewa.org.au

Website: www.anglicarewa.org.au

**Provides:** Financial assistance, support and education to working families who are living in private rental accommodation and experiencing significant 'housing stress'. This includes the payment of direct grants to help pay bills, negotiate repayment plans and upskills you in budget management.

# Marilla House Community Centre

Navy Club Point Peron Road ROCKINGHAM WA 6168

Tel: 9592 7997

Email: marillacommunity@gmail.com

Website: www.marillahouse.com

**Provides:** Marilla Community Centre is a safe and caring environment for people (open to defence and the wider civilian community) to gather. Come and make new friends, catch up with old ones, and learn new skills.

### Mental Health Emergency Response Line

Tel: 1300 555 788 (24/7)

Website: www.health.wa.gov.au

**Provides:** Telephone information and advice for people (18+) with psychiatric problems, i.e. depression, psychosis, suicidal issues etc.

#### **MensLine Australia**

Tel: 1300 789 978 Website: www.mensline.org.au Provides: Information and support.

#### MercyCare

Aged Care Services 1 Tanby Place COOLOONGUP WA 6168

Tel: 9592 9500

Community and Home Support: 9442 3498 Provides: Residential aged care.

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#### **MercyCare Reconnect**

38 Ord Street WEST PERTH WA

**Referral Line:** 1800 800 046

Email: yhreferrals@mercycare.com.au

Website: www.mercycare.com.au

**Provides:** Early intervention, outreach support service providing assistance to young people (12-18 year olds) who are experiencing conflict that may eventually lead to them having difficulties staying at home or who have recently become homeless due to family issues. Free and confidential service 9am - 4pm.

#### **Meth Helpline**

Tel: 1800 874 878 Provides: Information and support.

#### **Mood Gym**

Website: www.moodgym.anu.edu.au Provides: Online cognitive therapy for anxiety and depression.

### **Moorditj Koort**

150 Gilmore Ave MEDINA WA 6167

Tel: 6174 7000

Email: info@moorditjkoort.com.au

Website: www.moorditjkoort.com.au

**Provides:** Support for the health and wellness of Aboriginal and Torres Strait Islander people living in the Kwinana and Rockingham community.

### **My Aged Care**

Tel: 1800 200 422 Website: www.myagedcare.gov.au Provides: Information on aged care services for seniors.

#### **National Stroke Foundation**

Tel: 1800 787 653 Website: strokefoundation.org.au Provides: Information and support.

#### **Neami National Rockingham**

8 Baralda Court ROCKINGHAM WA 6168 Tel: 9527 5547 Email: rockingham@neaminational.org.au

Website: www.neaminational.org.au

**Provides:** Life skills, group programs, individual outreach support; home and community outreach support to improve health, independence and wellbeing. Housing and Homelessness support; short and medium-term residential support to prevent hospitalisation and support transition into the community.

### **New Hope Therapy**

Tel: 0407 900 973

Email: info@newhopetherapy.com.au

Website: www.newhopetherapy.com.au

**Provides:** Counselling and mental health services for children, youth and adults.

#### NGALA

113 Read Street ROCKINGHAM WA 6168

Tel: 0448 871 197

Helpline: 9368 9368

Website: www.ngala.com.au

**Provides:** Centre consults, Hippy Program, Early Parenting Group, Young Parents Group, Let's Sleep Program, parenting and play time Wednesday 9.30am - 11.30am.



# Outcare

27 Moore Street EAST PERTH WA

Tel: 6263 8622

Email: outcare@outcare.com.au

Website: www.outcare.com.au

**Provides:** Rehabilitative and support services for offenders, ex-offenders and their families.

# Parents Adolescence Counselling Service (PACS) - Anglicare

St Nicholas Community Centre Council Avenue

ROCKINGHAM WA 6168

Tel: 9528 0702 | Fax: 9528 0755

Website: www.anglicarewa.org.au

**Provides:** Counselling services to parents, caregivers and young people experiencing conflict (12-18 year olds). Referrals to other support services.

#### Parent Drug Information Centre (24 hours)

Tel: 9442 5050 Free Call: 1800 653 203 - 7 days per week Provides: Information, support and referrals on drug issues.

# **Parent Teen Link**

#### **Head Office**

456 Hay Street PERTH WA 6000

Tel: 9300 7300

Website: www.centrecare.com.au

#### Provides:

- Parent and Teen Link 12-18 year olds
- CY Counselling and Mediation 10-21 year olds
- General counselling except drug and alcohol abuse or financial
- Break-even problems to do with gambling or for families and friends of gamblers.

# **Phoenix Support and Advocacy Service**

404 Walcott Street COOLBINIA WA 6050 Tel: 9443 1910 | Fax: 9227 1510 Email: counsellor@isa.asn.au Email: info@isa.asn.au Website: www.isa.asn.au Open Monday and Friday 9am - 4.30pm Provides: Individual, couples and family counselling sessions for survivors of incest and childhood sexual abuse.

### **Reach Out**

Website: www.reachout.com.au Provides: Information on how and where to seek help.



### **Relationships Australia**

Level 1, Darius Wells Library and Resource Centre 2 Robbos Way KWINANA WA 6167

Tel: 6164 0500 | Tel: 1300 364 277

Lotteries House Mandurah

Tel: 6164 0570

**Website:** www.relationshipswa.org.au **Provides:** Relationship counselling.

# **Richmond Wellbeing**

29 Manning Road CANNINGTON WA Tel: 1800 742 466 | Fax: 9528 3090 Website: www.rw.org.au Provides: Supporting mental health recovery.

# Rockingham and Districts Alzheimer's Inc.

Unit 9, Lotteries House 6 Civic Boulevard

ROCKINGHAM WA 6168

Email: alzrockingham@gmail.com

**Provides:** Advice and support to people living with dementia and their carers.

# Rockingham Connect Community Transport Service

Tel: 9528 8562

Email: Rockingham.connect@rockingham.wa.gov.au

**Provides:** Low cost, door to door transport service for residents of City of Rockingham who cannot access any other forms of transport.

# Rockingham Kwinana Child and Adolescent Mental Health Service (CAMHS)

Corner Ameer and Clifton Street ROCKINGHAM WA 6168

Tel: 9528 0555

Website: www.health.wa.gov.au

**Provides:** Clinical services for infants, children and young people up to the age of 18 years old and their families who are experiencing significant mental health issues.

# Rockingham Kwinana Adult Mental Health Service

Corner Ameer and Clifton Street ROCKINGHAM WA 6168

Tel: 9528 0600

Website: www.health.wa.gov.au

**Provides:** Clinical services for adults between the ages of 18-65 year olds who are in need of psychiatric assessment and live in the Rockingham/Kwinana catchment area.

- Multi-disciplinary psychology available
- Early intervention for persons presenting with a first episode of psychosis
- Intense rehabilitation services for individuals requiring extensive follow-ups
- Individual and family therapy sessions where there is a severe psychiatric disorder involved
- Duty Officer available Monday to Friday to discuss all referrals to the service.

EMERGENCIES SHOULD BE REFERRED TO THE EMERGENCY DEPARTMENT OF THE NEAREST HOSPITAL OR AFTER-HOURS TO THE MENTAL HEALTH EMERGENCY RESPONSE LINE ON 1300 555 788.



# **Rockingham Medical Centre**

18 Civic Boulevard ROCKINGHAM WA 6168 Tel: 9557 1111 Provides: Bulk billing medical services.

# Rockingham Sexual Health Clinic (headspace)

Unit 3, 18 Goddard Street ROCKINGHAM WA 6168

Tel: 6595 8888 | Fax: 6595 8880

Email: hello@headspacerock.com.au

**Provides:** Information, support, STI testing and treatment, contraception. Appointments available Tuesday 2pm - 5pm (last appointment 4pm).

### **RUAH Community Services**

14 Council Avenue ROCKINGHAM WA 6168

Tel: 13 RUAH (13 7824)

Email: mentalhealth@ruah.com.au

Email: connecting@ruah.org.au

**Provides:** Mental Health and Wellness support; providing personalised recovery support to improve quality of life, relationships and wellbeing.

### Safe Balance - Child Contact Service

Greenfields Community Centre 2 Waldron Boulevard GREENEIELDS WA 6210

Tel: 0487 332 607 | Tel: 0409 150 490

Email: admin@safebalance.com.au

Website: www.safebalance.com.au

**Provides:** Safe, child focused, non-judgemental, professional, impartial and neutral onsite and offsite service.

### **Salvation Army Rockingham**

Cnr Read Street and Willmott Drive COOLOONGUP WA 6169

Tel: 9527 3460 | Fax: 9527 9429

Website: www.salvationarmy.org.au/rockingham

**Provides:** Food vouchers, clothing, limited furniture and financial counselling. Community lunch on Tuesdays 11.30am, and free bread available. Tuesday, Wednesday and Friday drop in centre 9am - 1pm. Emergency relief by appointment only.

# **Samaritans Crisis Line**

60 Bagot Road SUBIACO WA 6008

Tel: 13 52 47 | Free Call: 1800 198 313

Email: support@samaritanscrisisline.org.au

**Provides:** Offers non-religious, non-judgemental and confidential emotional support to the lonely, despairing, suicidal, or those at risk of becoming so. Available 24 hours a day 7 days a week.

#### **Samaritans Youthline (24 hours)**

60 Bagot Road SUBIACO WA 6008

Tel: 9388 2500 (Emergency)

Free Call: 1800 198 313

Email: support@samaritanscrisisline.org.au

Website: www.samaritans.org

**Provides:** Counselling for suicidal young people. Information, education and support for parents.

#### Sane

Website: www.sane.org Provides: Information on mental health issues.

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#### **Saver Plus - The Smith Family**

2 Robbos Way KWINANA WA 6167

Tel: 9265 5585

Website: www.thesmithfamily.com.au/programs/ financial/saver-plus

**Provides:** Saver Plus is a matched savings program that assists local (Rockingham and Kwinana) families to gain financial skills. As an incentive to save, participants receive up to \$500 in matched savings when they complete the program which go towards educational items, such as computers, school uniforms and text books.

### **Sexual Assault Resource Centre (SARC)**

Tel: 6458 1828 | Fax: 9381 5426 Crisis: 1800 199 888 Provides: Counselling and support for recent sexual assault and past sexual abuse.

#### **Sexual Help Helpline**

Tel: 9227 6178 | Fax: 9228 9010 Free Call: 1800 198 205 Email: info@shq.org.au Provides: Information and support.

### **Sexual Health Quarters**

70 Roe Street NORTHBRIDGE WA 6003 Tel: 9227 6177 | Fax: 9227 6871 Confidential Hotline: Metro - 9227 6178 Confidential Hotline: Country - 1800 198 205 Email: (General) info@shq.org.au, Email: (Confidential) sexhelp@shq.org.au Website: www.fpwa.org.au Provides: Confidential information and referral from clinicians around contraception, STI and unplanned pregnancy.

# Shadow of Support Suicide Support Group

60 Bagot Road SUBIACO WA 6008 Tel: 9381 5555 | Fax: 9388 2368

Tel: 1800 198 313

**Provides:** Support for those aged 21 years old and under with the suicide of a relative or friends.

# **Silver Chain Grief Support**

6 Sundercombe Street OSBORNE PARK WA 6017 Tel: 9242 0242 Free Call: 1300 650 803 Email: info@silverchain.org.au Website: www.silverchain.org.au Provides: Support regarding grief and loss.

# Silver Chain Rockingham Social Centre and Respite Cottage

5 Ray Street ROCKINGHAM WA 6168

Tel: 9242 0242

**Provides:** Before and after hours care and overnight accommodation, giving carers the opportunity for a short-term break.

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# South Coastal Health and Community Services

4 Civic Boulevard ROCKINGHAM WA 6168

Tel: 9550 0900 | Fax: 9592 5635

Email: referrals@southcoastal.org.au

Website: www.southcoastal.org.au

**Provides:** A range of health and well-being services for women and families, counselling, on site crèche, groups. Open Monday - Friday 8.30am - 4.30pm.

# South Metropolitan Community Alcohol and Drug Service - Palmerston

Unit 2/31 Council Avenue ROCKINGHAM WA 6168

**Tel:** 9550 9200 | **Fax:** 9550 9250

Email: rockingham@palmerston.org.au

Website: www.palmerston.org.au

**Provides:** Drug and alcohol counselling, information and support for people affected by their own, or a family members, alcohol and other drug misuse.

### S.O.U.L Soup Patrol

23 Keppell Mews ROCKINGHAM WA 6168

Tel: 0450 947 751

Email: soulsouppatrol@iinet.com

Website: www.soulincorporated.org

**Provides:** Free meal service of soup and freshly made filled bread rolls. Fortnightly crisis care in the form of care packages. Sunday and Thursdays: 4.50pm Palm Beach Caravan Park, 5.10pm Navy Memorial car park, 5.30pm PCYC Skate Park, 5.45pm Anniversary Park, 6.10pm Holiday Village (Dixon Road), 6.30pm Lakeside Caravan Park (Old Mandurah Road).

# St Brendan's Homeless Respite

Guide Hall Watts Road SAFETY BAY WA 6168

Tel: 9593 1640

Email: leannedoyle63@bigpond.com

**Provides:** Two course hot lunch and shower facilities to the homeless every Friday at the Guide Hall, Watts Road Safety Bay from 11am - 2pm.

#### **St Vincent De Paul**

Food and Financial Assistance 1/14 Livingstone Road ROCKINGHAM WA 6168

Tel: 9592 7816 | Tel: 1300 794 054

**Open:** Monday and Thursday 9am - 12pm, Wednesday 10.30am - 1.30pm

Provides: Furniture, food, financial assistance.

# **Suicide Call Back Service**

for up to six sessions.

Tel: 1300 659 467 Website: www.suicidecallbackservice.org.au

**Provides:** Crisis support telephone service and online resources for those affected by suicide 24/7. Counselling

## Supporting Children after Separation - Anglicare

St Nicholas Community Centre 14 Council Avenue ROCKINGHAM WA 6168

Tel: 9528 0702 | Fax: 9528 0755

Email: rockinghamreception@anglicarewa.org.au

Website: www.anglicarewa.org.au

**Provides:** Helps children and young people to: adjust to the changes that arise from separation, identify and express their feelings and thoughts about the separation, develop and enhance family relationships in what can be a difficult time, gain life skills and social skills that will enable them to face challenges in their lives.

### Wanslea

Rockingham Early Learning and Development Centre 1 Sepia Court ROCKINGHAM WA 6168

Tel: 9500 9080 | Fax: 9592 8217

Email: childcare@wanslea.asn.au

Website: www.wanslea.asn.au

**Provides:** Rockingham Early Learning and Development Centre is home to qualified educators, implementing the Emergent Curriculum, and has created an extensive program designed for children to learn and develop through their own interests and strengths.

### **WA Seniors Card**

Gordon Stephenson House Level 2, 140 William Street PERTH WA 6000

Tel: 6551 8800

**Email:** seniorscard@dlgc.wa.gov.au

Website: www.seniorscard.wa.gov.au

Provides: Offers and discounts to eligible seniors.

# Western Australian Substance Users Association

22/7 Aberdeen Street PERTH WA 6000

Tel: 9325 8387

Email: info@wasua.com.au

Website: www.wasua.org.au

#### Provides:

- 7 day a week needle and syringe exchange service
- Outreach service
- Part-time nurse
- Free Hepatitis B and Hepatitis A vaccinations
- Full time treatment referral worker
- BBV testing
- 24 hour crisis service for Western Australia.

### **Westerly Family Centre**

27 Westerly Way (Cnr Willmott Drive) COOLOONGUP WA 6168

Tel: 9592 3650

Email: info@westerlyfamilycentre.com.au

Website: www.westerlyfamilycentre.com.au

**Provides:** Westerly Family Centre is a not for profit community Centre, we are funded by the Department for Communities to connect with and strengthen the community by providing a clean, safe facility to operate a wide range of diverse programs to help achieve positive life outcomes.

# Working Away Alcohol and Drug Support Line

Tel: 1800 721 997 Provides: Information and support.



# **Yorgum Aboriginal Corporation**

#### **Head Office**

176 Wittenoom Street EAST PERTH WA 6004

Tel: 9218 9477 | Fax: 9221 0487

Website: www.yorgum.org.au/services/clinical-services

**Provides:** Targeted and culturally secure support services for Aboriginal people.

#### **YCounselling YMCA**

60A Frame Court LEADERVILLE WA 6007

Tel: 9328 3522 Email: hq.info@ymca.wa.org.au Email: hq.counselling.perth@ymca.org.au Provides: Youth and family counselling.

### **Youth Axis**

32-34 Salvado Road WEMBLEY WA 6014

Tel: 9287 5700

Triage: 1300 362 569

Website: www.youthlink.perthwa.net

**Provides:** 16-24 year olds, living in stable accommodation in the Perth Metropolitan area, decline in function in the last 12 months, significant personality difficulties, impulsive and reckless behaviour, suicide ideation, substance abuse, relationship difficulties.

#### **Youth Focus**

Unit 5/15 Goddard Street ROCKINGHAM WA 6168

Tel: 6266 4333 | Fax: 6266 4300

Email: youthfocus@youthfocus.com.au

**Provides:** Individual and family counselling for people (12-25 year olds), mentoring and peer and family support.

### **Youth Reach South**

25 Wentworth Parade SUCCESS WA 6164

Tel: 9499 4274 | Fax: 9499 4270

Referral: 1300 362 569

Website: www.health.wa.gov.au

**Provides:** Direct counselling to young people who are homeless, at risk of homelessness or who have other barriers to accessing mainstream services. Group therapy available. To make enquiries, please contact Duty Officer between 8.30am and 4.30pm Monday - Friday.

#### 360 Health

14-16 Commodore Drive ROCKINGHAM WA 6168

Tel: 6595 8800 | Fax: 9527 1193

Website: www.360.org.au

**Provides:** Primary health and community services, GP services, counselling services.

# **Disabilitiy Support**

# **ACTIV Rockingham**

46 Patterson Road (corner Dixon Road) ROCKINGHAM WA 6168

Tel: 9527 4222

Website: www.activ.asn.au

**Provides:** Help enabling people living with disability to pursue a better life.

# **AVIVO**

Osborne Park 30 Hasler Road (Level 2) OSBORNE PARK WA 6017

Tel: 1300 620 267 | Fax: 9204 7899

Mandurah Unit 1/98 Pinjarra Road MANDURAH WA 6210

Tel: 6444 6612 | Fax: 9582 9053

Email: hello@avivo.org.au

Website: www.avivo.org.au

**Provides:** Support with personal care, holding a house together, keeping a job, building friendships or being part of a community.

### Chorus

4 Civic Blvd ROCKINGHAM WA 6168

Tel: 1800 264 268

Email: hello@chorus.org.au

Website: www.chorus.org.au

**Provides:** In-home and social support including; gardening, arts, activity centres and outings for aged care, people living with disability or are on the mental health recovery journey.

# DADAA

21 Beach Street FREMANTLE WA 6959

Tel: 9430 6616

Email: info@dadaa.org.au

Email: connla@dadaa.org.au

Website: www.dadaawa.net.au

**Provides:** Providing school age children with a disability with an opportunity to engage in fun and inclusive arts workshops.

# Department of Communities Services (Disabilities)

146 - 160 Colin Street WEST PERTH WA 6005

Tel: 9426 9200 | Fax: 9226 2306

Free call: 1800 998 214

Email: dsc@dsc.wa.gov.au

Website: www.disability.wa.gov.au

**Provides:** Works in partnership with service providers and other government departments to provide information, supports and services to people with disability, their families and carers.

# **Dyslexia SPELD Foundation**

10 Broome Street SOUTH PERTH WA 6151

Tel: 9217 2500 | Fax: 9217 2594

Email: support@dsf.net.au

Website: www.dsf.net.au

**Provides:** Family support and a range of services to enable children and adults with specific learning disabilities and difficulties.



#### **Inclusion WA**

4/61 Walters Drive OSBORNE PARK WA 6017

Tel: 9201 8900 | Fax: 9443 8799

1/25 Tamara Drive COCKBURN WA 6164

Tel: 9417 9626

Email: info@inclusionwa.org.au

Website: www.inclusionwa.org.au

**Provides:** Support with recreational and fitness activities for people with a disability.

## Intelife

8 Cumberland Street GREENFIELDS WA 6210

Tel: 6169 1220

Email: peelreception@intelife.org

Website: www.intelife.org

**Provides:** Whole of life support, assisting people to achieve their goals, both socially and economically. Provision of life skills development, employment support, school transitioning and training.

#### Interchange

Unit 12/3 Benjamin Way ROCKINGHAM WA 6168

Tel: 9520 2899 | Fax: 9527 4077

Email: office@interchangewa.org.au

Website: www.interchangewa.org.au

**Provides:** Specialise in individualised community inclusion, customised employment and independent living support for West Australians with disability.

## Kids Are Kids Therapy and Education Centre Inc

26 Parry Avenue BATEMAN WA 6150

Tel: 9313 6566

Email: info@kidsarekids.org.au

**Provides:** Therapy assessment and intervention services for children at all levels of developmental disability or delay from birth to 13 years of age.

### **Mosaic Community Care**

9A Keegan St O'CONNOR WA 6163

Tel: 9314 5244

Email: admin@mosaiccc.org

Website: www.mosaiccc.org

**Provides:** Multi-disciplinary service provider for people with an intellectual and/or physical disability. Provide contemporary, flexible, innovative and NDIS based services to support people with disabilities.

#### **ORS Group**

Suite 2 Kwinana Professional Centre 4 Challenger Avenue KWINANA WA 6167

Tel: 1800 000 677

Email: ors@orsgroup.com.au

Website: www.orsgroup.com.au

**Provides:** Disability Employment Services (DMS & ESS), PHaMs.

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# **People with Disabilities (WA)**

Oasis Lotteries House 1/37 Hampden Road NEDLANDS WA 6009

Tel: 9485 8900 | Fax: 9386 1011

Free call: 1800 193 331

Email: info@pwdwa.org

Website: www.pwdwa.org

**Provides:** Free, independent and confidential non-legal advocacy for people with disabilities in WA. Advocacy is one-on-one and issue specific. Information about your rights, options and responsibilities to empower you to make informed decisions.

#### **Rocky Bay**

#### **Head Office**

60 McCabe Street Mosman Park WA 6012

Tel: 9383 5111

Email: info@rockybay.org.au

Website: www.rockybay.org.au

**Provides:** Provider of disability services, offering choice and independence to people of all ages living with disability. Works with people of all ages with any disability, delivering relevant therapies, the latest equipment and technology, innovative leisure and social programs, training and employment opportunities - in the home, at centres and in the community.

#### **RUAH Community Services**

14 Council Avenue ROCKINGHAM WA 6168 Tel: 13 RUAH (13 7824) Email: mentalhealth@ruah.com.au Email: connecting@ruah.org.au Provides: NDIS Registered Provider for psycho-social

### **SMP lifeskills2work**

First Floor, Lotteries Houses 6 Civic Boulevard ROCKINGHAM WA 6168

Tel: 1300 100 767

disability support.

Email: admin@smp.org.au

Website: www.smp.org.au

Provides: Alternatives for young people for linkages into employment, life skills, community access and recreation.

### **Sound Works for Employment Inc**

U11/3 Goddard Street ROCKINGHAM WA 6168

Tel: 9592 3753 | Fax: 9592 4980

**Provides:** Free service to obtain employment, training, work experience, placements and advocacy, for people with disabilities.

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# VisAbility

9 Anzac Terrace MANDURAH WA 6210

Tel: 9311 8202 | Fax: 9361 8696

Free call: 1800 847 466

Email: info@visability.com.au

Website: www.visability.com.au

**Provides:** Professional therapy and support services assist people across a range of ages and disabilities in their homes, at school, at work and in the community.

# **Your Say**

16 Sunbury Road VICTORIA PARK WA 6100

Tel: 1300 663 298 | Fax: 1300 663 528 Email: admin@unitingcarewest.org.au Website: www.unitingcarewest.org.au Provides: Support services for people with disabilities.

For more information regarding disability services for young people, please contact the City of Rockingham on 9528 0333.



# Education, Employment and Training

# Alta-1 College

4a/14 Uppill Place WANGARA WA 6065

Tel: 9403 8200 | Fax: 9403 8299

Email: admin@alta-1.wa.edu.au

Website: www.alta-1.com.au

**Provides:** Alternative education for 15-19 years old to complete secondary education. Limited opportunities for 12-14 years old in middle schooling. ConnectEd: Online home-based education system for isolated young people. The students complete the curriculum online with weekly home-based visits with the school chaplain.

#### **Baldivis Secondary College**

Still Water Drive BALDIVIS WA 6171 Tel: 9523 3600 | Fax: 9523 3606 Email: baldivis@education.wa.edu.au Provides: Secondary Education of years 7-12.

### **Bridging the Gap**

Darius Wells Building KWINANA WA 6167

Tel: 9419 2553

56 Mandurah Terrace MANDURAH WA 6210

Tel: 9419 2553

Email: mailbox@bridgingthegap.org.au

Website: www.bridgingthegap.org.au

**Provides:** Work for the dole, Green Army and work development projects.

### Centrelink

18 Civic Blvd ROCKINGHAM WA 6168

#### Tel:

- Pensions 132 300
- Newstart and Other Allowances 132 850
- Payment for families 131 305
- Appointments 131 021
- General 136 240

**Provides:** Centrelink benefits, Health Care cards, registrations for student payments.

**Contacting Centrelink - Tips for Faster Service:** Call when queries are shortest - best days Tuesdays, Wednesdays and Fridays. Afternoons are better than mornings. Avoid day after a public holiday.

#### Have your details ready:

- Reference number
- Any Centrelink letters that you want to talk about handy.

# **Comet Bay College**

2 Allatoona Avenue SECRET HARBOUR WA 6173 Tel: 9553 8100 | Fax: 9524 9473 Website: www.cometbaycollege.wa.edu.au Provides: Secondary Education of years 7-12.

### **Department of Education**

151 Royal Street EAST PERTH WA 6004 Tel: 9264 4111 | Fax: 9264 5005 Website: www.det.wa.edu.au Provides: Information on public schooling.



#### **Gilmore College**

Dargin Place ORELIA WA 6167 Tel: 9411 1811 | Fax: 9419 2494 Email: Gilmore.college@education.wa.edu.au Website: www.gilmorecollege.wa.edu.au Provides: Secondary education of years 7-12.

# **Homeschool WA**

Tel: 0424 910 018 Email: info@homeschoolwa.com.au Website: www.homeschoolwa.com.au Provides: General and academic support for home-schooling families.

#### **Kolbe Catholic College**

Dowling Street Rockingham Tel: 9592 1500 | Fax: 9592 2933 Email: info@kolbe.wa.edu.au Website: www.kolbe.wa.edu.au Provides: Catholic education for years 7-12 students.

#### Living Waters Lutheran College

K-Year 12 176 Currie Street WARNBRO WA 6169 Tel: 9593 1211 | Fax: 9593 6010 Website: www.livingwaters.wa.edu.au Provides: Education of years K-12.

#### **Mission Employment**

jobseekers, career counselling.

Unit 3/5 Goddard Street ROCKINGHAM WA 6168

Tel: 9592 1533

Email: Rockingham@missionprovidence.com.au Website: www.missionprovidence.com.au/rockingham Provides: A holistic approach to employment for

#### **Police & Citizens Youth Centre**

Emma Street ROCKINGHAM WA 6168

Tel: 9592 1232

Email: rockinghampcyc@wapcyc.com.au

Website: www.wapcyc.com.au

**Provides:** Various education and diversion programs specifically for youth who are at risk or are disengaged from mainstream education.

#### **Rockingham Montessori School**

7 Attwood Way ROCKINGHAM WA 6168

Tel: 9528 2118

Website: www.rms.wa.edu.au

Provides: Infant Toddler Program (1-3 years), Childrens House (3-6 years), Lower Primary (6-9 years), Upper Primary (9-12 years), Adolescent Program (12-18 years).



### **Rockingham Peel Homeschool Group**

Email: rphgsecretary@gmail.com Website: rphg.weebly.com

Facebook: www.facebook.com/PeelHomeschoolGroup

**Provides:** A range of educational activities to home-schooled children in the Rockingham and Peel regions. Located at Warnbro on Mondays and Baldivis Recreation Centre on Fridays on a typical school term basis.

# **Rockingham Senior High School**

15 Read Street ROCKINGHAM WA 6168 Tel: 9527 0300 Email: rockingham.SHS@education.wa.edu.au (Also centre for Maritime Studies) Website: www.rockingham.wa.edu.au Provides: Secondary Education of years 7-12.

### **Safety Bay Senior High School**

Malibu Road SAFETY BAY WA 6169 **Tel:** 9527 0200 **Website:** www.safetybay.wa.edu.au **Provides:** Secondary Education of years 7-12.

### **SMYL Community College**

32 Telsa Road ROCKINGHAM WA 6168 Tel: 9550 9400 Email: college@smyl.com.au

**Provides:** Education Centre for Years 9-12. Individualised learning, big picture school.

### **SMYL Community Services**

3 Crompton Road ROCKINGHAM WA 6168

Tel: 9592 1552

Fremantle Tel: 9430 4921

Email: clc@smyl.com.au

Website: www.smyl.com.au

**Provides:** Various training programs. Job search training including resumes, photocopying, career advice and assistance access to computers for self-help. Limited job placement and work experience program.

#### South Coast Baptist College

30 Gnangara Drive WAIKIKI WA 6168 Tel: 9540 4400 Email: reception@scbc.wa.edu.au Website: www.scbc.wa.edu.au Provides: Education of years K-12.

#### **South Metropolitan TAFE**

Simpson Avenue ROCKINGHAM WA 6168

Postal Address: 1 Fleet Street FREMANTLE WA 6160

Tel: 1800 001 001

Email: info@smtafe.wa.edu.au

Website: www.southmetrotafe.wa.edu.au

**Provides:** Full time and part time Technical Education Courses, Aboriginal access programs, literacy programs, hobby courses, New Opportunities for Women programs.



# Strategix College Rockingham

14/16 Commodore Drive Rockingham WA 6168

Tel: 9527 6553

Website: www.strategix.edu.au

**Provides:** Diploma level qualifications specialising in face to face, or online delivery in Early Childhood Education and Care, Youth Work, Community Services, Business, Leadership and Management, and Counselling.

# **Stirling Skills Training (SST)**

15/5 Goddard Street (facing Ameer Street) ROCKINGHAM WA 6168

Tel: 9520 5006

Email: enquiries@stirlingskills.com.au

Website: www.stirlingskills.com.au

**Provides:** SST is a not-for-profit organisation which provides intensive pre-employment support to improve the work readiness of young people aged 15-21 and help them into work (including apprenticeships and traineeships) and education. Monday – Friday 9am – 5pm.

### **Tranby College**

90 Arpenter Drive BALDIVIS WA 6171 Tel: 9524 2424 Email: tranby@tranby.wa.edu.au Website: www.tranby.wa.edu.au Provides: Education of years K-12.

# **North Lake Senior Campus**

188 Winterfold Road KARDINYA WA 6163

Tel: 9314 0444

**Provides:** A linkage back into high school for post year 10 students and mature age students. A full-time program applies with structured work learning.

#### **WA Schools**

Website: www.det.wa.edu/schoolsonline Provides: Directory of public schools.

#### Warnbro Community High School

2 Swallowtail Parade WARNBRO WA 6169 Tel: 9553 0100 | Fax: 9593 4299 Email: warnbro.chs@education.wa.edu.au Website: www.warnbro.wa.edu.au Provides: Education of years 7-12.

#### Youth Affairs Council of WA (YACWA)

Website: www.yacwa.org.au

**Provides:** Information on programs, grants and youth training schemes as well as providing advocacy for young people.

# Family Domestic Violence

# Communicare

Unit 4/5 Goddard Street ROCKINGHAM WA 6168

Tel: 9529 4636

**Head Office** 

Tel: 9251 5777

Safe at Home Perpetrator Response - DV Outreach: 9439 5707

#### Families Without Fear:

- Individual Counselling and Group Programs: 9439 5517
- Indigenous Family Violence Program: 9439 5517
- Same Sex Domestic Abuse Group: 9439 5517

Email: info@communicare.org.au

**Provides:** Children and family services, education and training services, employment services, family violence intervention services.

# **Communicare Breathing Space**

#### **Domestic Violence Initiative**

35 Kenton Way CALISTA WA 6167

Tel: 9439 5707 | Fax: 9439 4437

Email: breathingspace@communicare.org.au

Website: www.communicare.org.au (click "Breathing Space")

**Provides:** 24 hour residential and non-residential therapeutic services for men who have used violence in their relationships.

# Crisis Care (24 HOURS)

Tel: 9223 1111 Free call: 1800 199 008 Website: www.dcp.wa.gov.au Provides: 24 hour crisis service for Western Australia.

### **Domestic Violence Youth Website**

Website: www.burstingthebubble.com

**Provides:** Aimed to support teenagers with experience of domestic violence.

# FAAST (Family Abuse Advocacy Support Team)

South Coastal Health and Community Services Lifelinks Community Centre 4 Civic Boulevard ROCKINGHAM WA 6168

Tel: 9550 0900 | Fax: 9592 5635

**Provides:** Information, advocacy, legal advice and support for those in or escaping domestic violence. Referral required from Health Professional.

# **Fremantle Family Support Network**

St Patrick's Community Support Centre 12 Queen Victoria Street FREMANTLE WA 6160

Tel: 9430 4159 | Fax: 9430 7974

Tel (FFSN): 1300 951 190

Email: ffsn@stpats.com.au

Email: admin@stpats.com.au

**Provides:** Coordinating agencies and services to provide a one-stop-shop for families needing support who live in the Fremantle, Melville and Cockburn areas. Areas support is offered: family services, children's services, parenting, family violence, parent teen conflict, counselling, drug and alcohol, financial counselling, legal advice, educational services, family disputes.

# Lucy Saw Women's Refuge

PO BOX 116 ROCKINGHAM WA 6168 Tel: 9527 6872 Provides: Accommodation, support, information, referrals.

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# **Men's Domestic Violence Helpline**

Tel: 9223 1199 Free call: 1800 000 599 Provides: Information and support.

### **New Hope Therapy**

Tel: 0407 900 973 Email: info@newhopetherapy.com.au Website: www.newhopetherapy.com.au Provides: Accredited Family Dispute Resolution Practitioner. Family mediation, child inclusive, parenting plans, FDR certificates.

#### **Police Domestic Violence**

Tel: 131 114 Provides: Information and support.

### **Rockingham Family Violence Service**

Rockingham Justice Complex 15-17 Whitfield Street ROCKINGHAM WA 6168

Tel: 9592 4018 | Fax: 9527 9280

**Provides:** Free and confidential service providing information and support in dealing with violence in intimate family relationships. Support in applying for VRO, restraining order, completing court related documents, support in all court matters, accessing supporting services and developing safety plans.

# Victim Support Services/Family Violence Services

Tel: 9592 4018 Provides: Information and support.

# **Women's Domestic Violence Helpline**

Tel: 9223 1188 Free call: 1800 007 339 Provides: Information and support.

### **Young Hearts**

St Nicholas Community Centre 14 Council Avenue ROCKINGHAM WA 6168

Tel: 9528 0702 | Fax: 9528 0755

Email: rockinghamreception@anglicarewa.org.au

Website: www.anglicarewa.org.au

**Provides:** Young Hearts is for children up to and including 18 years old, and women who: have been exposed to family and domestic violence (even if they are in another room when the violence occurs), have experienced physical or verbal violence themselves, have experienced emotional abuse and neglect, have been exposed to or experienced some or all of the above and are beginning to show signs of imitating violent or submissive behaviour.

# Legal Issues

# **Aboriginal Legal Service**

#### Perth Head Office

7 Aberdeen Street EAST PERTH WA 6004

Legal Issues

Tel: 9265 6666 | Fax: 9221 1767

Free Call: 1800 019 900

Website: www.als.org.au

**Provides:** Legal advice, assistance and information about Western Australian Law.

# **Citizen's Advice Bureau**

14 Council Avenue ROCKINGHAM WA 6168 Tel: 9527 6671 | Fax: 9527 1445 Email: rockingham@cabwa.com.au Website: www.cabwa.com.au Provides: Information on legal issues.

# **Department of Commerce**

Level 2, Gordon Stephenson House 140 William Street PERTH WA 6000

Tel: 6251 2913

Free Call: 1300 136 237

Website: www.commerce.wa.gov.au

**Provides:** Fair trading between traders and consumers, and provides education and advice to consumers and traders on their rights and responsibilities under consumer law.

# **Department of Justice**

Community Justice Services Whitfield Street ROCKINGHAM WA 6168

Tel: 9527 3411 | Fax: 9527 4833

Website: www.justice.wa.gov.au

**Provides:** Information on courts, fines, infringements, wills.

# **Equal Opportunity Commission**

Level 2, 141 St Georges Terrace PERTH WA 6000

Tel: 9216 3900 | Fax: 9216 3960

Email: eoc@eoc.wa.gov.au

Website: www.equalopportunity.wa.gov.au

**Provides:** Conciliation services for complaints of discrimination and harassment according to the Equal Opportunity Act 1984 and community education and outreach.

# **Fremantle Community Legal Centre**

Tel: 9432 9790 | Fax: 9432 9794

Email: fclc@fremantle.wa.gov.au

**Provides:** Evening legal service, financial counselling, assistance with unlawful discrimination, advocacy with Centrelink and the Housing Authority and other government bodies. Also restraining order service at local court and family law information sessions. Monday and Wednesday, 5pm - 6.30pm. Must ring for an appointment, between 8.30am - 4.30pm.

Legal Issues

#### Human Rights and Equal Opportunities Commission

Website: www.humanrights.gov.au Provides: Information and support.

#### Lawstuff

Website: www.lawstuff.org.au Provides: Information and support.

#### Legal Aid Western Australia

Level1, 32 St George's Terrace PERTH WA 6000 Free Call: 1300 650 579 Tel: 9261 6222 | Fax: 9261 6554 Website: www.legalaid.wa.gov.au Provides: Legal advice.

# Office of the Commonwealth Ombudsman - Perth

Level 2 Albert Facey House 469 Wellington Street PERTH WA 6000

Tel: 9220 7555 | Fax: 9220 7500

Free Call: 1300 362 072

Email: mail@ombudsman.wa.gov.au

Website: www.ombudsman.wa.gov.au

**Provides:** An avenue for complaints about administrative actions of Commonwealth Government organisations, including taxation, social security, child support, visa, Austudy and postal matters.

#### **Rockingham Youth Justice Service -Department of Corrective Services**

Suite 2, 3 Benjamin Way ROCKINGHAM WA 6168

Tel: 9528 8400 | Fax: 9528 1948

**Provides:** Manages young people who are subject to supervised community based orders made by the Children's Court. Reduce reoffending, protect the community and direct young people towards the adoption of law abiding lifestyles to create safer communities.

#### **SCALES Community Legal Centre**

St Nicholas Community Centre Suite 3, 14 Council Avenue ROCKINGHAM WA 6168 Tel: 9550 0400 | Fax: 9527 4802 Email: scales@murdoch.edu.au Website: www.law.murdoch.edu.au/scales Provides: Free initial legal service.

#### Sussex Street Community Law Service of WA Inc

29 Sussex Street EAST VICTORIA PARK WA 6101 Tel: 6253 9500 | Fax: 9470 1805 TTY: 9470 2831 Website: www.sscls.asn.au

**Provides:** Information and support for low income community members.

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#### Legal Issues

## **Wageline Centre**

Tel: 1300 655 266 | Fax: 9222 7777 Website: www.commerce.wa.gov.au Provides: Consumer and employment protection.

### **WA Police**

Tel: 131 444

**Rockingham Police Station** 

21-23 Whitfield Street **ROCKINGHAM WA 6168** 

Tel: 9528 8000

Servicing: Cooloongup, Hillman, Port Kennedy, Rockingham, Safety Bay, Shoalwater, Waikiki and Warnbro.

#### **Kwinana Police Station**

2 Sulphur Road Kwinana Town Centre KWINANA WA 6167

Tel: 9411 4311

Servicing: Baldivis.

#### **Mandurah Police Station**

333 Piniarra Road MANDURAH WA 6210

Tel: 9581 0222

Servicing: Golden Bay, Karnup, Secret Harbour and Singleton.

Provides: Information and support.

# **Youth Legal Service**

138 Murray Street PERTH WA 6000

Tel: 9202 1688 | Fax: 9202 1699

Free Call: 1800 199 006

Website: www.youthlegalserviceinc.com.au

Provides: Advice and advocacy to people under 25 years old for representation in Children's Court.



# Youth/Community Groups

# **Baldivis Church (Youth Group)**

Spires Life Church **Tel:** 9524 2805 **Website:** www.spireslifechurch.org.au

- Play Group 0-4 year olds
- Mops 0-4 year olds
- Kids Club Year 1-3
- J Youth Year 4-7
- S Youth Year 8-10
- Young Adult 11+

Provides: Information, support and activities.

# **Christian City Church (c3 Church)**

5 Stockton Road PORT KENNEDY WA 6172 Tel: 9524 5055 Website: www.c3r.org.au Provides: Information, support and activities.

# **City of Rockingham Libraries**

Library Activities Website: www.rockingham.wa.gov.au Provides: Children's activities, technology help, adult activities, community centre groups.

# Duke of Edinburgh Awards/Outward Bound

Suite 58/102 Railway Street WEST PERTH WA 6000

Tel: 9321 4179 | Fax: 9321 4537

Website: www.dukeofed.com.au Provides: Information, support and activities.

# **Police & Citizens Youth Centre**

Emma Street ROCKINGHAM WA 6168 Tel: 9592 1232 Email: rockinghampcyc@wapcyc.com.au Website: www.wapcyc.com.au Provides: Information, support and activities.

# Rockingham Baptist Church Youth Group

30 Gnangara Drive COOLOONGUP WA 6168

Tel: 9540 4455

Email: office@rockingham.org.au

Website: www.rockingham.church/youth

**Provides:** Both large group and small group activities that focus on belonging.

# **Salvation Army Youth Group**

Tel: 0438 913 813 Open: Friday 6.30pm (High school aged) Provides: Information, support and activities.

# **Sound City Church (Youth Group)**

Tel: 9592 2457 Provides: Information, support and activities.

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### **Splash Youth**

52 Swallowtail Parade WARNBRO WA 6169

Tel: 0423 294 250

Email: splashyouth@gmail.com

Website: www.splashyouth.org

**Provides:** Rockingham Lutheran Church – Grades 7 – 10, every Friday 6.30 – 8.30pm during the school term. For young adults grade 11 and older, please visit www.plusya.org.

# **Street Chaplains WA**

Tel: 0413 711 153 Email: admin@streetchaplainswa.com Website: www.streetchaplain.com Provides: Information, support and activities.

# **Uniting Church (Youth Group)**

Tel: 9527 1014 Provides: Information, support and activities.

# Warnbro Community Church of Christ

Tel: 9593 2133

Website: www.warnbro.org.au

- Rock Year 4-5
- Kaos Year 6-7
- Fire Youth Year 11-12
- Young Adults 18+

**Provides:** Youth activities, information and referrals, outreach services.

For more information regarding recreation groups please refer to the City of Rockingham Activity Guide at www.rockingham.wa.gov.au

# Directory Update and New Entries

Agency or Organisation:
Address:
Tel No: Fax:
Email:
Website:
Details (brief - regarding services offered, target groups, opening hours):
Please forward to:
Coordinator Youth and Community Support Services
City of Rockingham
PO Box 2142
ROCKINGHAM WA 6967
customer@rockingham.wa.gov.au

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# **Emergency** Numbers

Crisis Care 1800 199 008 Mental Health Emergency 1300 555 788 Life Line 131 114 Kids Help Line 1800 551 800 Alcohol and Drugs Info Line 9442 5000 Women's Domestic Violence 9420 7264 Youth Legal Services 9202 1688 Sexual Assault resource 9340 7828 Education Office 9550 0255 Centrelink Youth 132 490 Police Non-Emergency 131 444

Civic Boulevard Rockingham WA Tel: 9528 0333 Email: customer@rockingham.wa.gov.au





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