



YOUTH MENTAL HEALTH FIRST AID

Award winning, evidence-based training program.

Youth Mental Health First Aid is a two day course teaching adults how to provide initial support to young people who are developing **mental health illness** or experiencing a **mental health crisis**.



Monday 8 and
Tuesday 9 October
2018



9am - 4.30pm
each day

Attendance required each day



Rockingham Library
Dixon Road

FREE for City of Rockingham residents or those working with young people in the area.

Bookings are essential and places are limited. To book please contact City of Rockingham on **9528 0333** or **customer@rockingham.wa.gov.au**.



rockingham.wa.gov.au

