

AUTUMN CENTRE MENU

	Monday	Tuesday	Wednesday	Thursday	Friday
Course	5/06/2017	6/06/2017	7/06/2017	8/06/2017	9/06/2017
Soup	Closed	Soup of the day	Soup of the day	Soup of the day	Soup of the day
Main	Closed	Irish stew with steamed vegetables	Apricot chicken with jasmine rice and steamed vegetables	Steak and kidney pie with parsnip and potato mash served with green beans	Fresh baked cod with tomato salsa and greek salad
Dessert	Closed	Homemade apple tea cake and cream	Homemade chocolate self-saucing pudding	Homemade lemon delicious pudding	Mixed fresh fruit with yogurt

AUTUMN CENTRE MENU

	Monday	Tuesday	Wednesday	Thursday	Friday
Course	12/06/2017	13/06/2017	14/06/2017	15/06/2017	16/06/2017
Soup	Soup of the day	Soup of the day	Soup of the day	Soup of the day	Soup of the day
Main	Cottage pie with seasonal vegetables	Grilled lamb chops with mashed potato and vegetables	Roast pork with roast vegetables and peas	Homemade rissoles with creamy mashed potato and vegetables	Fishermans basket with chips and coleslaw
Dessert	Peach crumble and vanilla custard	Homemade bread and butter pudding	Homemade steamed jam pudding and custard	Homemade french vanilla bavarian cheese cake	Homemade jelly slice

AUTUMN CENTRE MENU

	Monday	Tuesday	Wednesday	Thursday	Friday
Course	19/06/2017	20/06/2017	21/06/2017	22/06/2017	23/06/2017
Soup	Soup of the day	Soup of the day	Soup of the day	Soup of the day	Soup of the day
Main	Roast chicken with roast vegetables	Braised lamb shanks with mashed potato and vegetables	Homemade chunky beef and onion pie with seasonal vegetables	Chicken stroganoff with steamed rice and mixed vegetables	Classic fish and chips with salad
Dessert	Homemade lemon self-saucing pudding	Homemade creamy sago pudding	Homemade matchsticks	Homemade apple and rhubarb sponge and vanilla custard	Fruit and ice-cream

AUTUMN CENTRE MENU

	Monday	Tuesday	Wednesday	Thursday	Friday
Course	26/06/2017	27/06/2017	28/06/2017	29/06/2017	30/06/2017
Soup	Soup of the day	Soup of the day	Soup of the day	Soup of the day	Soup of the day
Main	Lamb bourguignon served on a bed of sweet potato and steamed vegetables	Roast pork with roast vegetables and peas	Apricot chicken with jasmin rice and steamed vegetables	Braised chops served with garlic mash carrots and beans	Classic fish and chips with ceasar salad and beer batter chips
Dessert	Stewed plums with custard	Homemade apricot danish and custard	Baked apples with vanilla bean sauce	Butterscotch icecream wafer slice	Homemade jelly trifle

AUTUMN CENTRE MENU

	Monday	Tuesday	Wednesday	Thursday	Friday
Course	3/07/2017	4/07/2017	5/07/2017	6/07/2017	7/07/2017
Soup	Soup of the day	Soup of the day	Soup of the day	Soup of the day	Soup of the day
Main	Grilled pork chops with apple sauce and seasonal vegetables	Classic fish and chips served with beetroot and pumpkin cous cous salad	Roast lamb with mint sauce and roast vegetables	Homemade lasagne with chips and garden salad	Crumbed fish with creamy mashed potato and seasoned vegetables
Dessert	Homemade pear and anise slice drizzle with cream	Lemon meringue pie	Homemade apple pie and custard	Homemade chocolate self-saucing pudding	Mini pavlovas

AUTUMN CENTRE MENU

	Monday	Tuesday	Wednesday	Thursday	Friday
Course	10/07/2017	11/07/2017	12/07/2017	13/07/2017	14/07/2017
Soup	Soup of the day	Soup of the day	Soup of the day	Soup of the day	Soup of the day
Main	Beef stew with dumplings and steamed vegetables	Homemade salmon pattie with potato gems and a side salad	Roast beef served with yorkshire pudding and roast vegetables	Classic fish and chips with salad	Roast pork with roast vegetables and peas
Dessert	Homemade sticky date pudding with cream	Neopolitan mousse and cream	Homemade coconut jam slice and custard	Two fruits and bucket ice cream	Creamy rice custard

AUTUMN CENTRE MENU

	Monday	Tuesday	Wednesday	Thursday	Friday
Course	17/07/2017	18/07/2017	19/07/2017	20/07/2017	21/07/2017
Soup	Soup of the day	Soup of the day	Soup of the day	Soup of the day	Soup of the day
Main	Mixed grill with grilled tomato parsley mashed potato and vegetables	Irish stew with steamed vegetables	Apricot chicken with jasmin rice and steamed vegetables	Steak and kidney pie with parsnip and potato mash served with green beans	Fresh baked cod with tomato salsa and greek salad
Dessert	Pineapple crumble and vanilla custard	Homemade apple tea cake and cream	Homemade chocolate self-saucing pudding	Homemade lemon delicious pudding	Mixed fresh fruit with yogurt

AUTUMN CENTRE MENU

	Monday	Tuesday	Wednesday	Thursday	Friday
Course	24/07/2017	25/07/2017	26/07/2017	27/07/2017	28/07/2017
Soup	Soup of the day	Soup of the day	Soup of the day	Soup of the day	Soup of the day
Main	Cottage pie with seasonal vegetables	Grilled lamb chops with mashed potato and vegetables	Roast pork with roast vegetables and peas	Homemade rissoles with creamy mashed potato and vegetables	Fishermans basket with chips and coleslaw
Dessert	Peach crumble and vanilla custard	Homemade bread and butter pudding	Homemade steamed jam pudding and custard	Homemade french vanilla bavarian cheese cake	Homemade jelly slice

AUTUMN CENTRE MENU

	Monday	Tuesday	Wednesday	Thursday	Friday
Course	31/07/2017	1/08/2017	2/08/2017	3/08/2017	4/08/2017
Soup	Soup of the day	Soup of the day	Soup of the day	Soup of the day	Soup of the day
Main	Roast chicken with roast vegetables	Braised lamb shanks with mashed potato and vegetables	Homemade chunky beef and onion pie with seasonal vegetables	Chicken stroganoff with steamed rice and mixed vegetables	Classic fish and chips with salad
Dessert	Homemade lemon self-saucing pudding	Homemade creamy sago pudding	Homemade matchsticks	Homemade apple and rhubarb sponge and vanilla custard	Fruit and ice cream

AUTUMN CENTRE MENU

	Monday	Tuesday	Wednesday	Thursday	Friday
Course	7/08/2017	8/08/2017	9/08/2017	10/08/2017	11/08/2017
Soup	Soup of the day	Soup of the day	Soup of the day	Soup of the day	Soup of the day
Main	Lamb bourguignon served on a bed of sweet potato and steamed vegetables	Roast pork with roast vegetables and peas	Apricot chicken with jasmin rice and steamed vegetables	Braised chops served with garlic mash carrots and beans	Classic fish and chips with ceasar salad and beer batter chips
Dessert	Stewed plums with custard	Homemade apricot danish and custard	Baked apples with vanilla bean sauce	Butterscotch icecream wafer slice	Homemade jelly trifle

AUTUMN CENTRE MENU

	Monday	Tuesday	Wednesday	Thursday	Friday
Course	14/08/2017	15/08/2017	16/08/2017	17/08/2017	18/08/2017
Soup	Soup of the day	Soup of the day	Soup of the day	Soup of the day	Soup of the day
Main	Grilled pork chops with apple sauce and seasonal vegetables	Classic fish and chips served with beetroot and pumpkin cous cous salad	Roast lamb with mint sauce and roast vegetables	Homemade lasagne with chips and garden salad	Crumbed fish with creamy mashed potato and seasoned vegetables
Dessert	Homemade pear and anise slice drizzle with cream	Lemon meringue pie	Homemade apple pie and custard	Homemade chocolate self-saucing pudding	Mini pavlovas

AUTUMN CENTRE MENU

	Monday	Tuesday	Wednesday	Thursday	Friday
Course	21/08/2017	22/08/2017	23/08/2017	24/08/2017	25/08/2017
Soup	Soup of the day	Soup of the day	Soup of the day	Soup of the day	Soup of the day
Main	Beef stew with dumplings and steamed vegetables	Homemade salmon pattie with potato gems and a side salad	Roast beef served with yorkshire pudding and roast vegetables	Classic fish and chips with salad	Roast pork with roast vegetables and peas
Dessert	Homemade sticky date pudding with cream	Neopolitan mousse and cream	Homemade coconut jam slice and custard	Two fruits and bucket ice cream	Creamy rice custard