

# Friday Activities

## What's On

Times	Activity	Room
8.30am – 12noon	Crafty Friends	Wet Craft Room
9.30am – 10.30am	Aerobics	Main Hall
10.30am – 11.30am	Functional Movement	Main Hall
12.30pm – 4pm	Pool/Snooker	Games Room
1pm – 3pm	Bootscooting	Main Hall
1pm – 3pm	Hardanger Embroidery	Dry Craft Room
1pm – 4pm	Bingo	Dining Room
7pm – 10pm Alternate Fridays see noticeboard	Friday Night Dance	Main Hall

**For Special Events, please check the notice board located opposite the Admin Office**

**For any questions please see staff**

