

AUTUMN CENTRE MENU

Course	Monday	Tuesday	Wednesday	Thursday	Friday
	27/02/2017	28/02/2017	1/03/2017	2/03/2017	3/03/2017
Soup	Soup of the day	Soup of the day	Soup of the day	Soup of the day	Soup of the day
Main	Apricot chicken with rice and vegetables	Shepherds pie with seasonal vegetables	Roast beef served with horseradish and roast vegetables	Grilled pork chops with apple sauce and seasonal vegetables	Fresh baked cod with tomato salsa and greek salad
Dessert	Homemade sticky date pudding with cream	Fruit salad and yogurt	Homemade french vanilla barvarian cheese cake	Homemade apple tea cake and custard	Homemade matchsticks

AUTUMN CENTRE MENU

Course	Monday	Tuesday	Wednesday	Thursday	Friday
	6/03/2017	7/03/2017	8/03/2017	9/03/2017	10/03/2017
Soup	Centre closed	Soup of the day	Soup of the day	Soup of the day	Soup of the day
Main	Centre closed	Roast chicken maryland with seasoning served with roasted vegetables	Classic fish and chips with ceasar salad and beer batter chips	Roast lamb with mint sauce and roast vegetables	Classic fish and chips served with beetroot and pumpkin cous cous salad
Dessert	Centre closed	Homemade chocolate self-saucing pudding	Homemade strawberry cheese cake	Homemade custard cinnamon tart	Homemade jelly trifle

AUTUMN CENTRE MENU

Course	Monday	Tuesday	Wednesday	Thursday	Friday
	13/03/2017	14/03/2017	15/03/2017	16/03/2017	17/03/2017
Soup	Soup of the day	Soup of the day	Soup of the day	Soup of the day	Soup of the day
Main	Spaghetti bolognese with garlic bread and a mixed salad	Cheesy chicken and leek caserole served with seasoned vegetables	Mild vindaloo beef curry with jasmin rice and vegetables	Classic fish and chips with salad	Roast pork with crackle served with baked vegetables and apple sauce
Dessert	Homemade fruit flan	Homemade tiramisu	Homemade apple crumble and custard	Two fruits and bucket ice cream	Homemade creamy sago pudding

AUTUMN CENTRE MENU

Course	Monday	Tuesday	Wednesday	Thursday	Friday
	20/03/2017	21/03/2017	22/03/2017	23/03/2017	24/03/2017
Soup	Soup of the day	Soup of the day	Soup of the day	Soup of the day	Soup of the day
Main	Beef stew with dumplings and steamed vegetables	Corned silverside with mustard sauce parsley mashed potato and vegetables	Homemade salmon pattie with potato gems and a side salad	Chicken tikka marsala with jasmine rice and vegetables	Grilled lamb chops with mashed potato and vegetables
Dessert	Homemade apple crumble and custard	Homemade coconut jam slice and custard	Homemade lemon self-saucing pudding	Neopolitan mousse and cream	Homemade apple pie and custard

AUTUMN CENTRE MENU

Course	Monday	Tuesday	Wednesday	Thursday	Friday
	27/03/2017	28/03/2017	29/03/2017	30/03/2017	31/03/2017
Soup	Soup of the day	Soup of the day	Soup of the day	Soup of the day	Soup of the day
Main	Whole baked potato filled with chicken or beef served with salad	Steak and kidney pie with parsnip and potato mash served with green beans	Braised lamb shanks on a bed of sweet potato with steamed greens	Smoked cod fish pie with seasoned vegetable	Roast pork with crackle served with baked vegetables and apple sauce
Dessert	Homemade chocolate mud cake and cream	Stewed plums with custard	Homemade peach cream slice	Homemade jelly snow cake	Homemade butterscotch self-saucing pudding

AUTUMN CENTRE MENU

Course	Monday	Tuesday	Wednesday	Thursday	Friday
	3/04/2017	4/04/2017	5/04/2017	6/04/2017	7/04/2017
Soup	Soup of the day	Soup of the day	Soup of the day	Soup of the day	Soup of the day
Main	Chicken kiev with potato bake and seasoned vegetables	Roast lamb with mint sauce and roast vegetables	Steak dianne served with creamy garlic potato and baton vegetable	Toad in the hole pork sausages with potato bake and seasonal vegetables	Fishermans basket with chips and coleslaw
Dessert	Homemade ricotta sunshine pie	Homemade apple and rhubarb sponge and vanilla custard	Homemade lemon delicious pudding	Mini pavlovas	Blueberries, fruit and cream

AUTUMN CENTRE MENU

Course	Monday	Tuesday	Wednesday	Thursday	Friday
	10/04/2017	11/04/2017	12/04/2017	13/04/2017	14/04/2017
Soup	Soup of the day	Soup of the day	Soup of the day	Soup of the day	Centre closed
Main	Apricot chicken with jasmin rice and steamed vegetables	Pumpkin ravioli served in neo sauce with a side salad and garlic bread	Roast beef served with horseradish and roast vegetables	Classic fish and chips with salad	Centre closed
Dessert	Homemade sticky date pudding with cream	Homemade jelly trifle	Homemade apple tea cake and cream	Lemon meringue	Centre closed

AUTUMN CENTRE MENU

Course	Monday	Tuesday	Wednesday	Thursday	Friday
	17/04/2017	18/04/2017	19/04/2017	20/04/2017	21/04/2017
Soup	Centre closed	Centre closed	Soup of the day	Soup of the day	Soup of the day
Main	Centre closed	Centre closed	Mild chicken korma curry served with jasmin rice and vegetables	Classic fish and chips with ceasar salad and beer batter chips	Roast lamb with mint sauce and roast vegetables
Dessert	Centre closed	Centre closed	Egg custard tart and cream	Baked apples with vanilla bean sauce	Homemade black forrest cake

AUTUMN CENTRE MENU

Course	Monday	Tuesday	Wednesday	Thursday	Friday
	24/04/2017	25/04/2017	26/04/2017	27/04/2017	28/04/2017
Soup	Soup of the day	Centre closed	Soup of the day	Soup of the day	Soup of the day
Main	Homemade lasagne with chips and garden salad	Centre closed	Roast chicken maryland with seasoning served with roasted vegetables	Braised lamb shanks with mashed potato and vegetables	Chefs own fish and chip with wedges and rainbow coleslaw
Dessert	Homemade fruit flan	Centre closed	Mini pavlovas	Homemade apricot danish and custard	Fruit salad and yogurt

AUTUMN CENTRE MENU

Course	Monday	Tuesday	Wednesday	Thursday	Friday
	1/05/2017	2/05/2017	3/05/2017	4/05/2017	5/05/2017
Soup	Soup of the day	Soup of the day	Soup of the day	Soup of the day	Soup of the day
Main	Beef stroganoff served with jasmin rice and vegetables	Classic fish and chips served with beetroot and pumpkin cous cous salad	Corned silverside with mustard sauce parsley mashed potato and vegetables	Homemade rissoles with creamy mashed potato and vegetables	Classic fish and chips with salad
Dessert	Homemade apple crumble and custard	Pavlova roulade	Homemade steamed jam pudding and custard	Homemade apple danish and custard	Homemade bread and butter pudding

AUTUMN CENTRE MENU

Course	Monday	Tuesday	Wednesday	Thursday	Friday
	8/05/2017	9/05/2017	10/05/2017	11/05/2017	12/05/2017
Soup	Soup of the day	Soup of the day	Soup of the day	Soup of the day	Soup of the day
Main	Lambs fry and bacon with creamy mash potato baby peas and carrots	Whole baked potato filled with chicken or beef served with salad	Braised lamb shanks with mashed potato and vegetables	Roast pork with crackle served with baked vegetables and apple sauce	Prawn and chive vol-au-vent served with tropical salad with pineapple vinaigrette
Dessert	Stewed fruit and blancmange	Homemade chocolate mud cake and cream	Homemade peach cream slice	Homemade creamy rice pudding	Homemade jelly slice

AUTUMN CENTRE MENU

Course	Monday	Tuesday	Wednesday	Thursday	Friday
	15/05/2017	16/05/2017	17/05/2017	18/05/2017	19/05/2017
Soup	Soup of the day	Soup of the day	Soup of the day	Soup of the day	Soup of the day
Main	Crumbed fish with creamy mashed potato and seasoned vegetables	Roast lamb with mint sauce and roast vegetables	Chicken tikka marsala with jasmine rice and vegetables	Beef bourguignon served with parsnip potato mash and green beans	Chefs own fish and chips served with coleslaw
Dessert	Homemade pear and anise slice drizzle with cream	Homemade apple strudel and cream	Mini pavlovas	Homemade apple danish and custard	Mini pavlovas

AUTUMN CENTRE MENU

Course	Monday	Tuesday	Wednesday	Thursday	Friday
	22/05/2017	23/05/2017	24/05/2017	25/05/2017	26/05/2017
Soup	Soup of the day	Soup of the day	Soup of the day	Soup of the day	Soup of the day
Main	Apricot chicken with jasmin rice and steamed vegetables	Shepherds pie with seasonal vegetables	Roast beef with roast vegetables yorkshire pudding and baby peas	Grilled pork chops with apple sauce and seasonal vegetables	Classic fish and chips served with beetroot and pumpkin cous cous salad
Dessert	Homemade sticky date pudding with cream	Homemade scones with jam and cream	Homemade lemon delicious pudding	Homemade apple tea cake and custard	Homemade matchsticks