

Wednesday Activities

What's On



























中東



Times

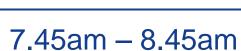
Activity





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7.15am – 8.15am



8am - 9am



8.30am - 3.45pm



9am - 10am

9am – 12pm

12pm - 3.50pm

12.30pm - 3.50pm

12.30pm - 3.30pm

1pm - 2pm 2nd Wednesday of Month

1pm - 3pm 2nd Wednesday of Month

1pm – 3pm

4pm - 5.30pm

6pm - 7.30pm

Tai Chi

Meditation - Intermediate

Indoor Carpet Bowls Social & Competitions

Table Tennis

Yoga

Main Hall

Wet Craft Room

Technology Room

Wet Craft Room

Dry Craft Room

Dining Room

For Special Events, please check the notice board located opposite the Admin Office

For any questions please see staff











Croquet

Meditation - Beginners

Crochet/Patchwork

Snooker

Darts

Mosaics

Book Club

Alzheimer's Carers Support

Friendlies Group

(Training)

Members Only





Meet at back of foyer

Main Hall

Croquet Lawn

Dry Craft Room

Games Room

Games Room

Technology Room

Main Hall

Main Hall